**ANNEXURE**

**Annexure 1: Brief description about the interventions\***

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Individual counselling (IC)** | **Group intervention** **(GI)** | **Collective Action** **(CA)** |
| **Administration** | Trained Counsellors  | Facilitators from Network for positive people of Maharashtra (NMP+) | Facilitators from NMP+  |
| **Methodology /Job-aid tools** | Solution Focused-Narrative Intervention Model; Use of App based application  | Group education and solution-focused behavior change sessions | Group identity building; community organizing (problem identification, planning, resource identification) and action for change |
| **Mechanisms of change** | A focus on psychosocial issues | An exchange of strategies and experiences among group members for positive behavioral change | Providing PLHIV with an understanding of their human rights, advocacy to address stigma and lack of entitlements and through that process, a greater sense of self-efficacy. |
| **Number of sessions** | Five  | Four | Five |
| **Average Number of members in a group** | One | 6-10 | 10-15 |
| **Scheduling of intervention sessions** | Monthly individualized sessions linked to the visit for ART medication pick up | Monthly group sessions linked to the visit for ART medication pick up | Scheduled at a location and timing of maximum convenience for participants closest to the ART Centre  |
| **Issues covered** | Alcohol, adherence, disclosure and relationships, stigma, tenshun (stress).  | Healthy living, stress, alcohol and ART adherence, relationships | Identification of key structural problems affecting PLHIV; planning and conducting action to address structural changes. |
| **Participant attendance** |
| **Mean % of designated sessions completed** | 86% | 79.5% | 65.9% |
| **Exposure2 (mean duration)** | 32 minutes | 117 minutes | 143 minutes |
| \* Additionally, an Integrated Intervention “package” consisting of two sessions each from IC and GI interventions and three sessions from CA, in that order, making a total of seven sessions, was developed as a pilot intervention. This fourth intervention was conducted with only one cohort of men at the fifth site in the last cycle of 9-months.  |

**Annexure 2: Berger 16 item HIV stigma scale with items classified by domain**

|  |  |  |
| --- | --- | --- |
| S. no. | Item | Domain |
| 1. | I have been hurt by how people reacted to learning I have HIV  | Personalized Stigma |
| 2. | I regret having told some people that I have HIV  |
| 3. | People I care about stopped calling after learning I have HIV  |
| 4. | I have stopped socializing with some people because of their reactions to my having HIV  |
| 5. | I have lost friends by telling them I have HIV  |
| 6. | In many areas of my life, no one knows that I have HIV  | Disclosure Concerns |
| 7. | Telling someone I have HIV is risky  |
| 8. | I work hard to keep my HIV a secret  |
| 9. | I am very careful who I tell that I have HIV  |
| 10. | I feel I am not as good a person as others because I have HIV  | Negative Self-image |
| 11. | Having HIV makes me feel unclean  |
| 12. | People who know I have HIV tend to ignore my good points  |
| 13. | People with HIV lose their jobs when their employers find out  | Concerns with Public Attitudes |
| 14. | Most people believe that a person who has HIV is dirty  |
| 15. | I worry that people may judge me when they learn I have HIV  |
| 16. | People don’t want me around their children once they know I have HIV  |