**Appendix 3. Questions in-depth interview – Children and their parents**

Questions for the child

1. How old are you?
2. Which school do you attend?
3. What are your thoughts about the sports classes at school?
4. What do you like the most during sports classes at school?
5. Do you perform sports?
6. If yes;
   1. What kind of sports and how often do you sport?
   2. Are you a member of a sports club?
7. If not;
   1. What is the reason that you don’t participate in sports?
   2. Have you been a member of a sports club in the past?
   3. If yes, what was your opinion about the trainer?
   4. Would you like it to sport?
8. If you would be allowed to choose any sport, which sport would you like to perform the most?
   1. Why?
9. Would you enjoy having some extra attention from the sports trainer or coach during the training?
10. How do you like your sports trainer?
    1. What do you like the most?
    2. What do you don’t like sometimes?
    3. Have you had any other sports trainers in the past?
    4. Were these sports trainers different?
11. Would you enjoy sporting with kids that are good at performing sports?
12. Are your friends performing sports?
    1. If yes, would you like to perform the same sport as your friends?
    2. If yes, would you like to be in the same team as your friends?
13. Are you dependent on your parents to reach a sports club (e.g. because they have to bring you to the sports club   
     with their car)?
14. Are there places in your neighbourhood where you can sport?
15. Do you like it to play outside and be active?
16. Do your parents think that you should perform a sport?
17. How often do you visit a pediatric physical therapist?
18. Does your pediatric physical therapist provide you with advice about sporting in leisure time and sporting at a   
     sports club?
    1. If not, would you like this kind of advices?

Questions for the parent(s)

1. Do you think it is important that your son/daughter performs a sport?
2. Do you encourage your child to perform a sport?
   1. If yes, in what way?
3. Are there any barriers that prevent your son/daughter to perform sports?
   1. If yes, which barriers?
4. Which things are well organized with respect to your son/daughter’s participation in sports at the moment (e.g.   
    you can think about guidance during sports, which kind of sports group, distance to the sports club)?
5. What is your opinion about the guidance during sports at the sports club?
   1. What do you think about the expertise of the trainer/coach?
6. Would you like to have more support for your son/daughter’s sports participation?
   1. For which aspects would you like more support?