e-Table 1A Diagnostic codes for multiple sclerosis and other central nervous system demyelinating diseases

Diseases	International Classification of	International Classification of	
	Disease version 9 code	Disease version 10 code	
Multiple sclerosis	340	G35	
Optic neuritis	377.3	H46	
Acute transverse myelitis	323.82, 341.2	G37.3	
Acute disseminated	323	G36.9	
encephalomyelitis			
Demyelinating disease of central	341.9	G37.8	
nervous system (CNS)			
unspecified			
Other acute disseminated	NA	G36	
demyelination			
Neuromyelitis optica	341.0	G36.0	

**e-Table 1B** The individual disease-modifying drugs used to treat multiple sclerosis grouped by generation and expected efficacy, along with respective Health Canada approval dates (through to 2017)

DMD	Efficacy <sup>3</sup>	Individual	Brand name & related details	Health
generation	3-35	DMD		Canada
(first or				approval
second)				date
First	Lower	Beta-interferon	Interferon beta-1b [Betaseron®] (0.3 mg/vial)	July 1995

			Interferon beta-1b [Extavia®] (0.3mg/vial)	November
				2009
			Peginterferon beta-1a [Plegridy®]	August 2015
			(125mcg/0.5ml); (94mcg/0.5ml); (63	
			mcg/0.5ml);	
			(starter pack; 63 µg/0.5ml & 94 µg/0.5ml)	
			Interferon beta-1a [Avonex®] (30 μG/kit);	April 1998
			(30 μG/0.5 ml)	
			Interferon beta-1a [Rebif®] (initiation pack);	February
			(8.8 μG); (11 μG); (22 μG); (44 μG); (66μG);	1998
			(132μG)	
First	Lower	Glatiramer	Copaxone® (20mg/1 vial); (20mg/1 ml);	October
		acetate	(40mg/1ml)	1997,
			Glatect® (20mg/1 ml)	August 2017
Second	Higher	Natalizumab	Tysabri® (300mg/15ml)	September
				2006
Second	Moderate	Fingolimod	Gilenya® (0.5mg capsule)	March 2011
Second	Moderate	Dimethyl	Tecfidera® (120 mg capsule)	April 2013
		fumarate	Tecfidera® (240 mg capsule)	
Second	Lower	Teriflunomide	Aubagio® (14 mg tablet)	November
				2013
Second	Higher	Alemtuzumab	Lemtrada® (12 mg/1.2ml)	December
				2013
Second	Higher	Ocrelizumab	Ocrevus® (300mg/ml)	August 2017