Supplemental Materials

Supplementary Tables A1 – A5 show the breakdown of survey respondents, based on how they describe themselves, and based on their demographic characteristics. Nearly 70% of respondents had relapsing-remitting MS; secondary-progressive MS was the second most common type of MS among the survey respondents (16.9%). The average duration of MS since the first symptoms was 19.8 years, ranging from 0 to 61 years. More than 50% of PwMS reported that they had received care from a primary caregiver (PC) in 2019, and nearly 19% of PwMS additionally received unpaid care from a secondary caregiver (SC). About 50% of PwMS were between age 45 and 64, 74% were females, and 87% were White or Caucasian.

Which of the following <u>best describes you</u> (the person who is responding	Freq.	Percen
to the survey)?		t
A person with MS	869	91.6
A family caregiver for someone who has MS	58	6.1
A paid caregiver for someone who has MS	1	0.1
A family member of someone who has MS, but not a direct caregiver (e.g., family member who is not responsible for organizing/providing day-to-day care)	18	1.9
A close friend to someone who has MS, but not a caregiver	0	0
Sub-total	946	
Do not have MS, no one in the family had MS, and do not know anyone with MS	3	0.3
Total number of respondents	949	100

Table A1. Sample breakdown by respondents' self-description from the survey

Source: Primary data collected through the MS Impact Survey.

Table A2. Sample breakdown by type of MS

	Unweig	hted	Weighted		
	Frequency	Percent	Frequency	Percent	
Total	946	100.0	965,184	100.0	
Relapsing-Remitting MS (RRMS)	676	71.5	667,366	69.1	
Primary-Progressive MS (PPMS)	93	9.8	100,806	10.4	

	Unweig	hted	Weighted		
	Frequency	Percent	Frequency	Percent	
Secondary-Progressive MS (SPMS)	146	15.4	163,108	16.9	
Clinically Isolated Syndrome (CIS)	6	0.6	7,225	0.7	
Other	8	0.8	9,043	0.9	
Do not know	17	1.8	17,636	1.8	

Source: Primary data collected through the MS Impact Survey.

Table A3. Disease duration	since first symptom and	l since diagnosis for MS patients

	Unwe	eighted	Weigh	ted			
	Frequency	Percent	Frequency	Percent			
	Duration since the first symptom						
Less than 5 years	102	10.8	94,106	9.8			
5-9 years	133	14.1	123,519	12.8			
10-14 years	159	16.8	153,574	15.9			
15 - 19 years	148	15.6	146,981	15.2			
20 years or more	404	42.7	447,003	46.3			
Total	946	100	965,184	100			
Mean (No. of Years)	1	8.7	19.8				
	Duration	n since diagnosis	5				
Less than 5 years	187	19.8	174,801	18.1			
5-9 years	189	20.0	180,373	18.7			
10-14 years	179	18.9	177,973	18.4			
15 - 19 years	142	15.0	148,467	15.4			
20 years or more	249	26.3	283,569	29.4			
Total	946	100	965,184	100			
Mean (No. of Years)	13.6 14.4						

Source: Primary data collected through the Survey.

Table A4. Percentage of MS	natients who recei	ved unnaid care f	rom a caregiver in 2019
Table A4. Tercentage of MS	patients who recei	veu unpaiù care i	Tom a caregiver in 2019

		Unwei	ighted	Weigh	ted
		Frequency	Percent	Frequency	Percent
Dessived Core from a	Total	946	100	965,184	100
Received Care from a Primary Caregiver (PC)	Yes	506	53.5	522,371	54.1
rilliary Calegiver (FC)	No	440	46.5	442,813	45.9
Received Care from a	Total	946	100	965,184	100
Secondary Caregiver	Yes	178	18.8	179,485	18.6
(SC)	No	768	81.2	785,699	81.4

			U	nweighte	d	-	Weighted	
			MS	PC	SC	MS	PC	SC
All			946	506	178	965,184	522,371	179,485
	<45	Ν	294	118	84	255,841	107,929	83,046
	<43	%	31.1	23.3	47.2	26.5	20.7	46.3
	15 61	Ν	492	255	54	483,595	250,899	55,153
1 00	45-64 Age 65-74	%	52.0	50.4	30.3	50.1	48.0	30.7
Age		N	139	109	23	177,359	127,274	23,703
	03-74	%	14.7	21.5	12.9	18.4	24.4	13.2
	≥75	Ν	21	24	17	48,389	36,269	17,583
	215	%	2.2	4.7	9.6	5.0	7.0	9.8
	Female	Ν	733	169	110	718,195	186,162	108,649
	Temale	%	77.5	33.4	61.8	74.4	35.6	60.5
Gender	Male	Ν	207	332	62	246,989	334,321	65,171
Genuer	whate	%	21.9	65.6	34.8	25.6	64.0	36.3
	Prefer not to	Ν	6	5	6	0	1,888	5,665
	say	%	0.6	1.0	3.4	0.0	0.4	3.2
	American	Ν	6	2	1	5,751	2,245	1,301
	Indian or Alaska Native	%	0.6	0.4	0.6	0.6	0.4	0.7
	Asian	Ν	5	6	0	4,646	6,380	0
	Asian	%	0.5	1.2	0.0	0.5	1.2	0.0
	Black or	Ν	72	30	18	68,641	28,248	16,811
	African American	%	7.6	5.9	10.1	7.1	5.4	9.4
	Multi-racial	N	19	13	8	17,956	12,212	7,344
Race /	With-Iaciai	%	2.0	2.6	4.5	1.9	2.3	4.1
Ethnicity	y Native Hawaiian or Other Pacific Islander White or	N	2	0	0	1,888	0	0
		%	0.2	0.0	0.0	0.2	0.0	0.0
		N	809	433	144	836,780	453,686	147,199
	Caucasian	%	85.5	85.6	80.9	86.7	86.9	82.0
	Other	N	17	12	4	17,661	11,739	3,998
		%	1.8	2.4	2.3	1.8	2.3	2.2
	Prefer not to	N	16	10	3	11,860	7,861	2,832
	say	%	1.7	2.0	1.7	1.2	1.5	1.6

Table A5. Demographic characteristics of the MS patients and unpaid caregivers

Source: Primary data collected through the Survey. MS: MS Patients. PC: Primary caregivers. SC: Secondary caregivers.

		% of MS patients	DMT cost		
Gender	Age	who use DMT	Per-user of DMT	Per-person with MS	
	18-44	47.3%	\$57,202	\$30,561	
Female	45-64	54.9%	\$66,139	\$39,569	
	≥65	40.0%	\$79,650	\$31,837	
	18-44	51.3%	\$61,859	\$36,196	
Male	45-64	54.9%	\$68,240	\$40,301	
	≥65	21.1%	\$92,719	\$19,536	

Table A6. Percent of MS patients treated with DMT and per capita DMT cost (in 2019)

Source: Lewin analyses of MS prevalence combined with direct medical cost estimates using 2017-2019 dNHI claims**Error! Bookmark not defined.**, 2017-2019 Medicare 5% sample claims^{Error! Bookmark not defined.}, and the 2018 Medicare Current Beneficiary Survey^{Error! Bookmark not} defined. DMT: disease-modifying therapies.

Supplementary Materials Survey Questionnaire "Economic Impact of Multiple Sclerosis: Survey Instrument"

August 20, 2020

Economic Impact of Multiple Sclerosis Survey

Funded by The National Multiple Sclerosis Society

Survey Overview

Multiple Sclerosis can significantly impact people living with the disease and their families both financially and socially. To better understand these impacts, The National Multiple Sclerosis Society (NMSS) has partnered with the Lewin Group to develop this survey. Your answers will help us better understand the economic impact of Multiple Sclerosis. These impacts are important considerations in healthcare decision-making that could affect patients' access to medicines or other healthcare services. The results of this survey will be used in discussions with policymakers to advocate for policies to improve the lives of people with Multiple Sclerosis and their families.

Please note that participation in this survey is voluntary.

You should take this survey if:

- You or someone in your family has Multiple Sclerosis,
- You are familiar with your family's finances, and
- You know your family's Multiple Sclerosis-related health care needs.

Please fill out only one survey per family. You can ask family members to help answer questions. You may also find it helpful to have other documents handy when completing this survey, such as your 2019 tax returns, insurance statements, and medical bills.

The survey has a total of 32 questions and should take about thirty-five (35) minutes to complete. You can take the survey any time before [month day, 2020]. Please try your best to answer all of the questions. If you are not sure about a question, your best estimate is fine. Please note:

- There are minimal foreseeable risks or discomforts to the survey participant.
- Survey responses will be anonymous and de-identified per HIPAA requirements and all data will be stored securely.
- Your answers will be included along with answers from other participants and will only be shared with qualified researchers; survey results will only be published as group statistics.
- By completing this survey, you are giving your consent for your de-identified information to be used for research.

The survey is formatted to best fit a computer screen so please complete the survey from a computer if possible. While you can leave in the middle of the survey and return at the place you left off, we highly encourage completing the survey in one sitting. If you do leave the survey before completing it, you can return to where you have left off using the same survey link, computer, and browser. If you have questions about the survey, please email the National Multiple Sclerosis Society team at **MSEconomicImpact@nmss.org**.

Please answer this survey based on your typical family situation in calendar year 2019 as we are interested in experiences that reflect a full year. Please DO NOT account for any impact COVID-19 might have had on your situation.

Thank you for taking part in this important survey!

Section A: Health Status

This section asks about the health of the person in your family with Multiple Sclerosis (MS), including their diagnosis history and current symptoms.

<u>Please note: If the Person with MS in your family is no longer living, please answer the</u> <u>questions as best you can based on your knowledge of his/her experience with MS during the</u> <u>last year of life. If there is more than one person with MS in the family, please provide</u> <u>answers for the person who has had MS for the longest period of time.</u>

- 1. Which of the following **best describes you** (the person who is responding to this survey)?
 - \Box A person with MS
 - \Box A family caregiver for someone who has MS
 - \Box A paid caregiver for someone who has MS
 - □ A family member of someone who has MS, but not a direct caregiver (e.g., family member who is not responsible for organizing/providing day-to-day care)
 - \Box A close friend to someone who has MS, but not a caregiver
 - $\hfill\square$ Do not have MS, no one in the family had MS, and do not know anyone with MS

- 2. How many family members in your household have MS?
 - □ One
 - □ Two
 - □ Three
 - \Box Four or more

If answers to Q2 are "Two", "Three", or "Four or more", then display: `For the rest of the survey, please answer based on the experience and care needs of the person who has had MS for the longest period of time'

3. If the Person with MS has passed away, please tell us when they passed away. *Please enter in MM YYYY format. For Month, logic requires number entry between 1 and 12; for Year, logic requires number entry between 1920 and 2020. Leave blank if not applicable.*

Month_____Year____

4. In which year did the Person with MS begin experiencing their first symptoms of MS? If you do not know the exact year, please provide your best estimate. *Please enter in YYYY format. Logic requires number entry between 1920 and 2020.*

5. In which year did the Person with MS receive a confirmed diagnosis of MS? If you do not know the exact year, please provide your best estimate. *Please enter in YYYY format. Logic requires number entry between 1920 and 2020.*

6. Which of the following best describes the type of MS the Person with MS is/was living with?

- □ Relapsing-Remitting MS (RRMS)
- □ Primary-Progressive MS (PPMS)
- □ Secondary-Progressive MS (SPMS)
- □ Clinically Isolated Syndrome (CIS)
- \Box Other
- \Box Do not know

6a. If the Person with MS was diagnosed with an "Other" subtype not listed in Q6, please provide the subtype below.

- □ Depression
- \Box Anxiety
- □ Hypertension (high blood pressure)
- □ Hyperlipidemia (high cholesterol)
- □ Fibromyalgia

^{7.} Was the Person with MS ever diagnosed with any of the **conditions** below? *Check all that apply*.

- \Box Chronic lung disease
- □ Epilepsy
- □ Bipolar Disorder
- □ Irritable bowel syndrome (IBS)
- □ Inflammatory bowel disease
- \Box Psoriasis
- \Box Ischemic heart disease
- \Box Diabetes
- \Box Gastrointestinal diseases
- \Box Thyroid diseases
- \Box Arthritis
- \Box Other
- \Box None of the above

7a. If the Person with MS was diagnosed with "Other" condition(s) not listed in Q7, what additional condition(s) does the Person with MS have? Please enter the names of all conditions, separating each condition with a comma (e.g., condition1, condition2).

8. Is the Person with MS limited in his or her ability to complete any of the following activities on a typical day? Please check ONLY ONE answer for each activity.

	Able to do	Some limitations	Significant limitations	Completel y unable	Not applicable or do not know
Learning					
Remembering					
Concentrating					
Speaking					
Using a smartphone or a tablet					
Using a laptop or computer					
Eating independently					
Bathing or showering					
Using the toilet					
Getting in or out of bed					
Getting out of chairs					
Going up and down the stairs					
Walking independently					
Balancing					
Controlling a joystick					

Gripping things tightly			
Carrying things			
Pushing a manual wheelchair			
Doing heavy housework			
Doing light housework			
Managing medications			
Driving a car or van			
Managing money and paying bills			
Using transport (bus, train)			
Preparing meals			
Participating in age-appropriate social events with friends			
Staying home alone			

- 9. From the list below, which condition best describes the Person with MS?
 - □ Has mild MS symptoms that do not limit activities of daily living.
 - □ Has mild MS symptoms such as sensory problems, mild bladder problems, mild incoordination or weakness, and fatigue, but there is no significant problem with walking.
 - □ Has significant problems walking, but does not use any type of walking aid.
 - □ Can walk 25 feet without a cane or some other form of support, such as a splint, brace, or crutch but uses them occasionally or for walking longer distances.
 - □ To be able to walk 25 feet, must use a cane or some other form of support on one side such as holding on to furniture or touching the wall.
 - \Box To be able to walk 25 feet, must use two canes, a walker, or two crutches.
 - \Box The only form of mobility is a wheelchair or a scooter.
 - \Box Completely bedridden (unable to sit in a wheelchair for more than an hour).
 - $\hfill\square$ Do not know

Section B: Family Characteristics

This section asks questions about the **demographic information** of the Person with MS and the unpaid caregiver(s) (if applicable), and general background information of the family. If you are unsure about a specific question, please answer to the best of your knowledge.

<u>Unpaid caregivers (either Primary or Secondary)</u> provide daily care or assistance to the Person with MS to assist them in managing their disease. They may be family members, other relatives, or friends, and **are not receiving payment for the care they provide**. Unpaid caregivers provide assistance with activities of daily living (ADLs), including eating, bathing, dressing, toileting (being able to get on and off the toilet and perform personal hygiene functions), transferring (being able to get in and out of a bed or a chair), doing household work such as home maintenance or outdoor activities, meal preparation, driving to and from doctors' offices or stores, and providing company.

Please refer to the individual who spends the most time providing unpaid care to the Person with MS as the **Primary Caregiver.** If there is more than one caregiver, please refer to the individual who provides the most unpaid care after the Primary Caregiver as the **Secondary Caregiver**. Please assign each caregiver as Primary or Secondary based on their role at the end of 2019, as we are looking at 2019 experiences.

As noted above, if the Person with MS in your family is no longer living, please answer the questions as best you can based on your knowledge of his/her experience with MS during the last year of life. If there is more than one person with MS in the family, please provide answers for the person who has had MS for the longest period of time.

10. In which state does the Person with MS currently live? Please respond based on where the Person with MS physically resides.

State _____

11. In 2019, has the Person with MS received care from at least one **unpaid** caregiver (i.e., family members, other relatives, or friends who provided care or assistance to the Person with MS to help them manage their disease)?

	Yes	No
Primary Caregiver (the individual who spent the most time		
providing unpaid care to the Person with MS)		
Secondary Caregiver (the individual who provided unpaid care to		
the Person with MS, but less frequently than the Primary Caregiver)		

12. What was the **year** of birth for the Person with MS and for each of the unpaid caregiver(s)? *Please enter in YYYY format. Logic requires number entry between 1920 and 2020.*

	Person with MS	Primary Caregiver	Secondary Caregiver
Year			

13. What is the **sex** of the Person with MS and each of the unpaid caregivers(s)?

	Male	Female	Prefer not to answer
Person with MS			
Primary Caregiver			
Secondary Caregiver			

14. What is the **race** of the Person with MS and each of the unpaid caregiver(s)?

	American Indian or Alaska Native	Asian	Black or African American	Multi- racial	Native Hawaiian or Other Pacific Islander	White or Caucasian	Other	Prefer not to answer
Person with MS								

	American Indian or Alaska Native	Asian	Black or African American	Multi- racial	Native Hawaiian or Other Pacific Islander	White or Caucasian	Other	Prefer not to answer
Primary Caregiver								
Secondary Caregiver								

15. What is the **ethnicity** of the Person with MS and each of the unpaid caregiver(s)?

	Hispanic/Latino	Not-Hispanic/Latino	Prefer not to answer
Person with MS			
Primary Caregiver			
Secondary Caregiver			

16. What is the **highest level of education** attained by the Person with MS and each of the unpaid caregiver(s)? If the person is age 1-17, please choose "Not applicable". Please scroll to the right to see all answer options.

	Person with MS	Primary Caregiver	Secondary Caregiver
Less than a high school diploma			
High school diploma (GED or equivalent)			
Some College (1-4 years, no degree)			
Associate's Degree (AS, AAS, etc.)			
Bachelor's Degree (BA, BS, etc.)			
Master's Degree (MA, MS, etc.)			
PhD or Professional School Degree (MD, JD, etc.)			
Prefer not to answer			
Not applicable			
Do not know			

17. What is the **marital status** of the Person with MS and each of the unpaid caregiver(s)? If the person is age 1-17, please choose "Not applicable". Please scroll to the right to see all answer options.

	Person with MS	Primary Caregiver	Secondary Caregiver
Married			
Unmarried but living with partner			
Widowed			
Divorced/ Separated			
Single, Never Married			
Prefer not to answer			

	Person with MS	Primary Caregiver	Secondary Caregiver
Not Applicable			
Do not know			

18. What were the **total earnings** of the Person with MS, each of the unpaid caregiver(s), and the entire household of the Person with MS **in 2019**? Please select the appropriate response category for each person in the table below.

Note: This includes the amount received through wages, salary, commissions, overtime pay, or tips from all jobs before taxes or other deductions, and **EXCLUDES any social security income, supplemental security income (SSI), social security disability insurance (SSDI), or income from savings accounts or other investments. We recommend that you refer to your 2019 tax return. The household includes all family members living with the Person with MS, and excludes co-residents who are financially independent and caregivers who do not live in the same household. Note that this question asks about earnings in 2019, before the COVID-19 outbreak.**

	Person with MS	Primary Caregiver	Secondary Caregiver	Entire Household of the Person with MS (do not include any unpaid caregivers if they do not live in the same household)
Less than \$1,000				
\$1,000 to less than \$25,000				
\$25,000 to less than \$50,000				
\$50,000 to less than \$75,000				
\$75,000 to less than \$100,000				
\$100,000 to less than \$125,000				
\$125,000 to less than \$150,000				
\$150,000 to less than \$175,000				
\$175,000 to less than \$200,000				
More than \$200,000				
Prefer not to answer				
Not Applicable				

19. In 2019, how much financial assistance or disability income did the Person with MS receive? If the Person with MS was not eligible or did not receive any of the following, please enter 0.

Total Amount In 2019 (\$ Before Tax)
(If the Person with MS was
not eligible or did not receive
any of the following, enter 0.)

Financial assistance received from charitable organizations or	
other assistance programs (does not include goods or	
services, monetary contributions only)	
Supplemental Security Income (SSI) is a federal program	
that provides cash payments to those who have limited	
income and who are blind, disabled, or 65 years or older.	
This payment is not based on the Person with MS's prior	
work or a family member's prior work.	
Social Security Disability Insurance (SSDI) is a federal	
program that provides cash payments to workers who have	
accumulated a sufficient number of work credits and are	
physically restricted in their ability to be employed because	
of a notable disability.	
Commercial disability insurance	
VA benefits/VA disability compensation	
State or federal government employee benefits	
State disability insurance	
Tax deduction for medical expenses	
Other	

19a. If the Person with MS received "Other" types of financial assistance or disability income as noted in Question 19, please list the type(s) of financial assistance or disability income received.

Section C: Financial Impact of Multiple Sclerosis

This section asks questions about the costs associated with Multiple Sclerosis (MS) that may impact the Person with MS, their caregiver(s), and their family. These financial impacts include family expenses for certain medical services not covered by insurance, or expenses on things such as home modifications (e.g., building a ramp in place of steps to enter/exit home), personal vehicle modifications, increased transportation costs related to seeking care, and any impact MS may have had on employment or social activities. You may refer to additional resources (e.g., transportation receipts for traveling to and from doctor's appointments, etc.) to provide the most complete information.

<u>Again, unpaid caregivers (either Primary or Secondary)</u> provide daily care or assistance to the Person with MS to help them manage their disease (e.g., helping with daily living activities, etc.). They may be family members, other relatives, or friends, who are not receiving payment for the care they provide.

Please refer to the individual who spends the most time providing unpaid care to the Person with MS as the **Primary Caregiver.** If there is more than one caregiver, please refer to the individual who provides the most unpaid care after the Primary Caregiver as the **Secondary Caregiver**. Please assign each caregiver as Primary or Secondary based on their role at the end of 2019, as we are looking at 2019 experiences.

As noted above, if the Person with MS in your family is no longer living, please answer the questions as best you can based on your knowledge of his/her experience with MS during the last year of life. If there is more than one person with MS in the family, please provide answers for the person who has had MS for the longest period of time.

20. What type of **insurance** did the Person with MS use to pay for the majority of his or her medical expenses? Please check the appropriate box for each type of health insurance.

	Individual Coverage	Family Coverage	No Coverage
Commercial insurance through own employer or legal guardian's employer			
Individual commercial insurance (Private)			
Individual coverage purchased via the Affordable Care Act (ACA)			
Medicaid/SCHIP			
Medicare Part A (Hospital Insurance)			
Medicare Part B (Medical Insurance)			
Medicare Part C (Medicare Supplemental Insurance, e.g., Medigap)			
Medicare Part D (Prescription Drug Coverage)			
Medicare Advantage Plan (Medicare Managed Plans)			
Military/CHAMPUS/TRICARE/CHAMPVA or other VA health care program			
Other			

20a. If the answer to Question 20 was "Other", please list the type(s) of health insurance coverage that paid for the majority of the medical expenses for the Person with MS in 2019.

20b. Does the Person with MS have insurance coverage for the below? Please check the appropriate box for each type of coverage.

	Individual Coverage	Family Coverage	No Coverage
Prescription drug coverage			
Mental health coverage			
Dental coverage			
Vision coverage			

21. The following healthcare-related services/treatments may not be covered by health insurance. If you utilized any of these services/treatments below in 2019, please provide how much you spent (or your best estimate) in the table below. Please enter 0 in the text box if no money was spent.

Amount (\$) Spent by
Household in 2019 (not
spent by insurance or
charitable organization)

		(enter 0 in the text box if no money was spent)
a.	Medical cannabis for MS-related symptoms	
b.	Experimental treatments (e.g., Hematopoietic Stem Cell therapy (HSCT)) related to MS	
c.	Alternative or non-traditional treatments (alternative therapies, massage therapy, acupuncture) related to MS	
d.	Mental health treatments or counseling	

22. In 2019, approximately how much was spent on facility/institutional care for the Person with MS by his or her household (**not by an insurance company or charitable organization**)? Please provide your best estimate in the table below. Please enter 0 in the text box if no money was spent.

	Amount (\$) Spent by Household in 2019 (not spent by insurance or charitable organization) (enter 0 if no money was spent)
Adult day care program or facility	
Inpatient or outpatient rehabilitation program or facility care	
Hospice or palliative care in an inpatient facility	
Long-term care facility	
Short-term care facility	

23. In 2019, how much was spent on the following expenses for the Person with MS by his or her household (**not by the insurance company or charitable organization**)? Please provide your best estimate in the table below. Please enter 0 in the text box if no money was spent.

		Amount (\$) Spent by Household in 2019 (not spent by insurance or charitable organization) (enter 0 in the text box if no money was spent)
a.	Expenses related to purchasing/installing/modifying special equipment at home or on a personal family vehicle (e.g., bathroom equipment such as a shower chair, commode chair, hydraulic commode lift, modification to the wheelchair such as elevated leg rests, modified joysticks and switches, automated/raised desk trays, vehicle modifications to accommodate driver or passenger with disability, etc.)	

b.	Expenses on home modifications (e.g., ramps, barrier free lift systems, stair lifts, automatic door openers, technology to enable access through X-box or iPad, other)	
с.	Expenses related to hiring someone , including the costs of the hiring process and payments made to professionals, relatives, or friends for providing MS-related daily care to the Person with MS.	
d.	Increased transportation costs due to MS (e.g., transportation to and from clinics, specialized facilities, attending clinical trial visits and related parking, etc.) <i>For example, drives an extra 20 miles per</i> <i>month (240 miles per year) for appointments. This is equivalent to</i> <i>approximately one tank of gas at about \$30 a tank; the resulting</i> <i>amount is \$30 per month (\$360 per year).</i>	
e.	Transportation/travel expenses associated with medical tourism (i.e., travel out of country for treatment)	

24. In which year did each of the unpaid caregiver(s) start providing care to the Person with MS? *Please enter in an YYYY format. Logic requires number entry between 1920 and 2020.*

	Year first began to provide care and assistance to the Person with MS	
Primary Caregiver		
Secondary Caregiver		

25. What was the **job status** of the Person with MS and each of the unpaid caregiver(s) in December 2019?

	Person with MS	Primary Caregiver	Secondary Caregiver
Employed full-time			
Employed part-time			
Not employed, but seeking work (unemployed)			
Not employed, but in school			
Not employed, not seeking work and not in school			
Retired			
Not applicable			

26. In December 2019, if the Person with MS or unpaid caregiver(s) was working part-time, no longer working or retired, did MS play a major role in his/her decision to move to part-time work or stop working?

	Yes, MS played a role	No, MS did not play a role
Person with MS		
Primary Caregiver		
Secondary Caregiver		

26a. If the Person with MS was working part-time, was no longer working, or was retired in December 2019, **in which year did he or she move to part-time work, become unemployed or retired/stopped working**? *Please enter in an YYYY format. Logic requires number entry between 1920 and 2020.*

	Year moved to part-time work	Year became unemployed	Year retired or stopped working
Person with MS			

26b. If the Primary Caregiver was working part-time, was no longer working, or was retired in December 2019, in which year did he or she move to part-time work, become unemployed or retired/stopped working? *Please enter in an YYYY format. Logic requires number entry between 1920 and 2020.*

	Year moved to part-time work	Year became unemployed	Year retired or stopped working
Primary Caregiver			

26c. If the Secondary Caregiver was working part-time, was no longer working, or was retired in December 2019, **in which year did he or she move to part-time work, become unemployed or retired/stopped working**? *Please enter in an YYYY format. Logic requires number entry between 1920 and 2020.*

	Year moved to part- time work	Year became unemployed	Year retired or stopped working
Secondary Caregiver			

27. If the Person with MS and the unpaid caregiver(s) were employed in December 2019, how many hours was each individual usually working in a typical week?

	Person with MS	Primary Caregiver	Secondary Caregiver
Hours worked in a typical			
week in 2019			

28. In 2019, **how many months was each of the following individuals employed** (full or part-time)? Note: Include any time the person worked or was on paid vacation, paid sick leave, jury duty, or military service.

	Person with MS	Primary Caregiver	Secondary Caregiver
Months employed in 2019			

29. In an average working month in 2019, about how many whole days did the Person with MS or the unpaid caregiver(s) miss work at a job or business, due to the impact of his/her MS or related caregiving responsibilities? Note: Please round down if you missed less than half a day and round up if you missed more than half a day.

	Days missed from work in an average working month (include days when individual was late or left work early) (Maximum of 31 days)
Person with MS	
Primary Caregiver	
Secondary Caregiver	

30. In an average working month in 2019, on how many days did the Person with MS or the unpaid caregiver(s) feel less productive while at work, due to the impacts of his/her MS or related caregiving responsibilities? Note: Include the number of whole days when you felt less productive.

	Days felt less productive at work in an average working month (include whole days when individual was feeling less productive) (Maximum of 31 days)
Person with MS	
Primary Caregiver	
Secondary Caregiver	

30a. On the days when the Person with MS or the unpaid caregiver(s) felt less productive because of MS, how much on average was each person's productivity affected on a scale from 0 to 10, where 0 represents "not at all", 1-3 "mildly", 4-6 "moderately", 7-9 "markedly", and 10 represents "extremely"? Please scroll to the right to see all answer choices.

	Not at all		Mild	ly	Moo	lerat	ely	Μ	arke	dly	Extremely
Person with MS	0	1	2	3	4	5	6	7	8	9	10
Primary Caregiver	0	1	2	3	4	5	6	7	8	9	10
Secondary Caregiver	0	1	2	3	4	5	6	7	8	9	10

31. Please select whether any of the below has <u>ever</u> applied to the Person with MS or their caregiver(s) for reasons related to the individual's MS. *Check all that apply for each individual*.

	Person with MS	Primary Caregiver	Secondary Caregiver
Not able to attend school			
Lost educational opportunities			
Worked at a job for fewer hours			
Changed work schedule			
Changed to telecommuting for work			
Missed opportunities for a better job, promotion, or more comprehensive benefits			
Changed occupation or employer			
Chose not to take a job due to concerns over losing government benefits (such as Medicaid)			

	Person with MS	Primary Caregiver	Secondary Caregiver
Chose not to take a job because the current job has better benefits			
Chose not to take a job or position because of irregular hours, travel requirements, or other, similar, demands related to MS			
Had to relocate to be closer to medical specialists/ affected family member/ family support, negatively impacting employment or career growth			
None of the above			

32. Approximately how many hours in a typical week was the Person with MS able to participate in the following volunteering activities, **BEFORE** and **AFTER** MS started having a significant impact? *Note: assume the time one can dedicate to volunteering activities per week is no more than 56 hours (8 hours per day, 7 days a week). Enter '0' for activities that the person does not engage in.*

		Hours spent by the Person with MS on volunteering BEFORE MS started having a significant impact	Hours spent by the Person with MS on volunteering AFTER MS started having a significant impact
a.	Performing volunteer or charity work		
b.	Providing help to family, friends, or neighbors unrelated to personal care or care of the Person with MS		
c.	Participating in a political or community-based organization		

32a. Approximately how many hours in a typical week was the Primary Caregiver able to participate in the following volunteering activities, **BEFORE** and **AFTER** MS started having a significant impact?

		Hours spent by the Primary Caregiver on volunteering BEFORE MS started having a significant impact	Hours spent by the Primary Caregiver on volunteering AFTER MS started having a significant impact
a.	Performing volunteer or charity work		
b.	Providing help to family, friends, or neighbors unrelated to personal care or care of the Person with MS		

	Participating in a political or	
L.	community-based organization	

32b. Approximately how many hours in a typical week was the Secondary Caregiver able to participate in the following volunteering activities, **BEFORE** and **AFTER** MS started having a significant impact?

		Hours spent by the Secondary Caregiver on volunteering BEFORE MS started having a significant impact	Hours spent by the Secondary Caregiver on volunteering AFTER MS started having a significant impact
a.	Performing volunteer or charity work		
b.	Providing help to family, friends, or neighbors unrelated to personal care or care of the Person with MS		
с.	Participating in a political or community-based organization		