APPENDIX - Questionnaire

Name: _____ Study ID#: _____

- 1. Are you wearing glasses permanently?
- 2. Since what age are you wearing glasses?
- 3. Do your parents or siblings wear glasses?
- 4. How many hours do you wear glasses?
- 5. Do you wear glasses all the time; at school and home?

Study hours (answer in increments of 0.5 hours):

- 6. How many hours do your study at school? (Reading and writing)
- 7. How many hours do your study at home? (Reading and writing)
- 8. Do you take any additional courses/classes during weekends?
- 9. How many hours do you spend on homework?

Mobile/Videogames hours (answer in increments of 0.5 hours):

- 10. Do you play mobile/videogames?
- 11. Can you name any of your favorite videogames?
- 12. Do you have a mobile/iPad/computer/laptop at home?
- 13. How many hours do you play mobile/videogames?
- 14. How many hours do you watch TV?

Outdoor play hours (answer in increments of 0.5 hours):

- 15. Do you play any outdoors games?
- 16. Which games do you play outside your home (e.g; Badminton, Football, Volleyball, Swimming, Presses, Participate in religious activities, Fishing, Basketball etc)?
- 17. How many hours do you play these games?
- 18. Do you play any outdoor games in school too?
- 19. How many hours do you play outdoor games in school?