

Engagement Questions (On-topic Icebreakers): do you have a successful aging role model? / do you know any older people that you believe is aging successfully?

Focus Questions

Have you heard of the idea of successful aging before? If so, how/where?

What does successful aging mean to you?

What does it mean to age successfully with ESRD?

- How do you think being on dialysis compares to not starting dialysis in terms of how someone can age successfully?
- How do you think the different types of dialysis (hemodialysis, peritoneal dialysis, home hemodialysis) compare in terms of how someone can age successfully?
- How do you think dialysis and transplantation compare in terms of how someone can age successfully?

Do you think you are aging successfully? Why or why not?

What helps you age successfully?

What makes it hard for you to age successfully?

Has your idea of what your old age would be like changed since you were diagnosed with ESRD? If so, how? How did that make you feel? What did you do about it?

Has your idea of independence changed since you were diagnosed with ESRD? If so, how? How did that make you feel? What did you do about it?

Do you feel like you have support from your social network (family, friends, community)? How does that affect your idea of successful aging? How does that affect your ability to age successfully?

Exit Question

Today we've talked about aging successfully with ESRD. Is there anything else you'd like us to know about this topic?