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| **Appendix 2. Pediatric Educational Resources** | |
| Free Online Resources | * Disney’s Nina Needs To Go (YouTube) * The Poo in You (gikids.org) * Daniel Tiger: When You Have to Go Potty, Stop and Go Right Away (pbskids.org) * Visual Timers. <https://www.online-stopwatch.com/classroom-timers/> * [www.kidshealth.org](http://www.kidshealth.org) * [www.urinecolors.com](http://www.urinecolors.com) * Bristol Stool Chart |
| Print Books | * Willis J, Jossen P. *Do Little Mermaids Wet Their Beds?* A. Whitman; 2001. * Mills JC, Crowley RJ, Cook G. *Sammy the Elephant and Mr. Camel : A Story to Help Children Overcome Enuresis While Discovering Self-Appreciation*. Magination Press; 1988. * Vessillo TJ, MIkeMotz.com. *I Can’t, I Won’t No Way! : A Book for Children Who Refuse to Poop*. [publisher not identified]; 2011. * Bennett HJ, Weber MS (Michael S. *It Hurts When I Poop! : A Story for Children Who Are Scared to Use the Potty*. Magination Press; 2007. * Stowell L, Leake K. *Look inside Your Body*. Usborne; 2012. https://usborne.com/browse-books/catalogue/product/1/6418/look-inside-your-body/. Accessed September 12, 2018. |
| Device Applications | * PBS Kids Daniel Tiger’s Stop & Go Potty application |
| Breathing and Relaxation Tools | * Spirometer * Bubbles * Balloons * Party whistles * Hoberman ball |
| Coloring Sheets | * Digestive System [http://www.exploringnature.org/db/view/2448](http://www.exploringnature.org/db/view/2448%20) * Urinary System <https://www.edupics.com/coloring-page-urinary-system-i12919.html> |