Supplemental Table 1. Types of dietary supplements used by individuals with PD

Dietary Supplement	Overall Use N (%)
Taurine	2 (1.2)
Red Rice Yeast	2 (1.2)
Quercetin/Bromelain	2 (1.2)
Pyrroloquinoline Quinone (PQQ)	2 (1.2)
Lysine	2 (1.2)
Lutein	2 (1.2)
L-Carnitine	2 (1.2)
Green Tea Extract	2 (1.2)
Ginger (root)	2 (1.2)
Garlic	2 (1.2)
Fiber	2 (1.2)
DHEA	2 (1.2)
D-ribose	2 (1.2)
Astaxanthin	2 (1.2)
Alpha Lipoic Acid	2 (1.2)
5-Hydroxytryptophan (5-HTP)	2 (1.2)
Tryptophan	1 (0.06)
Trans-Resveratrol	1 (0.06)
Theanine	1 (0.06)
Sodium Bicarbonate	1 (0.06)
Serrapeptase	1 (0.06)
S-Adenosyl Methionine	1 (0.06)
Rupturewort	1 (0.06)
Rhodiola	1 (0.06)
Restore Gold	1 (0.06)
Pumpkin Seed Oil	1 (0.06)
Protandim	1 (0.06)
Osha Root	1 (0.06)
Oregon grape	1 (0.06)
Nutritional Yeast	1 (0.06)
Longan berry	1 (0.06)
L-Serine	1 (0.06)
Juniper berry	1 (0.06)
Huperzine A	1 (0.06)

Horsetail	1 (0.06)
Glutamine	1 (0.06)
Glucosamine	1 (0.06)
Ginko Biloba	1 (0.06)
Formula 303	1 (0.06)
Flaxseed Oil	1 (0.06)
Elderberry	1 (0.06)
Cysta Q	1 (0.06)
Cranberry	1 (0.06)
Collagen	1 (0.06)
Caprylic Acid Oil	1 (0.06)
Calcium D-Glucarate	1 (0.06)
Caffeine	1 (0.06)
Boswellin	1 (0.06)
Beta-carotene	1 (0.06)
Berberine	1 (0.06)
Avena Sativa	1 (0.06)
Astragalus	1 (0.06)
Ashwagandha	1 (0.06)
Arginine	1 (0.06)
ARED2	1 (0.06)
Amino Acids	1 (0.06)
Activated Charcoal	1 (0.06)

PD, Parkinson's disease