# Table 1: Transitional Nursing History Components

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| TNH Tool Components | Sample Questions |
| Biographical Data | Current medical diagnosis and history  Calculate BMI  Identify caregiver and or/support system  Identify patient teaching needs for home care (meds, treatments, ambulation and transfers, pain control, S&S of problems/reasons to call HCP, resources, etc.)  Identify resources in place for patient discharge: (prescriptions filled, home health, equipment for homecare, transportation, finances, additional durable equipment, ramps, etc.) |
| Past Medical History | Mental health diagnosis  Dental and vision histories  Ask the patient: does your current insurance coverage meet your healthcare needs? (Y/N) If not, do you care to explain?  Identify PCP  Review the following preventative services guidelines for your patient: <http://epss.ahrq.gov/ePSS/GetResults.do?method=search&new=true> What are the **A** recommendations for your patient based on gender/age/tobacco use and sexual activity. Which A recommendations has the patient met?  Ask the patient: On a scale of 1-5 do you feel you are part of your healthcare team? (1 = very little, 2= sometimes, 3 = I am not sure, 4= some of the time, 5 = majority of the time) Would you be willing to share your thoughts? |
| Family History | Draw a genogram with your patient with 3 family generations |
| Psychosocial History | Identify support systems (family, faith community, work community, neighbors, social clubs):  Identify recent or distant traumatic/grief experience?  Assess if the patient feels safe in their residence and with their family (are abuse/neglect present within family relationships?)  Assess for food desert  Assess transportation methods and needs  Assess tobacco/alcohol/illicit drug usage  Assess exercise patterns pre and post-hospitalization. Will the plan need to be modified based on the hospitalization?  Assess computer access. Do they own a computer?  Do they know how to find health information on the internet? |
| Cultural/Spiritual Health | Ask the patient how they define health (direct quote is expected)  Ask the patient: how do you think your culture and spiritual health affect your physical health? (or do they?)  Ask the patient: on a scale of 1-5, do you feel your spiritual needs are addressed in your healthcare plan? (1=very little, 2=sometimes, 3=I am not sure, 4=some of the time, 5=majority of the time) Would you be willing to share your thoughts?  Ask the patient: on a scale of 1-5, do you feel your cultural needs are addressed in your healthcare plan? (1=very little, 2=sometimes, 3=I am not sure, 4=some of the time, 5=majority of the time) Would you be willing to share your thoughts?  Ask the patient: Are there any cultural or spiritual considerations that we need to consider for your transition out of the hospital? |
| Environmental Health | Assess if the patient feels safe in community  Identify length of time in residence(s)?  Assess for potential work exposures and/or considerations for returning to work  Identify any potential community exposures |
| Medication list | Add Implications for effective home management |
| Laboratory Data | Add Implications for effective home management of abnormal lab values |
| Synthesis of Information | Succinct assessment of patient/family needs  Identify primary, secondary and tertiary prevention needs |