Database Search Strategy

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| Database | Keywords |
| CINAHL | MH (“Arthritis, Juvenile Rheumatoid) AND MH (“Therapeutic Exercise” OR “muscle strengthening”) AND English[lang] |
| PEDro | “Juvenile Arthritis” AND “Exercise” |
| Web of Science | TS=(“arthritis”) AND TS=(“juvenile” OR “child” OR “adolescent”) AND TS=(“exercise” OR “fitness” OR “aerobic” OR “running”) AND English[lang] |
| PubMed | ("arthritis"[MeSH Major Topic] AND (juvenile[All Fields] OR ("child"[MeSH Terms] OR "child"[All Fields]))) AND (("exercise"[MeSH Terms] OR "exercise"[All Fields]) OR fitness[All Fields] OR aerobic[All Fields] OR "running"[MeSH Major Topic]) AND English[lang] |
| Medline | (“Arthritis, Juvenile/” OR ((juvenile or child$ or adolescen$) adj3 arthrit$.tw.)) AND ((exercise$ or fitness or aerobic or running).tw. OR exp Exercise/) |