Table: Quality Appraisal Evidence

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| **Citation** | **Strength of Evidence Rating** | **Quality Rating** |
| Alexander & Dearsley, 2013\* | 3 | Good |
| Alfes, 2015\* | 2 | Good to High |
| Bagnasco et al, 2015\* | 2 | Good |
| Bays et al., 2014\* | 1 | Good to High |
| Bornais et al., 2012\* | 1 | High |
| Ching-Lan Lin et al., 2013\* | 1 | High |
| Choi, 2012\* | 3 | Good |
| Corcoran et al. 2013\* | 2 | Good |
| Cowperthwait et al., 2015\* | 1 | Good to High |
| Dearmon et al., 2013\* | 2-3 | Good |
| Defenbaugh & Chikotas, 2015\* | 3 | Good |
| Doolen et al., 2014\* | 2-3 | Good |
| Eid et al., 2016\* | 2 | Good |
| Fink et al., 2014\* | 2 | Good |
| Goh et al., 2016\* | 2-3 | Good |
| Guvenc et al., 2016\* | 2-3 | Good |
| Ignacio et al., 2015\* | 1 | High |
| Jacobs & Jaarsveldt, 2016\* | 3 | Good |
| Jo & An, 2013\* | 3 | Good |
| Kameg et al., 2014\* | 2 | Good |
| Karadag et al., 2015\* | 2 | Good |
| Kenny et al., 2014\* | 3 | Good |
| Kiersma et al., 2011^ | NA | Poor |
| Kim et al., 2016\* | 1 | High |
| Kim-Godwin et al., 2013\* | 2-3 | Good |
| Koo et al., 2014\* | 3 | Good |
| Kowitlawakul et al., 2015\* | 3 | Good |
| Lu et al., 2016\* | 2 | Good |
| Luctkar-Flude et al., 2012\* | 2 | Good to High |
| Luebbert & Popkess, 2015\* | 1 | High |
| MacDonnell et al., 2012\* | 2 | Good |
| MacDonnell et al., 2016\* | 2 | Good |
| McNett, 2012^ | NA | Poor |
| McWilliam & Botwinski, 2012\* | 3 | Good |
| Miles et al., 2015\* | 3 | Good |
| Murdoch et al., 2013^ | NA | Fair |
| Murray, 2014^ | NA | Poor |
| Ndiwane et al., 2014\* | 2 | Good |
| Nikendel et al., 2016\* | 3 | Good |
| Oh et al., 2015\* | 1 | High |
| Palumbo et al., 2016\* | 2 | Good |
| Phillips et al., 2011\* | 2 | Low |
| Pilkenton et al., 2015\* | 3 | Good |
| Rutherford-Hemming, 2012\* | 2-3 | Good |
| Ryall et al., 2016^ | NA | Good |
| Sarmasoglu et al., 2016\* | 2 | High |
| Schlegel et al., 2016\* | 3 | Low to Good |
| Schlegel et al., 2011\* | 1 | High |
| Schram & Mudd, 2015\* | 2 | Good |
| Schwindt & McNelis, 2015\* | 3 | Good |
| Shin et al., 2015a\* | 2 | Good to High |
| Shin et al., 2015b\* | 2 | Good |
| Shin et al., 2015c\* | 2 | Good |
| Shin & Kim, 2014\* | 2 | Good |
| Slater et al., 2016\* | 2-3 | Good to High |
| Smeltzer et al., 2015\* | 3 | Low |
| Soloman & Salfi, 2011\* | 2 | Good |
| Terzioglu et al., 2016\* | 2 | Good |
| Turrentine et al., 2016\* | 2 | Good |
| Tuzer et al., 2016\* | 1 | High |
| Unver et al., 2013\* | 2 | Good |
| Wamsley et al., 2012\* | 2 | Good to High |
| Webster, 2014\* | 2 | Good |
| Zheng et al., 2014\* | 2 | Good |
| Zhu et al., 2016\* | 2 | Good |

Strength of Evidence Rating: 1: Highest, 3: Lowest

\* = Evaluated using the JHNEBP Research Evidence Appraisal (The Johns Hopkins Hospital, 2017)

^ = Evaluated using the