

APPENDICES

Appendix A

Semi-structured interview guide

My name is (INSERT Study Investigator and/or Moderator name). Thank you for participating in our research. As this session will be audio recorded and to make it easier for transcribing, can I kindly ask to switch mobile phones to silent. You have been invited to participate in this study as you are a consumer currently taking pain killers known as opioid analgesics.

The purpose of today's discussion is to understand your perspectives on the scope and purpose of developing opioid deprescribing guidelines to inform practice on how to stop taking opioids. There are no right or wrong answers to the questions I am about to ask.

Think back to when you have started taking pain killers known as opioid analgesics.

- 1) How do you manage taking opioids?
- 2) How do you know if you need to increase or decrease your dose of opioids?
- 3) Do you often experience opioid related problems (e.g. constipation)?
- 4) What concerns do you have about opioids?
- 5) Do you discuss with your doctor/pharmacists about stopping opioids?
- 6) Have you been referred by your doctor/pharmacist to see other specialists/allied health professionals to stop your opioid?
- 7) Would you find it useful if you had opioid resources to inform your decision to stop certain opioids?
- 8) Do you think it would be useful to have opioid deprescribing (stopping) guidelines that health professionals could use to inform your decision to stop certain opioids? Who do you think should be involved in developing these guidelines?