**Supplementary Table**

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| **Supplementary Table 1. Participant quality of life survey results** | | | | | |
| **Participant QOL diaries** | **Initial visit** | | **3 month visit** | | **12 month visit** |
| Over the last 3 months indicate the: |  | |  | |  |
| Degree of worry about your anal canal conditiona | 4.5 (2.42) | | 2.9 (1.81) | | 1.2 (1.69) |
| Amount of stress due to your anal canal conditiona | 3 (2.71) | | 1.9 (1.66) | | 0.8 (1.03) |
| Do you worry about development of anal cancer? (answer: yes) | 7 (70%) | 1 (11.1%) (N=9) | | 5 (50.0%) | |
| Over the last month did you experience: |  | |  | |  |
| Anal pain? (answer: yesb) | 3 (30%) | | 0 (0%) | | 0 (0%) |
| Difficulty with bowel movement unrelated to pain? (answer: yesb) | 2 (20%) | | 1 (10%) | | 0 (0%) |
| Did you try to have anal sex but could not? (answer: yes) | 0 (0%)  (N=9) | | 0 (0%)  (N=7) | | 0 (0%)  (N=9) |
| Data are expressed as mean (SD) or n (%); percentage is based on the number of participants in the full analysis set (N=10) except in cases of non-responsiveness where noted.   1. On a scale of 0-10 (0 = no experience; 10 = severe experience) 2. Yes = score ≥ 2 on a scale of 0-10 | | | | | |