Often, caregivers of people living with aphasia are partnered, or in an intimate relationship, with the person they help. **Being a caregiver can possibly affect:**

* The role of each person in the relationship
* The amount of time, energy, and desire someone has for intimate activities
* The sexual relationship
* Conversations about how intimacy may have changed/be changing
* The spontaneity of sexual activity and intimate moments
* The need for additional planning to set up the environment or time of day to have an intimate moment with your loved one

Provided below are a list of resources that can be provided to help couples address issues of emotional and sexual intimacy

**BOOKS:**

* **When your spouse has a stroke: Caring for your partner, yourself, and your relationship.** Baltimore, MD: Johns Hopkins University Press. Palmer, Sara , & Palmer, Jeffrey B. (2011). <https://jhupbooks.press.jhu.edu/content/when-your-spouse-has-stroke>
* **The Ultimate Guide to Sex and Disability: For all of us who live with disabilities, chronic pain, and illness** by M. Kaufman <http://www.amazon.com/The-Ultimate-Guide-Sex-Disability/dp/1573443042>

**HEALTH AND AGING: SEXUALITY LATER IN LIFE:**

* <https://www.nia.nih.gov/health/publication/sexuality-later-life#safe>
* <http://www.helpguide.org/articles/aging-well/better-sex-as-you-age.htm>

**INTIMACY INFORMATION**

* **What does a sex therapist do?** <http://www.webmd.com/sex-relationships/features/what-does-sex-therapist-do>
* **Center for sexual pleasure & health: (401) 489-5513 (**resources, articles, some LGBTQ) <http://www.thecsph.org/the-csph-resources/web-resources/sex-and/sex-and-disability/>
* **Sex and Intimacy after Stroke:** <http://strokeconnection.strokeassociation.org/Mar-Apr-2009/Sex-and-Intimacy-after-Stroke/>

**SEXUAL INTIMACY**

* **US Health News: Guide to sex toy safety** <http://health.usnews.com/health-news/health-wellness/articles/2014/03/27/a-guide-to-sex-toy-safety>
* **About Relationships** (checklist for determining which toy is right for you) <http://sexuality.about.com/od/adaptingsextoystips/a/sex_toy_access.htm>
* **The Sinclair Institute:** Features sexually explicit instructional videos in which sexuality experts discuss various sexual practices then partnered couples demonstrate those practices. <http://www.sinclairinstitute.com/>