#### Supplement

#### 1. Standard of reference for lesion detection and lesion characterization

*Lesion detection*— The closest cross-sectional imaging (routine liver CT or contrast-enhanced liver MRI) and angiography for transarterial chemoembolization accompanied by lipiodol uptake within 3 months were used as the standard of reference for lesion detection in participants with LR-3, 4, 5, or - M. For those without focal lesions or with only benign lesions, remote cross-sectional imaging was used as the standard of reference when imaging within 3 months was not available.

*Lesion characterization*— For hepatocellular carcinoma (HCC), diagnosis was made using a composite algorithm. The pathologic diagnosis was used regardless of imaging features at spectral computed tomography. Lesions were diagnosed as HCCs on imaging basis in the following cases: a) Liver Imaging Reporting and Data System (LI-RADS) scores 4-5 (LR-4 or -5) with tumor staining on angiography for TACE, definite nodule on ultrasonography, or tumor progression or regression after chemotherapy (Sorafenib); b) LR-4 or LR-5 on following gadoxetic acid-enhanced liver MRI within 3 months; c) not visible on cross-sectional imaging but with tumor staining on angiography and compact lipiodol uptake after treatment with regression of tumor marker elevation; d) nodule-innodule appearance on imaging; or e) tumor in vein (TIV) with arterial phase hyperenhancement and portal washout. We considered LR-4 and -5 as HCCs as most participants had a history of HCC, and probable HCC (LR-4) often requires action for potential treatment.

Dysplastic nodules were defined as non-hypervascular hypoattenuating nodules at CT which remained stable on follow-up images. Nodules are also categorized as dysplastic nodules if they were non-hypervascular, hepatobiliary hypointense MRI without diffusion restriction or T2 hyperintense and were stable on follow-up images (1-3).

Regenerative nodules were defined as when nodules showed hyperintensity on the hepatobiliary phase which remained stable in size on follow-up images for more than six months (1-3).

Hemangiomas were clinically diagnosed based on its characteristic features including bright intensity on T2-weighted imaging and the peripheral nodular enhancement pattern on CECT or dynamic MRI (4), as well as no significant interval change during follow-up. Lesions treated via a method other than lipiodol were checked using their electronic medical record and prior imaging before treatment. Focal fat deposition was clinically diagnosed based on in-and opposed phases of MRI which showed a signal drop on the opposed phase.

### 2. Sample size determination

According to the study (5), the average lesion conspicuity score was  $3.31 \pm 0.46$  on standard-dose FBP images and  $3.86 \pm 0.32$  on double low-dose 50 keV images. Assuming a type I error of 0.05, type II error of 0.2, and 1:1 recruitment ratio of the two groups, each group required a minimum of eleven HCCs.

The positive predictive value of ultrasound-detected nodules ranged between 16.9 % to 69 % (6, 7), and the cumulative risk of HCC progression after locoregional therapy has been reported to range from 20 % to 50 % during the first 12 months (8, 9). Assuming that the prevalence of HCC would be 40 % in each group, the minimum number of patients was determined to be 28 in each group. The final sample size was determined to be 68 considering a 20 % dropout rate (34 in each group).

## 3. Focal liver lesions in the study participants

*Focal liver lesions in each group*— In the standard-dose group, there were 61 HCCs (mean size 14.9  $\pm$  7.4 mm, range 6 – 49 mm), 32 dysplastic nodules (mean size 14.5  $\pm$  5.7 mm, range 5 – 33 mm), two hemangiomas (8 mm, 10 mm), two treated lesions (n=10 mm, 12 mm), one regenerative nodule (29 mm), and one focal fat deposition (13 mm). In the double low-dose group, there were 46 HCCs (mean size 15.2  $\pm$  12.7 mm, range 5 – 90 mm), 19 dysplastic nodules (mean size 14.5  $\pm$  9 mm, range 6 – 40 mm), four hemangiomas (mean size 15.5  $\pm$  3.7 mm, range 11 – 20 mm), one metastasis (60 mm), one

adenocarcinoma (24 mm), and one regenerative nodule (13 mm). No significant size difference was observed in all lesions (14.7 ± 6.8 mm in the standard-dose group,  $15.8 \pm 12.3$  mm in the double low-dose group, P = 0.43) and HCCs (14.9 ± 7.4 mm in the standard-dose group,  $15.2 \pm 12.6$  mm in the double low-dose group, P = 0.84) between the two groups.

*Lesion characterization*— Metastasis from a brain tumor (n = 1) and adenocarcinoma (n = 1) were diagnosed pathologically. One hundred and seven HCCs were diagnosed pathologically (n = 8) or clinically (n = 99): LR-4 or -5 at follow-up MRI within 3 months (n = 27), LR-4 or LR-5 at CT with either tumor staining on follow-up TACE (mean interval,  $20.7 \pm 11.8$  days after CT) (n = 63), tumor staining on angiography with compact lipiodol uptake and tumor marker decrease (n = 1), and progression on follow-up images during chemotherapy (n = 8). There were 62 benign lesions including hemangiomas (n = 6), regenerative nodules (n = 2), dysplastic nodules (n = 51), focal fat deposition (n = 1), and treated lesions (n = 2). For the diagnosis of benign lesions, the aforementioned imaging features and stability in size and imaging features during follow-up were used. The average follow-up interval was  $8.8 \pm 3.3$  months (range, 5.2 - 17.9 months) in those lesions.

*Lesion detection*— The reference standard for lesion detection was contrast-enhanced CT using 120 kVp (n = 46) followed by MRI using gadoxetic acid (n = 19) or extracellular contrast media (n = 2). There was no significant difference of follow-up modality between the two groups: CT (n = 27) and MRI (n = 8) in double low-dose group and CT (n = 19) and MRI (n = 13) in standard-dose group (*P* = 0.19). The median interval between spectral CT and the reference standard examination was 46 days (6 – 128 days) in participants with LR-3, -4, -5 or -M. For the 12 participants with definite or probable benign lesions only (n = 6) or no detectable lesions (n = 6), the median interval was 109.5 days (range: 21 – 500 days).

## 4. Readers' agreement for qualitative image analysis

Intraclass coefficients (ICCs) of image noise were 0.60 (95 % CI: 0.42 - 0.74) and 0.60 (95 % CI: 0.41 - 0.73) on arterial and portal venous phases, respectively. As for image contrast, ICCs were 0.87 (95 % CI: 0.82 - 0.92) and 0.87 (95 % CI: 0.81 - 0.91) on arterial and portal venous phases, respectively. ICCs of image quality were 0.80 (95 % CI: 0.71 - 0.87) on the arterial phase and 0.73 (95 % CI: 0.61 - 0.82) on the portal venous phase. ICCs were obtained based on an average-rating (k = 4), consistency, two-way model.

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# Table S1. Scoring scale for qualitative image analyses

| Items                 | Score | Scoring system   |
|-----------------------|-------|--|
| Image noise           | 1-5   | Score 1, undiagnostic;     Score 2, significant image noise affecting diagnostic confidence;     Score 3, diagnostically acceptable but noticeable image quality decrease;     Score 4, mild image noise and no or mild image quality decrease     Score 5, no definite image noise, similar to model-based iterative reconstruction |
| Image contrast        | 1-5   | Score 1, substantial lack of contrast similar to non-contrast CT or nephrogenic phase<br>Score 2, poor contrast<br>Score 3, average contrast<br>Score 4, good contrast<br>Score 5, very strong contrast of the images  |
| Overall image quality | 1-5   | Score 1, undiagnostic<br>Score 2, poorer than average but does not require re-examination<br>Score 3, average<br>Score 4, better than average<br>Score 5, excellent  |

# Table S2. Qualitative image analysis between iDose and 50 keV in all participants

| Arterial phase |        |                 | Portal venous phase |        |                 |
|----------------|--------|-----------------|---------------------|--------|-----------------|
| iDose          | 50 keV | <i>P</i> -value | iDose               | 50 keV | <i>P</i> -value |

All (n = 67)

| Image noise   | $3.3 \pm 0.4 (2.3 - 4.3)$    | 4.3 ± 0.5 (3.3 – 5.0)        | < 0.001 | $3.4 \pm 0.4 \ (2.3 - 4.3)$ | $4.3 \pm 0.4 \; (3.3 - 5.0)$ | < 0.001 |
|---------------|------------------------------|------------------------------|---------|-----------------------------|------------------------------|---------|
|               |                              |                              |         |                             |                              |         |
| Contrast      | $2.9 \pm 0.5 \; (2.0 - 4.0)$ | $4.5 \pm 0.6 \; (2.5 - 5.0)$ | < 0.001 | $3.2 \pm 0.5 \ (2.0 - 4.3)$ | $4.8\pm 0.3\;(3.8-5.0)$      | < 0.001 |
|               |                              |                              |         |                             |                              |         |
| Image quality | $3.0 \pm 0.5 \ (2.0 - 4.0)$  | $4.2 \pm 0.5 \ (3.0 - 5.0)$  | < 0.001 | $3.1 \pm 0.5 \ (2.0 - 4.3)$ | $4.4 \pm 0.4 \; (3.3 - 5.0)$ | < 0.001 |
|               |                              |                              |         |                             |                              |         |
|               |                              |                              |         |                             |                              |         |

Participants with BMI (< 25, n = 43)

| Image noise   | $3.3 \pm 0.4 \ (2.3 - 3.8)$ | $4.3 \pm 0.5 \; (3.3 - 5.0)$ | < 0.001 | $3.4 \pm 0.4 \ (2.5 - 4.3)$ | $4.5 \pm 0.6 \ (3.3 - 5.0)$  | < 0.001 |
|---------------|-----------------------------|------------------------------|---------|-----------------------------|------------------------------|---------|
|               |                             |                              |         |                             |                              |         |
| Contrast      | $3.0 \pm 0.5 \ (2.0 - 4.0)$ | $4.5 \pm 0.6 \; (2.5 - 5.0)$ | < 0.001 | $3.3 \pm 0.5 \ (2.3 - 4.3)$ | $4.8 \pm 0.3 \; (3.8 - 5.0)$ | < 0.001 |
|               |                             |                              |         |                             |                              |         |
| Image quality | $3.0 \pm 0.5 \ (2.0 - 4.0)$ | $4.3 \pm 0.5 \; (3.0 - 5.0)$ | < 0.001 | $3.2 \pm 0.5 \ (2.3 - 4.3)$ | $4.4 \pm 0.4 \; (3.5 - 5.0)$ | < 0.001 |
|               |                             |                              |         |                             |                              |         |

Participants with BMI ( $\geq 25$ , n = 24)

| Image noise | $3.3 \pm 0.3 \ (2.3 - 4.0)$ | $4.2 \pm 0.5 \; (3.3 - 5.0)$ | < 0.001 | $3.4 \pm 0.3 \ (2.3 - 4.0)$ | $4.3 \pm 0.4 \; (3.3 - 5.0)$ | < 0.001 |
|-------------|-----------------------------|------------------------------|---------|-----------------------------|------------------------------|---------|
|             |                             |                              |         |                             |                              |         |

| Contrast      | $2.8 \pm 0.5 \ (2.0 - 3.8)$ | 4.3 ± 0.6 (3.0 – 5.0) | <0.001 | 3.1 ± 0.4 (2.0 – 3.8) | 4.8 ± 0.3 (3.0 – 5.0) | <0.001 |
|---------------|-----------------------------|-----------------------|--------|-----------------------|-----------------------|--------|
| Image quality | 2.9 ± 0.5 (2.0 – 3.8)       | 4.1 ± 0.5 (3.3 – 5.0) | <0.001 | 3.1 ± 0.5 (2.0 – 4.0) | 4.4 ± 0.4 (3.3 – 5.0) | <0.001 |

Standard-dose group (n = 32)

| Image noise   | $3.6 \pm 0.3 \ (2.8 - 4.1)$ | 4.6 ± 0.3 (3.8 – 5.0) | <0.001 | 3.7 ± 0.3 (3.0 – 4.3) | 4.7 ± 0.3 (3.8 – 5.0) | <0.001 |
|---------------|-----------------------------|-----------------------|--------|-----------------------|-----------------------|--------|
| Contrast      | 3.2 ± 0.5 (2.3 – 4.0)       | 4.6 ± 0.5 (3.3 – 5.0) | <0.001 | 3.6 ± 0.3 (3.0 – 4.3) | 4.9 ± 0.1 (4.5 – 5.0) | <0.001 |
| Image quality | 3.3 ± 0.5 (2.5 – 4.0)       | 4.5 ± 0.4 (2.5 – 4.3) | <0.001 | 3.5 ± 0.4 (3.0 – 4.3) | 4.6 ± 0.3 (4.0 – 5.0) | <0.001 |

**Double low-dose group** (n = 35)

| Image noise   | 3.1 ± 0.3 (2.3 – 3.8)        | $4.0 \pm 0.3 \ (3.3 - 4.8)$  | < 0.001 | 3.1 ± 0.3 (2.3 – 3.8)        | 4.1 ± 0.3 (3.3 – 4.8)        | < 0.001 |
|---------------|------------------------------|------------------------------|---------|------------------------------|------------------------------|---------|
|               |                              |                              |         |                              |                              |         |
| Contrast      | $2.7 \pm 0.5 \; (2.0 - 3.8)$ | $4.3 \pm 0.7 \; (2.5 - 5.0)$ | < 0.001 | $2.9 \pm 0.5 \; (2.0 - 3.8)$ | $4.7 \pm 0.3 \; (3.8 - 5.0)$ | < 0.001 |
|               |                              |                              |         |                              |                              |         |
| Image quality | $2.7 \pm 0.4 \ (2.0 - 3.5)$  | $4.0 \pm 0.5 \; (3.0 - 4.8)$ | < 0.001 | $2.8 \pm 0.4 \ (2.0 - 3.8)$  | $4.2 \pm 0.4 (3.3 - 4.8)$    | < 0.001 |
|               |                              |                              |         |                              |                              |         |

Note—. Values are mean  $\pm$  standard deviation (range). BMI = body mass index. A *P*-value < 0.05 indicates a significant difference between iDose and 50

keV images.

|   | iDose              | 50 keV             | D;ff (05.9/ CI)    | D voluo |
|---|--------------------|--------------------|--------------------|---------|
|   | Estimate (95 % CI) | Estimate (95 % CI) |                    | 1-value |
| Arterial phase                          | I                  |                    |                    |         |
| All lesions                             | 1.93 (1.74 – 2.11) | 2.52 (2.23 - 2.82) | 0.60 (0.43 - 0.76) | < 0.001 |
| Lesion size                             |                    |                    |                    |         |
| < 20 mm (n = 142)                       | 1.74 (1.57 – 1.91) | 2.32 (2.03 - 2.60) | 0.58 (0.40 - 0.76) | < 0.001 |
| $\geq 20 \text{ mm} (n = 29)$           | 2.84 (2.33 - 3.36) | 3.52 (2.93 - 4.10) | 0.67 (0.37 - 0.98) | < 0.001 |
| BMI*                                    |                    |                    |                    |         |
| < 25 (n = 38, 100 lesions)              | 1.98 (1.71 – 2.25) | 2.55 (2.12 - 2.97) | 0.57 (0.35 - 0.78) | < 0.001 |
| $\geq$ 25 (n = 22, 71 lesions)          | 1.85 (1.57 – 2.12) | 2.49 (2.10 - 2.88) | 0.64 (0.37 - 0.91) | < 0.001 |
| Protocol†                               |                    |                    |                    |         |
| Standard-dose ( $n = 29, 99$ lesions)   | 2.02 (1.73 - 2.30) | 2.45 (2.00 - 2.89) | 0.43 (0.24 - 0.62) | < 0.001 |
| Double low-dose ( $n = 31, 72$ lesions) | 1.80 (1.58 – 2.02) | 2.62 (2.31 - 2.93) | 0.82 (0.59 - 1.05) | < 0.001 |
| Portal venous phase                     |                    |                    |                    |         |
| All lesions                             | 1.83 (1.67 – 1.99) | 2.35 (2.16 - 2.55) | 0.52 (0.42 - 0.63) | < 0.001 |
| Lesion size                             |                    |                    |                    |         |
| < 20 mm (n = 142)                       | 1.65 (1.52 – 1.78) | 2.12 (1.94 - 2.30) | 0.47 (0.35 - 0.60) | < 0.001 |
| $\geq 20 \text{ mm} (n = 29)$           | 2.72 (2.26 - 3.17) | 3.48 (3.13 - 3.84) | 0.77 (0.50 - 1.04) | < 0.001 |
| BMI*                                    |                    |                    |                    |         |
|   | 10                 | 1                  | I                  | I       |

# Table S3. Comparison of lesion conspicuity between iDose and 50 keV in all participants

| < 25 (n = 38, 100 lesions)              | 1.93 (1.69 – 2.17) | 2.46 (2.20 – 2.72) | 0.53 (0.39 - 0.67) | < 0.001 |
|---|--------------------|--------------------|--------------------|---------|
| $\geq$ 25 (n = 22, 71 lesions)          | 1.69 (1.45 – 1.93) | 2.20 (1.89 – 2.52) | 0.51 (0.35 – 0.67) | < 0.001 |
| Protocol†                               |                    |                    |                    |         |
| Standard-dose ( $n = 29, 99$ lesions)   | 1.88 (1.67 – 2.10) | 2.32 (2.06 - 2.59) | 0.44 (0.33 – 0.56) | <0.001  |
| Double low-dose ( $n = 31, 72$ lesions) | 1.76 (1.5002)      | 2.39 (2.11 – 2.67) | 0.63 (0.44 - 0.82) | < 0.001 |

Note—. BMI = body mass index. \*: Seven participants (five with BMIs  $\leq 25$  and two with BMIs > 25) without focal lesions were excluded from lesion conspicuity analysis. †: Seven participants (three in standard-dose group and four in double low-dose group) without focal lesions were excluded from lesion conspicuity analysis. A *P*-value < 0.05 indicates a significant difference between iDose and 50 keV images.

|   | Figure of me       | rit (95 % CI)      | Diff (95 % CI)      | <i>P</i> -value |
|---|--------------------|--------------------|---------------------|-----------------|
|   | iDose              | 50 keV             |                     | 1 - value       |
| All lesions                             | 0.74 (0.67 – 0.81) | 0.81 (0.71 – 0.90) | 0.07 (0.03 – 0.1)   | 0.001           |
| Lesion size                             |                    |                    |                     |                 |
| < 20 mm (n = 142)                       | 0.64 (0.58 – 0.69) | 0.68 (0.59 – 0.77) | 0.04 (-0.01 – 0.09) | 0.07            |
| $\geq$ 20 mm (n = 29)                   | 0.60 (0.55 - 0.65) | 0.62 (0.57 – 0.66) | 0.02 (-0.01 – 0.04) | 0.1             |
| BMI*                                    |                    |                    |                     |                 |
| < 25 (n = 38, 100 lesions)              | 0.69 (0.62 - 0.76) | 0.71 (0.64 – 0.78) | 0.02 (-0.01 – 0.05) | 0.16            |
| $\geq$ 25 (n = 22, 71 lesions)          | 0.55 (0.51 – 0.58) | 0.59 (0.55 – 0.63) | 0.04 (0.02 – 0.07)  | 0.003           |
| Protocol†                               |                    |                    |                     |                 |
| Standard-dose ( $n = 29, 99$ lesions)   | 0.63 (0.57 – 0.68) | 0.64 (0.59 – 0.70) | 0.02 (-0.01 – 0.04) | 0.1             |
| Double low-dose ( $n = 31, 72$ lesions) | 0.61 (0.56 - 0.66) | 0.65 (0.60 - 0.70) | 0.04 (0.01 – 0.07)  | 0.007           |

Table S4. Comparison of focal liver lesion detection rates between iDose and 50 keV in all participants

Note—. \*: Seven participants (five with a BMI < 25 and two with a BMI  $\ge$  25) without focal lesions were excluded from lesion conspicuity analysis. †Seven participants (three in the standard-dose group and four in the double low-dose group) without focal lesions were excluded. A *P*-value < 0.05 indicates a statistically significant difference between iDose and 50 keV images.