

Appendix I

A woman reporting pain in head, back and lower extremity.

On the next pages we ask you about **pain** you have had during **the last 4 weeks**.

Include **all types of pain**, both superficial and deep (in the chest, mouth, abdomen, skin, muscles and joints, genitals, urethra, etc.).

Do not include transient, brief pain.

Women should not include menstrual pain.

Do you have a woman's or a man's body? (Click to choose.)

Woman's body

Man's body

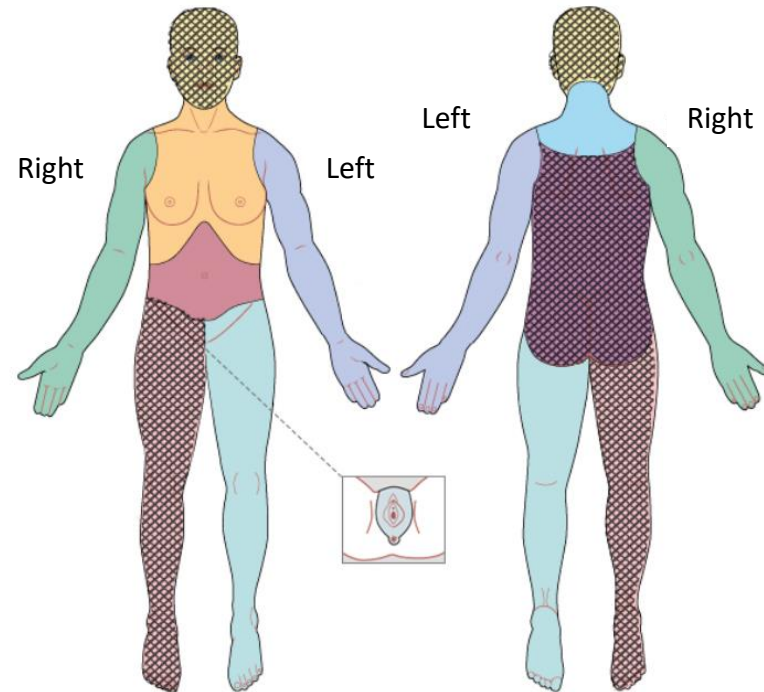
Click on all areas where you have had pain during **the last 4 weeks**.

Even if you have only had pain in part of an area, you must still mark the area as a whole.

You must indicate where you have had pain, **not** where you think the cause of the pain lies.

You can unmark an area by clicking on it again.

If you have not had pain during the last 4 weeks, continue to the next page.



Select all

Remove all

Back

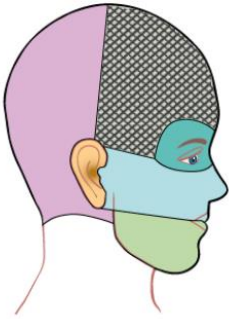
Continue

Click on all areas where you have had pain during **the last 4 weeks**.

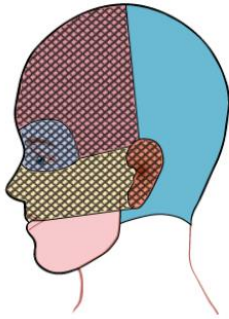
Even if you have only had pain in part of an area, you must still mark the area as a whole.

You must indicate where you have had pain, **not** where you think the cause of the pain lies.


You can unmark an area by clicking on it again.




Right side




Left side



Teeth, gums and jaw joint



Lips, palate/oral cavity, tongue and throat



Select allRemove all

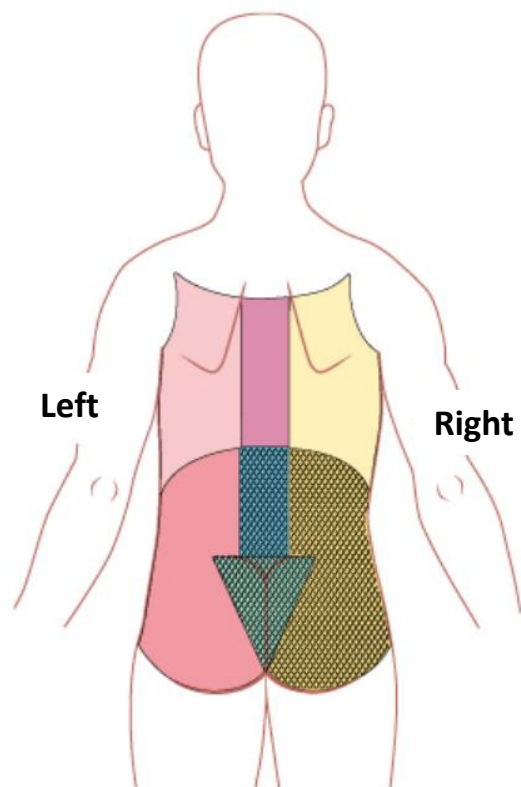
BackContinue

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Select all

Remove all

Back

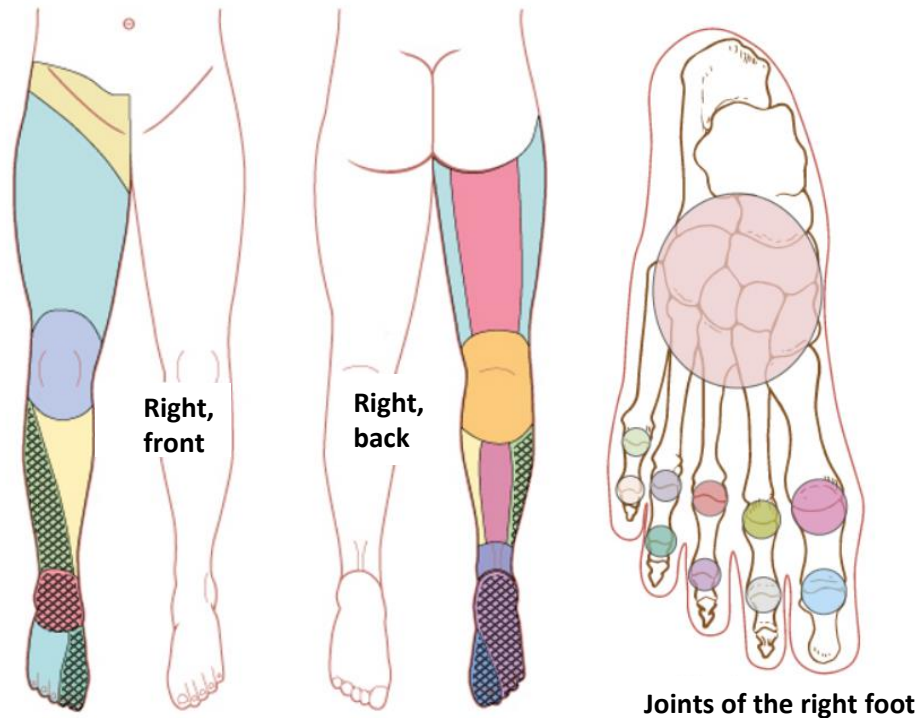
Continue

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Select all

Remove all

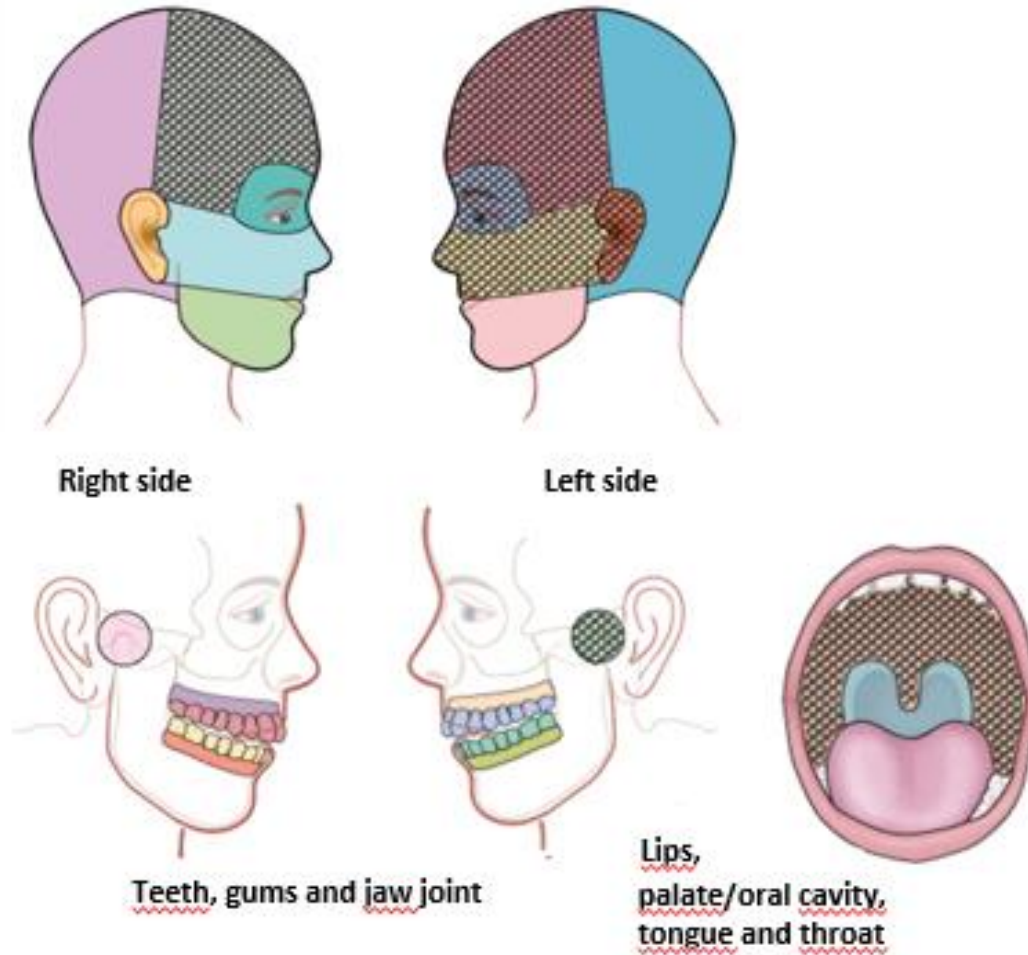
Back

Continue

You will now be given some follow-up questions about the areas of the body you have marked.

Back

Continue



The following questions apply only to pain in the areas you have marked on the above picture. If you have experienced several types of pain, answer for the pain that has bothered you most.

How long is it since you first felt the pain?

- ☐ Less than 4 weeks ago
- ☐ 1-2 months
- ☐ 3-5 months
- ☐ 6-11 months
- ☐ 1-2 years
- ☐ 3-5 years
- ☒ More than 5 years

About how old were you when you first felt the pain?

How long is it since you first felt the pain?

- ☐ Less than 4 weeks ago
- ☐ 1-2 months
- ☐ 3-5 months
- ☐ 6-11 months
- ☐ 1-2 years
- ☐ 3-5 years
- ☒ More than 5 years

About how old were you when you first felt the pain?

63

64

65

66

67

68

During the last 4 weeks:

How many days have you had the pain?

Fill in the field to the right or drag the slider below to indicate your answer.

0 14 days 28



The form includes a text input field containing the number '14' followed by the text 'days'. Below this is a horizontal slider bar. The slider bar has a green segment from the left (0) to the value 14, and a grey segment from 14 to the right (28). A circular handle is positioned at the 14 mark on the slider.

About how much of the day have you usually had the pain? (Only count the time when you are awake.)

- ☐ Less than 1 hour
- ☐ 1-2 hours
- ☒ 3-6 hours
- ☐ 7-10 hours
- ☐ More than 10 hours
- ☐ All the time, without pause

How strong has the pain usually been?

Drag the slider below to indicate your answer.

No pain at all

The strongest imaginable pain



How much has the pain usually bothered you?

Drag the slider below to indicate your answer.

No bother at all

The greatest imaginable bother

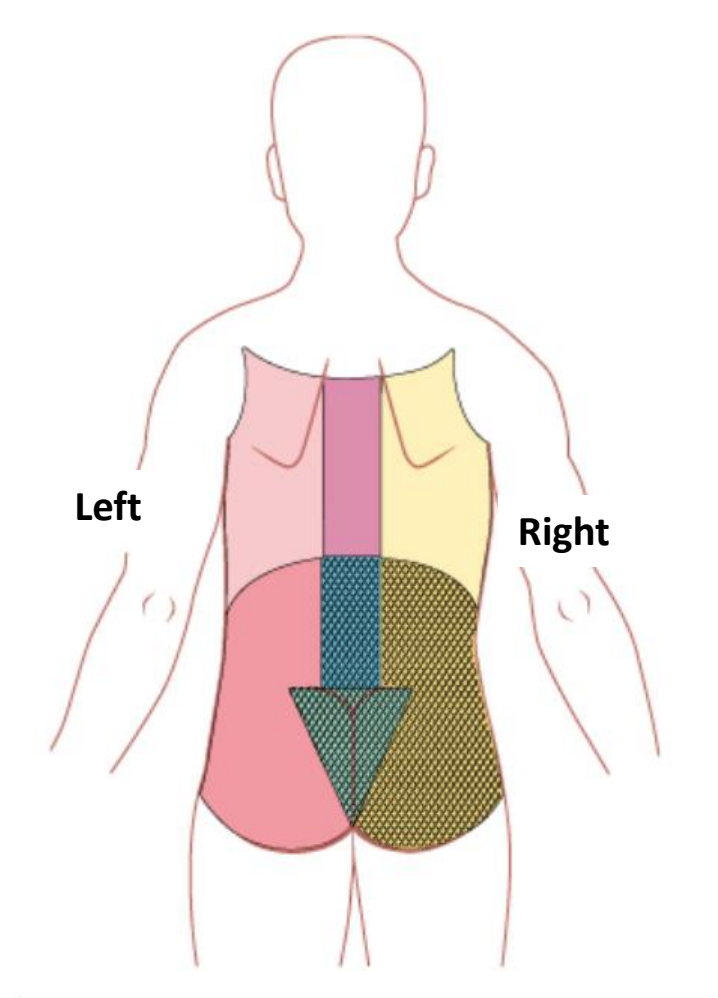
A horizontal slider bar with a green segment on the left and a grey segment on the right. A circular slider knob is positioned at the boundary between the green and grey segments, approximately 10% of the way from the left.

Where is the pain located?

- ☐ Superficially
- ☐ Deeply
- ☒ Both of the above
- ☐ I don't know

Back

Continue



The following questions apply only to pain in the areas you have marked on the above picture. If you have experienced several types of pain, answer for the pain that has bothered you most.

How long is it since you first felt the pain?

- ☐ Less than 4 weeks ago
- ☒ 1-2 months
- ☐ 3-5 months
- ☐ 6-11 months
- ☐ 1-2 years
- ☐ 3-5 years
- ☐ More than 5 years

During the last 4 weeks:

How many days have you had the pain?

Fill in the field to the right or drag the slider below to indicate your answer.

0 days

28

A horizontal green slider bar is shown. The bar starts at a point labeled '0' on the left and extends to the right. At the far right end of the bar is a circular handle with a grey center and a white outer ring. Below the handle is the number '28'. Above the handle, the text '28 days' is displayed, with the '28' inside a small grey-bordered text box.

About how much of the day have you usually had the pain? (Only count the time when you are awake.)

- ☐ Less than 1 hour
- ☐ 1-2 hours
- ☐ 3-6 hours
- ☐ 7-10 hours
- ☐ More than 10 hours
- ☒ All the time, without pause

How strong has the pain usually been?

Drag the slider below to indicate your answer.

No pain at all

The strongest imaginable pain



How much has the pain usually bothered you?

Drag the slider below to indicate your answer.

No bother at all

The greatest imaginable bother

A horizontal slider bar with a green track and a grey handle. The handle is positioned at the right end of the track, indicating the maximum value.

Where is the pain located?

- ☐ Superficially
- ☒ Deeply
- ☐ Both of the above
- ☐ I don't know

Do you have lower back pain that radiates into your leg?

☐ No

☒ Yes

How far from the lower back does the pain radiate?

- ☐ Hip/Buttocks
- ☐ Thigh/Knee
- ☐ Lower leg/Ankle
- ☐ Heel/Sole of the foot
- ☒ Instep/Toes

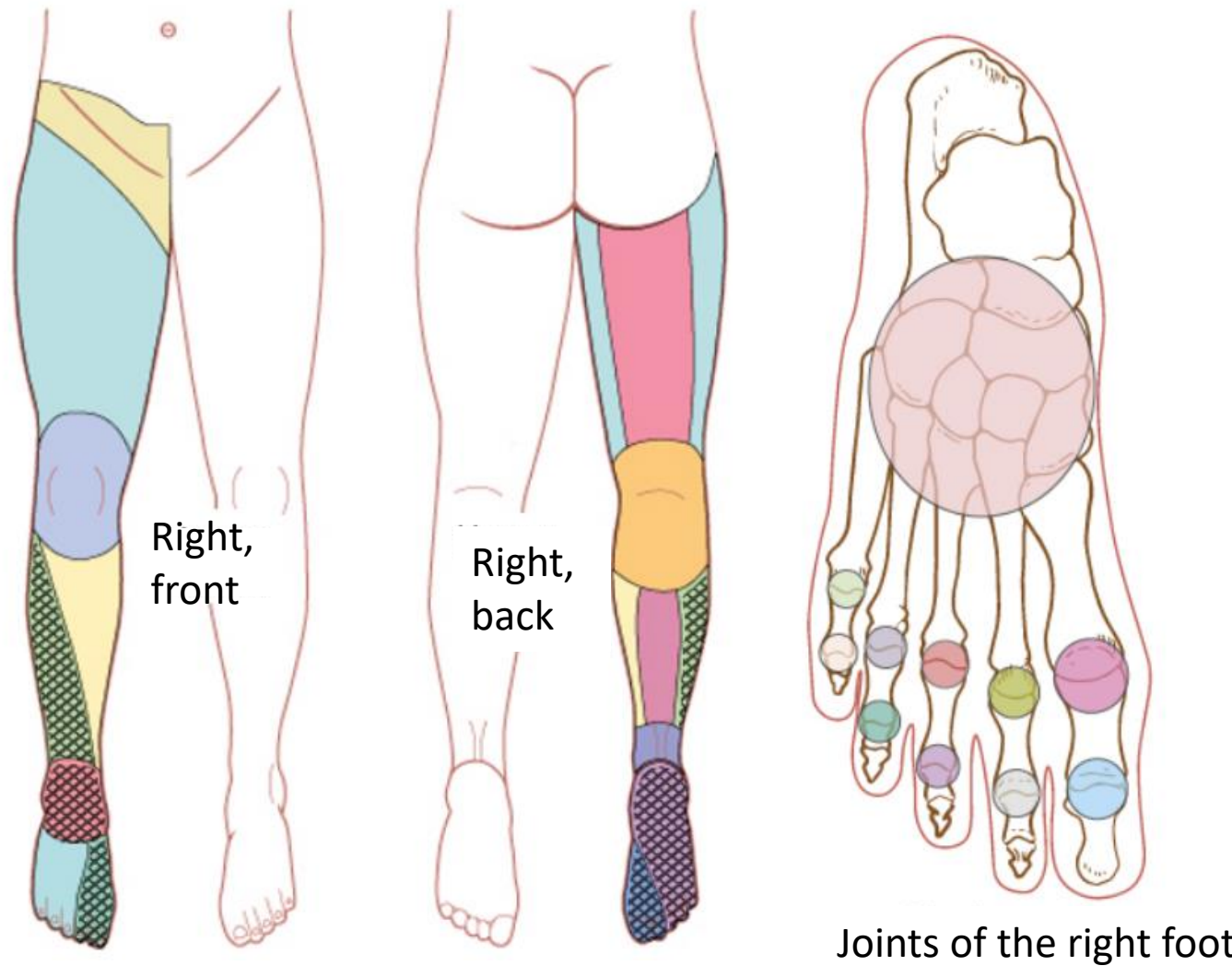
Do you experience sensory changes in the painful foot (e.g. numbness, tingling)?

☐ No

☒ Yes

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Continue



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- ☐ 3-5 years
- ☐ More than 5 years

During the last 4 weeks:

How many days have you had the pain?

Fill in the field to the right or drag the slider below to indicate your answer.

0 days

28

A horizontal slider bar with a green track and a grey knob at the right end, indicating a value of 28. The knob is a grey circle with a white border, positioned at the far right of the green track. The number 28 is displayed below the knob.

About how much of the day have you usually had the pain? (Only count the time when you are awake.)

- ☐ Less than 1 hour
- ☐ 1-2 hours
- ☐ 3-6 hours
- ☐ 7-10 hours
- ☒ More than 10 hours
- ☐ All the time, without pause

How strong has the pain usually been?

Drag the slider below to indicate your answer.

No pain at all

The strongest imaginable pain

A horizontal slider bar used for rating pain intensity. It consists of a thick green horizontal line representing the scale. At the right end of this line is a circular knob with a white outer ring and a grey inner circle. The knob is currently positioned at the far right end of the green track, indicating the highest possible pain level.

How much has the pain usually bothered you?

Drag the slider below to indicate your answer.

No bother at all

The greatest imaginable bother

A horizontal slider bar with a green track and a grey knob at the right end. The knob is positioned at the far right, indicating the maximum value on the scale.

Where is the pain located?

- ☐ Superficially
- ☐ Deeply
- ☒ Both of the above
- ☐ I don't know

Back

Continue

The following questions apply to all pain you have reported in this questionnaire.

To what extent does the pain affect your sleep?

Drag the slider below to indicate your answer.

Not at all

Impossible to sleep

A horizontal slider bar used for rating the extent to which pain affects sleep. The bar is divided into two segments: a green segment on the left and a grey segment on the right. A circular slider knob is positioned at the boundary between the green and grey segments, approximately 60% of the way from the left. The knob has a white border and a grey center.

To what extent does the pain prevent you from performing daily activities?

Drag the slider below to indicate your answer.

Not at all

Can't do anything

A horizontal slider bar with a green track and a grey knob. The knob is positioned at the right end of the track, indicating the maximum level of pain.

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Continue

Appendix II

A man reporting no pain.

On the next pages we ask you about **pain** you have had during **the last 4 weeks**.

Include **all types of pain**, both superficial and deep (in the chest, mouth, abdomen, skin, muscles and joints, genitals, urethra, etc.).

Do not include transient, brief pain.

Women should not include menstrual pain.

Do you have a woman's or a man's body? (Click to choose.)

Woman's body

Man's body

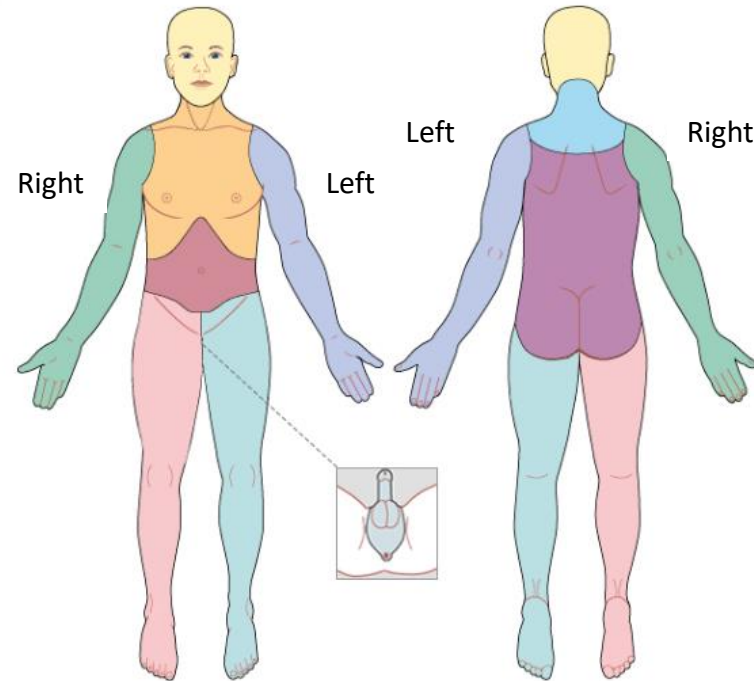
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You must indicate where you have had pain, **not** where you think the cause of the pain lies.

You can unmark an area by clicking on it again.

If you have not had pain during the last 4 weeks, continue to the next page.



Select all

Remove all

Back

Continue

Click on all areas where you have had pain during **the last 4 weeks**.

Even if you have only had pain in part of an area, you must still mark the area as a whole.

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You can unmark an area by clicking on it

If you have not had pain during the last

nerte, ikke hvor du tror årsaken til smerten ligger.

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e 4 uk

You have indicated that you have not had any pain during the last 4 weeks. Is this correct?

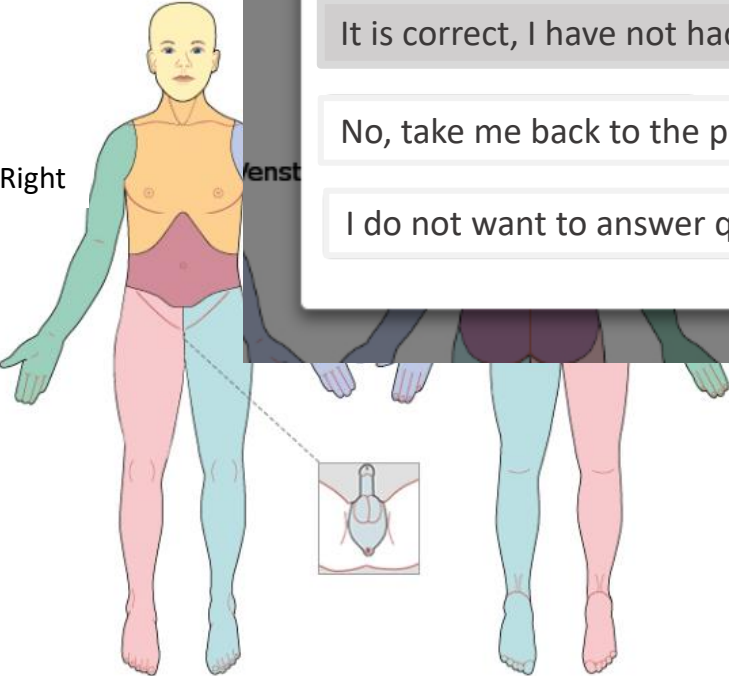
It is correct, I have not had pain

No, take me back to the picture

I do not want to answer questions about pain

Right

fenst



Select all

Remove all

Back

Continue