

Appendix Table 1: Study Variables (Means & SD) across Groups for Individuals Retained in the Study versus Lost to Follow-Up

Baseline variable	Follow-Up Status	Non-TMD mean (sd) [n]	Incident TMD mean (sd) [n]	Chronic TMD mean (sd) [n]
Age (years)	Lost	26.3 (7.5) [2548]	28.0 (8.2) [205]	28.9 (7.7) [899]
	Retained	30.3 (8.4) [450]	30.8 (8.7) [55]	30.8 (8.1) [189]
Race (% non-Hispanic white)	Lost	48% [2548]	54% [205]	68% [899]
	Retained	58% [450]	53% [55]	79% [189]
Perceived Stress Scale (0-40)	Lost	14.7 (6.3) [2478]	15.9 (6.7) [203]	18.0 (7.1) [880]
	Retained	13.8 (6.3) [446]	16.9 (6.3) [55]	17.3 (6.8) [187]
Sex (% female)	Lost	56% [2548]	63% [205]	75% [899]
	Retained	62% [450]	71% [55]	84% [189]
JFLS-Total (0-10)	Lost	0.18 (0.66) [2420]	0.23 (0.67) [193]	2.11 (1.60) [811]
	Retained	0.11 (0.40) [430]	0.10 (0.30) [50]	1.92 (1.37) [179]
POMS Positive Affect (30-120)	Lost	87.0 (15.6) [2409]	84.3 (16.1) [196]	80.3 (16.5) [860]
	Retained	88.9 (15.3) [428]	82.6 (17.8) [54]	79.6 (15.1) [185]
Mechanical Pain Aftersensation (0-100)	Lost	7.1 (13.2) [2302]	8.5 (14.3) [184]	11.8 (16.6) [791]
	Retained	5.5 (10.8) [402]	10.5 (16.5) [47]	11.3 (15.9) [166]
JFLS-Verbal (0-10)	Lost	0.16 (0.80) [2466]	0.18 (0.69) [196]	1.22 (1.75) [845]
	Retained	0.07 (0.59) [437]	0.02 (0.14) [50]	1.12 (1.57) [183]
CSQ Catastrophizing (0-6)	Lost	0.94 (0.96) [2501]	0.96 (0.96) [203]	1.49 (1.27) [881]
	Retained	0.84 (1.00) [446]	0.97 (1.02) [54]	1.45 (1.25) [186]
PPT Temporalis (kPa)	Lost	220.4 (88.1) [2498]	209.5 (74.4) [200]	154.3 (59.1) [806]
	Retained	211.5 (78.6) [447]	214.6 (82.1) [53]	148.1 (52.3) [169]
Non-Specific Jaw Symptoms (0-6)	Lost	0.34 (0.89) [2533]	0.69 (1.33) [203]	4.80 (1.20) [882]
	Retained	0.26 (0.74) [450]	0.82 (1.28) [55]	4.77 (1.10) [189]
SF12 Mental Health (0-100)	Lost	51.6 (9.3) [2390]	49.5 (10.4) [189]	45.7 (11.3) [831]
	Retained	52.5 (9.3) [433]	48.3 (11.2) [52]	47.2 (11.2) [184]
PPT Masseter (kPa)	Lost	203.2 (80.6) [2499]	196.1 (69.9) [201]	134.2 (50.9) [766]
	Retained	195.7 (71.7) [446]	200.5 (74.5) [53]	131.7 (49.3) [165]

Baseline variable	Follow-Up Status	Non-TMD mean (sd) [n]	Incident TMD mean (sd) [n]	Chronic TMD mean (sd) [n]
PPT Lateral epicondyle (kPa)	Lost	389.0 (146.6) [2458]	405.3 (141.7) [197]	309.2 (132.8) [786]
	Retained	375.9 (150.0) [436]	383.9 (133.8) [53]	309.8 (133.5) [154]
Trait Anxiety (20-80)	Lost	35.5 (9.3) [2460]	37.8 (9.4) [201]	41.3 (11.2) [876]
	Retained	34.7 (9.1) [442]	39.0 (10.7) [55]	40.7 (10.6) [186]
JFLS-Opening (0-10)	Lost	0.20 (0.86) [2467]	0.25 (0.92) [196]	2.77 (2.16) [857]
	Retained	0.12 (0.76) [434]	0.27 (1.06) [53]	2.46 (1.93) [181]
JFLS-Chewing (0-10)	Lost	0.30 (0.92) [2448]	0.36 (0.95) [198]	2.53 (1.80) [860]
	Retained	0.23 (0.72) [433]	0.36 (1.12) [53]	2.30 (1.54) [186]
CSQ Praying (0-6)	Lost	2.3 (2.0) [2523]	2.3 (2.0) [205]	2.0 (2.0) [885]
	Retained	2.5 (2.1) [448]	2.6 (2.3) [55]	2.1 (2.0) [188]
PPT TMJ (kPa)	Lost	185.2 (69.1) [2463]	182.4 (66.1) [199]	128.1 (48.0) [732]
	Retained	179.7 (61.1) [438]	184.1 (55.7) [51]	127.7 (47.1) [153]
# Palpation Sites (0-14)	Lost	2.2 (3.0) [2548]	2.9 (3.2) [204]	5.7 (4.0) [888]
	Retained	1.9 (2.9) [450]	3.4 (3.7) [55]	7.4 (4.1) [186]
CSQ Distraction (0-6)	Lost	2.4 (1.5) [2521]	2.4 (1.5) [203]	2.2 (1.5) [883]
	Retained	2.5 (1.5) [447]	2.5 (1.7) [55]	2.4 (1.5) [188]
PSQI Total (0-21)	Lost	4.7 (2.9) [2479]	5.8 (3.4) [201]	7.3 (4.0) [870]
	Retained	4.5 (2.9) [439]	5.9 (2.7) [53]	6.8 (3.7) [187]
CSQ Coping Statements (0-6)	Lost	3.5 (1.4) [2519]	3.5 (1.5) [203]	3.7 (1.4) [885]
	Retained	3.6 (1.4) [448]	3.7 (1.4) [55]	3.8 (1.3) [188]
Mechanical Temporal Summation (0-100)	Lost	16.5 (16.3) [2308]	15.2 (14.9) [185]	20.1 (17.4) [790]
	Retained	15.5 (15.9) [401]	20.0 (17.3) [47]	19.1 (14.6) [166]
POMS Negative Affect (30-120)	Lost	49.2 (15.5) [2450]	53.0 (16.9) [192]	58.8 (19.0) [854]
	Retained	48.3 (15.8) [439]	52.4 (16.9) [54]	58.0 (19.3) [188]
SCL-90R Depression (0-4)	Lost	0.37 (0.47) [2482]	0.52 (0.54) [204]	0.76 (0.74) [865]
	Retained	0.34 (0.41) [446]	0.63 (0.61) [55]	0.73 (0.66) [187]

Baseline variable	Follow-Up Status	Non-TMD mean (sd) [n]	Incident TMD mean (sd) [n]	Chronic TMD mean (sd) [n]
SCL-90R Somatization (0-4)	Lost	0.24 (0.31) [2498]	0.39 (0.42) [202]	0.74 (0.63) [871]
	Retained	0.22 (0.28) [449]	0.46 (0.43) [54]	0.73 (0.56) [188]
CSQ Ignoring Pain (0-6)	Lost	2.6 (1.4) [2512]	2.5 (1.5) [203]	2.6 (1.4) [888]
	Retained	2.6 (1.4) [447]	2.5 (1.4) [55]	2.7 (1.6) [188]
Resting Heart Rate (bpm)	Lost	62.6 (10.3) [2456]	63.8 (9.2) [198]	63.9 (10.8) [868]
	Retained	63.1 (10.1) [437]	64.9 (9.8) [55]	66.6 (11.7) [186]
PPT Trapezius (kPa)	Lost	372.3 (146.3) [2454]	362.5 (140.5) [197]	290.5 (123.3) [761]
	Retained	378.2 (150.5) [431]	379.9 (123.2) [51]	287.7 (132.5) [157]
SF12 Physical Health (0-100)	Lost	51.6 (7.2) [2390]	49.6 (9.4) [189]	46.3 (11.5) [831]
	Retained	51.8 (7.5) [433]	48.9 (10.6) [52]	45.0 (11.7) [184]
Pain-Free opening (mm)	Lost	48.0 (7.6) [2522]	47.9 (7.4) [204]	34.4 (11.6) [883]
	Retained	47.7 (7.5) [448]	46.5 (7.1) [54]	33.8 (10.9) [187]
CSQ Distancing (0-6)	Lost	1.2 (1.4) [2528]	1.1 (1.4) [203]	1.2 (1.5) [883]
	Retained	1.2 (1.3) [450]	1.4 (1.5) [55]	1.3 (1.6) [188]
OBC-Total (0-84)	Lost	20.0 (8.9) [2352]	22.4 (10.3) [195]	32.9 (11.1) [838]
	Retained	20.3 (8.3) [427]	25.6 (9.3) [52]	33.4 (10.7) [185]
Mechanical Pain Threshold (mN)	Lost	262.4 (169.5) [2436]	256.1 (161.9) [197]	164.5 (135.4) [859]
	Retained	268.1 (164.7) [426]	265.0 (169.2) [50]	155.0 (131.4) [177]
Resting Systolic Blood Pressure (mmHg)	Lost	111.0 (10.7) [2471]	111.6 (10.1) [199]	109.4 (10.2) [872]
	Retained	111.3 (10.7) [442]	115.3 (14.1) [55]	110.6 (10.0) [186]
GCPS Pain Intensity (0-100)	Lost			55.6 (19.7) [879]
	Retained			53.5 (18.9) [189]
Thermal Temporal Summation (0-100)	Lost	25.4 (25.7) [2005]	25.4 (27.2) [158]	23.3 (24.8) [657]
	Retained	24.9 (25.1) [376]	32.5 (33.0) [47]	20.3 (22.2) [131]
PILL Total Score (54-270)	Lost	87.6 (20.7) [2390]	97.3 (25.1) [195]	116.6 (32.1) [818]
	Retained	87.3 (20.2) [427]	101.2 (26.5) [52]	115.3 (28.1) [185]

Baseline variable	Follow-Up Status	Non-TMD mean (sd) [n]	Incident TMD mean (sd) [n]	Chronic TMD mean (sd) [n]
GCPS Pain Interference (0-100)	Lost			23.93 (24.03) [870]
	Retained			21.50 (22.78) [189]
Heat Pain Tolerance (°C)	Lost	46.2 (2.4) [2354]	46.0 (2.1) [189]	45.4 (2.6) [835]
	Retained	46.2 (2.5) [426]	45.9 (2.2) [53]	45.3 (2.6) [172]

Variables are sorted in the order of p-value for differences between retained and lost to follow-up among Controls.

Bolded numbers indicate significant differences between participants retained vs. lost to follow-up, $p < 0.05$.

Bracketed numbers show the sample size with data for each variable.

JFLS=Jaw Function Limitation Scale; POMS=Profile of Mood States; CSQ=Coping Strategies Questionnaire; PPT=Pressure Pain Threshold; SF12=Short Form 12; TMJ=Temporomandibular Joint; PSQI=Pittsburgh Sleep Quality Inventory; SCL-90R=Symptom Checklist-90 Revised; OBC=Oral Behaviors Checklist; GCPS=Graded Chronic Pain Scale; PILL=Pennebaker Inventory of Limbic Languidness

Appendix Table 2: Clinical and Health Variables: Means (SEM) across Groups at Baseline and Follow-Up

Baseline Case Classification		Non-TMD		Incident-TMD		Chronic-TMD	
Follow-Up Case Classification		Non-TMD	TMD	Non-TMD	TMD	Non-TMD	TMD
# Palpation Sites (0-14)	Baseline	1.9 (0.1)	1.6 (0.4)	2.5 (0.6)	4.2 (0.7)	5.9 (0.6)	8.0 (0.3)
	Follow-Up	3.6 (0.2)	5.5 (0.8)	5.7 (0.9)	8.1 (0.8)	6.7 (0.6)	8.6 (0.4)
Assisted Opening (mm)	Baseline	55.7 (0.4)	55.6 (1.6)	56.7 (1.2)	54.4 (1.3)	51.5 (1.1)	51.9 (0.7)
	Follow-Up	53.4 (0.4)	53.4 (1.7)	54.3 (1.3)	50.3 (1.5)	50.5 (1.0)	51.3 (0.7)
Unassisted Opening (mm)	Baseline	53.1 (0.3)	53.2 (1.5)	53.0 (1.3)	52.4 (1.3)	47.1 (1.0)	46.7 (0.7)
	Follow-Up	51.0 (0.4)	50.6 (1.7)	51.0 (1.2)	46.6 (1.7)	47.4 (1.1)	46.6 (0.8)
Pain-Free opening (mm)	Baseline	47.8 (0.4)	47.3 (1.6)	46.6 (1.3)	46.3 (1.5)	35.2 (1.5)	34.1 (0.9)
	Follow-Up	45.7 (0.4)	41.3 (2.3)	43.6 (1.4)	37.3 (2.2)	39.3 (1.4)	34.0 (0.9)
JFLS-Chewing (0-10)	Baseline	0.2 (0.04)	0.2 (0.1)	0.5 (0.3)	0.25 (0.1)	2.3 (0.2)	2.3 (0.1)
	Follow-Up	0.4 (0.05)	1.5 (0.4)	0.8 (0.3)	1.3 (0.3)	1.3 (0.2)	2.0 (0.1)
JFLS-Opening (0-10)	Baseline	0.1 (0.03)	0.03 (0.02)	0.4 (0.3)	0.2 (0.1)	2.4 (0.3)	2.5 (0.2)
	Follow-Up	0.2 (0.04)	1.1 (0.4)	0.8 (0.3)	0.9 (0.3)	1.3 (0.2)	2.2 (0.2)
JFLS-Verbal (0-10)	Baseline	0.1 (0.03)	0.0 (0.0)	0.2 (0.2)	0.0 (0.0)	1.2 (0.3)	1.1 (0.1)
	Follow-Up	0.2 (0.04)	0.5 (0.3)	0.2 (0.1)	0.1 (0.1)	0.3 (0.1)	0.8 (0.1)
JFLS-Total (0-10)	Baseline	0.1 (0.02)	0.1 (0.03)	0.4 (0.3)	0.1 (0.1)	1.9 (0.2)	2.0 (0.1)
	Follow-Up	0.2 (0.04)	1.1 (0.3)	0.6 (0.2)	0.8 (0.2)	1.0 (0.1)	1.6 (0.1)
OBC-Total (0-84)	Baseline	20.4 (0.4)	19.8 (1.9)	24.0 (2.2)	25.3 (1.7)	31.4 (1.4)	34.1 (0.9)
	Follow-Up	19.1 (0.5)	27.3 (2.5)	21.4 (2.3)	33.4 (2.1)	26.2 (1.5)	32.5 (0.9)
Non-Specific Jaw Symptoms (0-6)	Baseline	0.2 (0.04)	0.5 (0.2)	1.0 (0.2)	0.7 (0.3)	4.5 (0.2)	4.9 (0.1)
	Follow-Up	0.4 (0.04)	1.7 (0.4)	0.8 (0.2)	2.9 (0.3)	2.2 (0.2)	4.0 (0.1)
SF12 Physical Health (0-100)	Baseline	51.9 (0.4)	51.8 (1.7)	46.7 (2.4)	51.0 (2.1)	47.8 (1.8)	44.2 (1.0)
	Follow-Up	52.1 (0.4)	47.7 (2.4)	47.8 (2.0)	49.1 (2.4)	50.6 (1.4)	47.0 (1.0)
SF12 Mental Health (0-100)	Baseline	52.5 (0.5)	51.9 (1.6)	48.8 (2.5)	46.5 (2.2)	51.2 (1.7)	45.3 (1.0)
	Follow-Up	52.3 (0.5)	47.7 (1.6)	49.8 (1.9)	43.0 (2.4)	51.4 (1.3)	45.6 (1.1)
PSQI Total (0-21)	Baseline	4.5 (0.1)	4.8 (0.6)	6.3 (0.5)	5.7 (0.6)	5.8 (0.5)	7.1 (0.3)
	Follow-Up	4.8 (0.2)	7.9 (0.8)	7.5 (0.8)	6.8 (0.7)	6.0 (0.5)	7.4 (0.3)

JFLS=Jaw Function Limitation Scale; OBC=Oral Behaviors Checklist; SF12=Short Form 12; PSQI=Pittsburgh Sleep Quality Inventory

Appendix Table 3: Psychosocial Variables: Means (SEM) across Groups at Baseline and Follow-Up

Baseline Case Classification		Non-TMD		Incident-TMD		Chronic-TMD	
Follow-Up Case Classification		Non-TMD	TMD	Non-TMD	TMD	Non-TMD	TMD
PILL Total Score (54-270)	Baseline	87.7 (1.0)	83.8 (3.0)	99.0 (5.0)	100.5 (5.6)	103.4 (3.3)	119.2 (2.4)
	Follow-Up	88.1 (1.1)	100.4 (5.3)	100.2 (6.1)	121.0 (6.1)	99.3 (3.1)	119.4 (2.5)
SCL-90R Depression (0-4)	Baseline	0.3 (0.02)	0.3 (0.1)	0.5 (0.1)	0.7 (0.1)	0.6 (0.1)	0.8 (0.1)
	Follow-Up	0.3 (0.02)	0.6 (0.1)	0.4 (0.1)	0.9 (0.2)	0.4 (0.1)	0.7 (0.1)
SCL-90R Somatization (0-4)	Baseline	0.2 (0.01)	0.2 (0.03)	0.4 (0.1)	0.5 (0.1)	0.5 (0.1)	0.8 (0.05)
	Follow-Up	0.2 (0.1)	0.6 (0.1)	0.4 (0.1)	0.7 (0.1)	0.4 (0.04)	0.7 (0.05)
Perceived Stress Scale (0-40)	Baseline	13.7 (0.3)	15.3 (1.0)	16.7 (1.3)	17.1 (1.2)	15.5 (0.9)	17.8 (0.6)
	Follow-Up	12.4 (0.3)	16.2 (1.2)	14.1 (1.2)	17.4 (1.5)	13.4 (0.9)	17.0 (0.7)
POMS Negative Affect (30-120)	Baseline	48.0 (0.8)	51.7 (2.7)	49.9 (3.2)	54.6 (3.4)	51.8 (2.4)	59.9 (1.7)
	Follow-Up	51.9 (0.8)	56.6 (3.1)	52.8 (3.4)	68.3 (3.6)	53.8 (2.4)	63.6 (1.6)
POMS Positive Affect (30-120)	Baseline	89.6 (0.7)	82.8 (2.9)	79.2 (3.5)	85.9 (3.5)	85.9 (2.2)	77.9 (1.2)
	Follow-Up	85.1 (0.7)	76.4 (2.6)	81.3 (2.8)	80.3 (3.2)	85.7 (2.1)	78.3 (1.2)
Trait Anxiety (20-80)	Baseline	34.7 (0.5)	34.9 (1.5)	38.8 (1.8)	39.3 (2.4)	39.1 (1.5)	41.3 (0.9)
	Follow-Up	35.3 (0.5)	40.3 (1.8)	38.9 (1.7)	43.7 (2.4)	36.7 (1.4)	41.9 (1.0)
CSQ Catastrophizing (0-6)	Baseline	0.8 (0.05)	0.9 (0.2)	1.1 (0.2)	0.8 (0.2)	1.3 (0.2)	1.5 (0.1)
	Follow-Up	0.7 (0.05)	1.2 (0.2)	1.5 (0.2)	1.1 (0.2)	0.7 (0.1)	1.4 (0.1)
CSQ Coping Statements (0-6)	Baseline	3.6 (0.1)	3.3 (0.2)	3.7 (0.3)	3.7 (0.3)	3.8 (0.2)	3.9 (0.1)
	Follow-Up	3.5 (0.1)	3.5 (0.3)	3.6 (0.3)	3.7 (0.3)	3.8 (0.2)	3.9 (0.1)
CSQ Distancing (0-6)	Baseline	1.2 (0.1)	1.2 (0.2)	1.8 (0.3)	1.0 (0.2)	1.2 (0.2)	1.3 (0.1)
	Follow-Up	1.0 (0.1)	1.3 (0.3)	1.1 (0.2)	1.6 (0.3)	1.1 (0.2)	1.3 (0.1)
CSQ Distraction (0-6)	Baseline	2.5 (0.1)	2.5 (0.3)	3.0 (0.3)	2.1 (0.3)	2.2 (0.2)	2.4 (0.1)
	Follow-Up	2.2 (0.1)	2.7 (0.3)	2.7 (0.3)	2.7 (0.3)	2.3 (0.2)	2.3 (0.1)
CSQ Ignoring Pain (0-6)	Baseline	2.6 (0.1)	2.5 (0.2)	2.8 (0.2)	2.3 (0.3)	3.0 (0.2)	2.6 (0.1)
	Follow-Up	2.6 (0.1)	2.3 (0.3)	2.4 (0.3)	2.7 (0.2)	2.8 (0.2)	2.7 (0.1)
CSQ Praying (0-6)	Baseline	2.5 (0.1)	2.4 (0.4)	3.2 (0.4)	1.9 (0.5)	1.9 (0.3)	2.2 (0.2)
	Follow-Up	2.2 (0.1)	3.5 (0.4)	2.9 (0.4)	2.2 (0.5)	1.7 (0.3)	2.0 (0.2)

PILL=Pennebaker Inventory of Limbic Languidness; SCL-90R=Symptom Checklist-90 Revised; POMS=Profile of Mood States; CSQ=Coping Strategies Questionnaire

Appendix Table 4: Quantitative Sensory Testing and Cardiovascular Variables: Means (SEM) across Groups at Baseline and Follow-Up

Baseline Case Classification		Non-TMD		Incident-TMD		Chronic-TMD	
Follow-Up Case Classification		Non-TMD	TMD	Non-TMD	TMD	Non-TMD	TMD
Heat Pain Tolerance (°C)	Baseline	46.3 (0.1)	44.6 (0.6)	45.9 (0.3)	46.0 (0.5)	45.8 (0.4)	45.3 (0.3)
	Follow-Up	46.1 (0.2)	45.0 (0.5)	44.7 (0.6)	46.1 (0.5)	45.9 (0.4)	45.8 (0.3)
Heat Temporal Summation (0-100)	Baseline	24.2 (1.5)	32.9 (5.9)	41.1 (6.5)	24.7 (7.7)	17.3 (4.5)	20.4 (2.4)
	Follow-Up	22.0 (1.5)	28.1 (5.5)	48.8 (6.7)	24.1 (4.5)	26.6 (4.9)	27.5 (2.9)
Heat Pain Aftersensation (0-100)	Baseline	10.2 (0.9)	12.9 (4.2)	21.5 (5.7)	14.5 (3.4)	13.7 (3.0)	18.9 (2.5)
	Follow-Up	9.6 (0.9)	18.5 (4.2)	9.0 (2.2)	18.6 (4.4)	12.2 (2.4)	16.0 (2.0)
Mechanical Pain Threshold (mN)	Baseline	269.1 (8.3)	241.8 (33.0)	243.2 (32.0)	285.1 (35.5)	202.4 (22.6)	141.4 (10.8)
	Follow-Up	279.7 (8.4)	200.0 (28.7)	210.0 (24.0)	179.0 (13.1)	230.2 (22.4)	192.8 (13.1)
Mechanical Temporal Summation	Baseline	15.3 (0.8)	14.0 (3.1)	19.7 (3.6)	17.8 (3.3)	19.3 (2.8)	19.0 (1.3)
(0-100)	Follow-Up	20.4 (0.9)	18.4 (4.0)	26.8 (4.4)	21.2 (3.5)	23.6 (2.9)	19.6 (1.4)
Mechanical Pain Aftersensation	Baseline	5.2 (0.6)	7.4 (2.6)	11.2 (4.1)	8.7 (3.2)	5.6 (1.2)	12.7 (1.6)
(0-100)	Follow-Up	6.2 (0.5)	8.8 (1.7)	13.9 (3.7)	11.1 (2.6)	10.8 (2.2)	11.9 (1.3)
PPT Temporalis (kPa)	Baseline	211.5 (3.9)	213.4 (16.8)	224.9 (15.2)	200.5 (16.7)	152.8 (7.9)	139.1 (5.0)
	Follow-Up	196.9 (3.6)	155.3 (10.8)	171.1 (8.7)	127.4 (8.2)	143.9 (7.1)	134.0 (4.2)
PPT Masseter (kPa)	Baseline	195.5 (3.5)	188.3 (14.9)	206.0 (14.0)	195.7 (14.9)	127.5 (6.9)	128.5 (4.6)
	Follow-Up	180.1 (3.2)	142.3 (8.9)	141.7 (6.9)	118.4 (6.3)	125.4 (5.2)	123.4 (4.1)
PPT TMJ (kPa)	Baseline	177.4 (3.0)	190.1 (13.6)	181.7 (10.3)	178.7 (12.2)	122.5 (6.4)	122.2 (4.6)
	Follow-Up	166.0 (3.2)	136.1 (8.5)	136.2 (9.2)	122.9 (7.0)	123.7 (6.4)	119.7 (4.0)
PPT Trapezius (kPa)	Baseline	375.7 (7.6)	363.3 (29.6)	383.5 (25.9)	352.5 (24.8)	272.1 (20.3)	277.3 (12.5)
	Follow-Up	344.2 (7.3)	286.6 (26.4)	304.2 (21.4)	251.1 (22.3)	263.9 (19.9)	248.1 (10.2)
PPT Lateral Epicondyle (kPa)	Baseline	375.6 (7.4)	367.4 (30.6)	391.5 (28.4)	370.0 (25.5)	305.4 (23.0)	292.4 (12.2)
	Follow-Up	341.6 (6.8)	281.1 (21.8)	280.2 (15.7)	258.2 (15.9)	254.9 (17.8)	228.7 (8.2)
Resting Heart Rate (bpm)	Baseline	62.9 (0.5)	65.4 (2.0)	64.2 (2.1)	65.5 (1.9)	67.7 (1.7)	66.4 (1.0)
	Follow-Up	64.1 (0.5)	64.6 (2.1)	65.3 (1.9)	66.2 (2.0)	66.8 (1.7)	66.0 (1.0)
Resting Systolic Blood Pressure	Baseline	111.5 (0.5)	111.7 (1.8)	117.2 (3.5)	114.1 (2.0)	111.1 (1.9)	110.5 (0.8)
(mmHg)	Follow-Up	118.6 (0.7)	122.1 (3.7)	122.6 (3.3)	124.7 (2.7)	117.4 (2.2)	118.1 (1.1)

PPT=Pressure Pain Threshold; TMJ=Temporomandibular Joint

