Supplemental Digital Content, Table 2. ELNEC-Undergraduate Curriculum Modules and Objectives18

|  |  |
| --- | --- |
| **MODULES** | **OBJECTIVES** |
| Introduction to Palliative Nursing | Define the philosophy and principles of palliative care and hospice.  Describe the role of the nurse, as a member of the interprofessional team, in providing quality palliative care for patients with serious illness and their families.  Identify common symptoms and concerns associated with serious illness that affect the physiological, psychological, social, and spiritual domains of quality of life. |
| Communication in Palliative Nursing | Discuss the role of the nurse in communication with the patient, family, and interdisciplinary team across the serious illness trajectory and at end of life.  Describe active listening and mindful presence as essential skills for providing empathic care of patients with serious illness and their families.  Identify 3 communication techniques that the nurse can use to help patients and families |
| Pain Management | Explain the biopsychosocial and spiritual nature of pain.  Describe the essential components of a comprehensive pain assessment.  Describe pharmacological and non-pharmacological interventions used to relieve pain.  Discuss the role of the nurse in pain assessment and management of patients with serious |
| Symptom Management | Apply the biopsychosocial/spiritual model of pain assessment and management to other symptoms associated with serious illness.  Describe the assessment of common symptoms affecting patients with serious illness.  Identify pharmacological and non-pharmacological interventions for management of common symptoms |
| Loss, Grief and Bereavement | Describe loss, grief, and bereavement as it relates to quality palliative care.  Identify the nurse’s role in assessing and supporting grieving patients and families.  Develop an awareness of one’s own reaction to loss and expressions of grief.  Identify healthy coping strategies you can use to deal with cumulative loss and prevent |
| Final Hours of Life | Discuss the role of the nurse in preparing the patient and family for death  Describe management of symptoms common at end of life  Identify cultural and spiritual components of quality end-of-life care  Describe the nurse’s role in providing care for the body after death and bereavement support for the family |

ELNEC, End-of-Life Nursing Education Consortium.

Copyright ELNEC and American Association of Colleges of Nursing (AACN), 2017. Reprinted with permission of ELNEC and AACN,

October 9, 2017.