

SUPPLEMENTAL DIGITAL CONTENT
FOR
Increasing Advance Care Planning Conversations Among Korean Americans
Through a Faith Community Nurse Intervention

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ABSTRACT: Minority populations have lower rates of advance care planning (ACP) than the general population. Faith community nurses (FCNs) can facilitate ACP training to improve end-of-life care outcomes for patients and caregivers. A nurse-led ACP training delivered to a primarily Korean American faith community increased the number of families who discussed end-of-life care values and wishes. Considerations for ACP outreach to Korean Americans and implications for FCNs are discussed.

KEY WORDS: advance care planning, advance directives, end-of-life care, faith community nursing, Korean Americans, nursing

Table 1: Sample Demographics

Characteristic	N = 13	%
Gender		
Male	6	46.2
Female	7	53.8
Ethnicity		
Korean American	11	84.6
Other Asian American	2	15.4
Marital status		
Married	10	76.9
Single	3	23.1
Widowed/Divorced	0	0
Highest level of education completed		
College (2- or 4-year)	5	38.5
Graduate school	8	61.5
Other	0	0
Self-identified as a caregiver		
Yes	13	100
No	0	0
Age		
18-28	1	7.1
29-39	6	46.2
40-50	4	30.8
51-61	2	15.4
62 +	0	0

Table 4: Program Evaluation Feedback:

Evaluation statement	Mean Score
Program met my expectations.	4.2
I am ready to apply what I have learned.	4.1
The information was easy to understand.	4.7
How likely are you to recommend a similar program to others?	4.3
How relevant was to information to you and/or your family?	4.5
The workshop addressed sensitive topics in an appropriate way.	4.7

Table 5: Open-Ended Responses About the ACP Program

Evaluation Question	Typical Responses
What did you like best about the workshop?	Use of storytelling Good overview for subject beginners Use of the Korean-English <i>Five Wishes</i> Advance Directive
What would you change, get rid of, or add to make the workshop better?	Include more discussion (e.g., Q&A, role playing, attendees' thoughts and feelings about their loved one's ACP needs) More focus on how to have conversations with loved ones who are resistant More focus on how to address issues specific to Asian Americans
What kind of programming about advance care planning would you like to see for Korean Americans (if applicable)?	Similar programming targeted toward Korean American elders Providing information on community services and resources Programming addressing stigma of ACP for Korean-speaking loved ones