

The Clinical Preparation Tool

Admitting Diagnosis

Post-operative Day: _____

- ☐ Femoral Neck
- ☐ Pelvic Fracture
- ☐ Tibial Plateau Fracture
- ☐ Patella Fracture
- ☐ Open/Closed Fracture
- ☐ Union/Nonunion Fracture
- ☐ Tumor
- ☐ Cervical Myelopathy
- ☐ Radioculopathy
- ☐ Thoracic/Lumbar Fractures
- ☐ Other _____
- 🌀 Ask Me

Procedure(s)

- ☐ Total Knee Replacement
- ☐ Total Hip Replacement
- ☐ Open Reduction/Closed Reduction
- ☐ Laminectomy
- ☐ Spinal Decompression
- ☐ Other _____
- 🌀 Ask Me

Medications

Scheduled

- ☐ Tinzaparin/Enoxaparin (SC)
- ☐ Heparin (SC, IV)
- ☐ Docusate Sodium (po)
- ☐ Gentamycin/Vancomycin (IV)
- ☐ Cephalosporins (IV)
- ☐ Septra (po)
- ☐ Warfarin (po)
- ☐ Digoxin (po)
- ☐ Loop Diuretic
- ☐ Thiazide Diuretic (po)
- ☐ Calcium Channel Blocker (po)
- ☐ ACE Inhibitor (po)
- ☐ Beta Blocker (po)
- ☐ Angiotension Receptor Blockers (po)
- ☐ Nitroglycerin (patch, spray)
- ☐ Calcium Carbonate (po)
- ☐ Vitamin D (po)
- ☐ Ferrous Sulfate/Gluconate (po)
- ☐ Pantoprazole (po, IV)
- ☐ Other _____
- 🌀 Ask Me

- ☐ Acetylsalicylic Acid (ASA) (po)
- ☐ Statins (po)
- ☐ Potassium (po, IV)
- ☐ Glyburine (po)
- ☐ Metformin (po)/insulin
- ☐ Bronchodilator (inhaler)

PRN

- ☐ Morphine (po, IV, IM, SC)
- ☐ Percocet (po)
- ☐ Ketoralac (IV, SC)
- ☐ Oxycodone (po)
- ☐ Tylenol 3 (po)
- ☐ Percocet (po)
- ☐ Hydromorphone (po, SC)
- ☐ Ibuprofen (po)
- ☐ Codeine (po)
- ☐ Naloxone (IV)
- ☐ Dimenhydrinate (po, IV, IM, SC)
- ☐ Metoclopramide (po, IV)
- ☐ Diphenhydramine (po, IV)
- ☐ Ondansetron (po, IV)
- ☐ Lorazepam (po)
- ☐ Laxatives (lactulose, senna)
- ☐ Other _____
- 🌀 Ask Me

Nursing Considerations

- ☐ Isolation Precautions
- ☐ Intravenous Infusion
 - ☐ Peripheral/Central Venous
- ☐ Chest Tube
 - ☐ To suction
 - ☐ To gravity
- ☐ Nasogastric Tube
 - ☐ To suction
 - ☐ Clamped
 - ☐ Tube feeds
- ☐ Ostomy
- ☐ Dressing
 - ☐ Simple
 - ☐ Complex
- ☐ Epidural
- ☐ PCA
- ☐ Oxygen
 - ☐ Nasal Cannula
 - ☐ Mask
- ☐ Foley Catheter
- ☐ Blood Glucose Monitoring
- ☐ Other _____
- 🌀 Ask Me

Co-Morbidities

- ☐ Chronic Obstructive Pulmonary Disorder
- ☐ Asthma
- ☐ Coronary Artery Disease
- ☐ Dyslipidemia
- ☐ Congestive Heart Failure
- ☐ Diabetes Type 1 or Type 2
- ☐ Arrhythmia (e.g. atrial fibrillation)
- ☐ Renal Failure
- ☐ Auto-immune (e.g. arthritis)
- ☐ Osteoporosis
- ☐ GERD
- ☐ Hypertension
- ☐ Peripheral Vascular Disease
- ☐ Dementia
- ☐ Other _____
- 🌀 Ask Me

Other Considerations

- ☐ Determinants of health
- ☐ Primary health care principles
- ☐ Language
- ☐ Vulnerability
- ☐ Other _____
- 🌀 Ask Me

Diagnostic Procedures

- ☐ Complete Blood Count
- ☐ Electrolytes
- ☐ Blood Gas
- ☐ Coagulation Studies
- ☐ Cardiac (e.g. troponin)
- ☐ Cultures (e.g. urine, wound, sputum)
- ☐ Diagnostics (e.g. ultrasound)
- ☐ Other _____
- 🌀 Ask Me