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| **Supplementary Table 3**: Intention-to-Treat Analysis of Outcome Measures 3 Months Following KDMAD Intervention |
|  | **Baseline Values** | **∆ Change at** **3 months post diet****(n=15)** | **p-value** |
| **Anthropometric Measures** |  |   |   |
| Body Mass Index (BMI) | 34.1 ± 6.9 | -2.3 ± 2.6 | **0.004** |
| Waist Circumference (cm) | 106.4 ± 14.0 | -6.6 ± 7.4 | **0.005** |
|  |  |  |  |
| **Patient Reported Outcomes** |  |  |  |
| Beck’s Depression Inventory | 7.2 ± 5.8 | -1.5 ± 4.4 | 0.20 |
| Total Modified Fatigue Impact Scale  | 34.1 ± 17.1 | -10.7 ± 8.0 | **0.0001** |
|  *Physical Subscale* | 15.8 ± 8.9 | -4.7 ± 4.7 | **0.001** |
|  *Cognitive Subscale* | 15.8 ± 8.3 | -5.1 ± 3.5 | **<0.0001** |
|  *Social Subscale* | 2.4 ± 1.7 | -0.9 ± 1.9 | 0.10 |
|  |  |  |  |
| *All results within this table represent mean ± standard deviations. ∆ Change = Mean 9 Month Value – Mean Baseline Value.*  |