

**Supplementary Figure 1. Effects of acupuncture and no acupuncture control over time since randomization.** The vertical line represents the mean length of acupuncture treatment. Line thickness represents the number of trials contributing data at these time points: the thicker line represents 5-9 trials and the thinner line represents 2-4 trials.



**Supplementary Figure 2. Effects of acupuncture and sham acupuncture control over time since randomization.** The vertical line represents mean length of acupuncture treatment. Line thickness represents the number of trials contributing data at these time points: the thicker line represents 10 or more trials and the thinner line represents 2-4 trials.