

Example of a School's Alternate PE Plan

The following section will describe the way(s) in which the staff at [School Name] will supplement the insufficient amount of Physical Education instruction based on WV Code 18-2-7a. (Check all that apply)

Classroom teachers implement additional physical education and physical activity by teaching students gross motor games, incorporating movement into daily school day and curricular areas. **Y**

Classroom teachers collaborate and work under the guidance of our certified PE teacher to provide physical activities to address WV Wellness Standards / Physical Education standards and ensure physical activities are developmentally appropriate. **N**

Classroom teachers implement additional physical education and physical activity by using resources from the following online sites: **Y**

Active Academics **Y**

Alliance for a Healthier Generation **N**

Fuel Up to Play 60 **N**

Go Noodle **Y**

P.E. Central **N**

Others

Let's Move activities in the classroom 4th grade students walk daily from 7:30-8:00 (Monday thru Thursday). Other movement weekly through our music program.

Our music program also incorporates movement, dance, and rhythm movements into the curriculum and the music teacher collaborates with the PE teacher to address WV Wellness Standards. Y

The following section will describe other ways in which the staff will supplement the insufficient amount of Physical Education instruction:

Morning movement period in the gym where structured dances are led, and other times physical activity stations are set up. N

Our students use the walking / jogging trail. Y

Our school has a walking / jogging program. N

Our school utilizes the Alliance for a Healthier Generation Indoor Fitness Trail when classes are traveling throughout the school. N

Our school offers intramural programming to all students. N

Classroom teachers utilize energizers and physical activity brain boosts. Y

Other(s)