COVID-19 AND SOLID ORGAN TRANSPLANTATION: A REVIEW ARTICLE



Clinical presentation

- SARS-CoV-2 causes a unique and inappropriate inflammatory response leading to Cytokine Storm
- Solid organ transplant recipients with COVID-19 are more likely to have:
- multiple comorbidities,
- to be hospitalized,
- to be admitted to the ICU
- to develop acute kidney injury





Mortality

- Mortality rates reported between 13 to over 30% in solid organ transplant recipients
- Risk factors associated with mortality:
 - Older age
 - Increased inflammatory markers
- Transplant activity during pandemic should be tailored with careful selection of both donor and recipients

Treatment

- Supportive care remains a mainstay of treatment
- Remdesivir and high dose steroids have shown some efficacy in patients requiring oxygen supplementation



Azzi et al. Transplantation. January 2021



