

SUPPLEMENTARY MATERIAL

eMethods

Alzheimer's Disease Neuroimaging Initiative (ADNI)

Data used in this study were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (www.adni.loni.usc.edu). The ADNI was launched in 2003 as a public-private partnership, led by Principal Investigator Michael W. Weiner, MD. It is a longitudinal multi-phase, multi-center study to develop clinical, imaging, genetic, and biochemical biomarkers for early detection and measuring AD progression. Up-to-date information on the various study phase protocols, assessments, and follow-up duration are available on www.adni-info.org.

Image preprocessing and constructing WMH probability maps

Image analysis was performed using 2D FLAIR and T1-weighted brain MRIs to construct WMH probability maps for each participant using the following steps: (i) we applied the brain segmentation tool from Statistical Parametric Mapping (SPM12)¹ to the T1-weighted scans to segment the head region from the background, removing non-brain tissues; (ii) the resulting brain masks were co-registered to corresponding FLAIR images using the FLIRT tool² in the FSL Toolbox (FMRIB, Oxford, UK)³ to enable skull-stripping; (iii) bias field correction was performed using the FAST tool⁴ in FSL; (iv) brain intensities within each FLAIR image were normalized using a modified Z-score transformation with 2*SD for intensity standardization across participant images. We visually checked all pre-processed data after each analytical step for quality control to rule out inaccurate preprocessing results; (v) we utilized an automated method for voxel-level localization and accurate quantification of WMH from 2D FLAIR images using a deep neural network based on the U-Net architecture⁵. For each participant, the trained in-house deep-learning network takes the intensity-normalized axial FLAIR image of a size 256 x 256 as input, and constructs a participant-specific 2D WMH probability maps that provide probabilistic information about voxel-wise WMH distribution; (vi) individual 2D WMH probability maps were co-registered to their corresponding T1-weighted images to spatially align image pairs using a 12-parameter affine registration with FLIRT²; (vii) finally, we used nonlinear

registration implemented in Advanced Normalization Tools⁶ for warping to a common ICBM-152 brain template (<http://nist.mni.mcgill.ca/icbm-152-nonlinear-atlases-2009/>), generating participant-specific 3D WMH probability maps that served as inputs for the subsequent voxel-wise spectral clustering analysis.

Deep learning network for automated WMH segmentation

The U-Net is a CNN architecture that implements a dual pathway, deep encoder-decoder scheme with skip connections concatenating the feature maps in the encoder to the feature maps in the decoder, to learn both context (contracting path) and precise spatial location (expansion path). Variants of the standard U-Net architecture more consistently demonstrated better performance in WMH segmentation compared with other methods.^{7,8} We adopted the standard U-Net configurations including 3 x 3 kernel convolutions with a rectified linear unit (ReLU) as activation function and batch normalization after each convolution (**eFigure 1**). The contracting path had two 2 x 2 max-pooling operations after every two convolution layers (stride=2 for down-sampling) that reduce the spatial dimensions while doubling the number of feature channels, whereas up-sampling layers based on nearest-neighbor interpolation were applied after every two convolutional layers in the expansion path. Feature maps were also concatenated with corresponding feature maps from the contracting path prior to down-sampling. At the final layer, a 1 x 1 convolution with softmax function was used to convert the feature maps into an output space with two classes (WMH and non-WMH).

Network training and validation were performed on a GeForce GTX 1080 Ti GPU card. 2D FLAIR axial slices (256 x 256 x 1) were fed into a single channel as input using the Adam optimizer with cross-entropy cost as the loss function, and a mini-batch size of 20. The learning rate was initialized at 10^{-4} and dropout rate was set to 0.2. In the training step, we performed 5-fold cross-validation where each fold (n=10) images were randomly sampled from the whole training set (n=50) and retained as validation data for model testing, with the remaining four folds (n=40) used for training the proposed network. This process was iterated 5 times, resulting in 5 separately trained networks. For testing, we used images from our test dataset (n=20) as input to each network generated from the 5-

fold cross-validation for independent testing, and the resulting outputs from the five networks were averaged to produce the final output.

Evaluation of automated WMH segmentation

We validated our method using 70 ADNI participant images selected at random, blind from any clinical, imaging, or demographic information at the time of selection. These image samples were randomly divided into a training dataset ($n=50$) and test dataset ($n=20$). We created a reference standard for supratentorial WMH by performing manual WMH segmentation in accordance with the STRIVE criteria.⁹ Using a contour drawing technique, a trained clinician (R1) with extensive experience in lesion segmentation delineated WMH manually on the 2D multi-slice FLAIR images in both training and test datasets using MRIcron software by tracing the WMH outline with a mouse-controlled interface. This process resulted in creation of binary masks, whereby all voxels within the manual delineation were considered WMH (label 1), with remaining voxels as background (label 0). To assess inter-rater reliability of the reference segmentations, 20 of the manual delineations were randomly selected for peer-review and separately delineated by a second expert (R2) with >5 years of experience in quantitative neuroimaging, blinded to previous assessments.

We evaluated WMH segmentation performance by comparing WMH segmentation maps generated by our proposed deep network (DL) with the reference manual WMH segmentation maps (MN) in our independent test dataset ($n=20$) using a set of evaluation metrics: (i) DSC, an overlap index measuring the similarity or spatial coincidence between MN and DL results, (ii) volume difference (VD) between DL and MN WMH segmentation masks, (iii) area under the curve of precision-recall metrics (AUC-PR), (iv) a modified Housdorff distance (95th percentile; H95) as the overall distance between the DL and MN boundaries, (v) the absolute percentage volume difference (AVD) between the DL-segmented and MN-segmented WMH volumes, (vi) recall as the sensitivity in detecting individual lesions, and (vii) F1-score as the average of precision and recall in detecting individual lesions.

Constructing a lobar cerebral microbleed density map

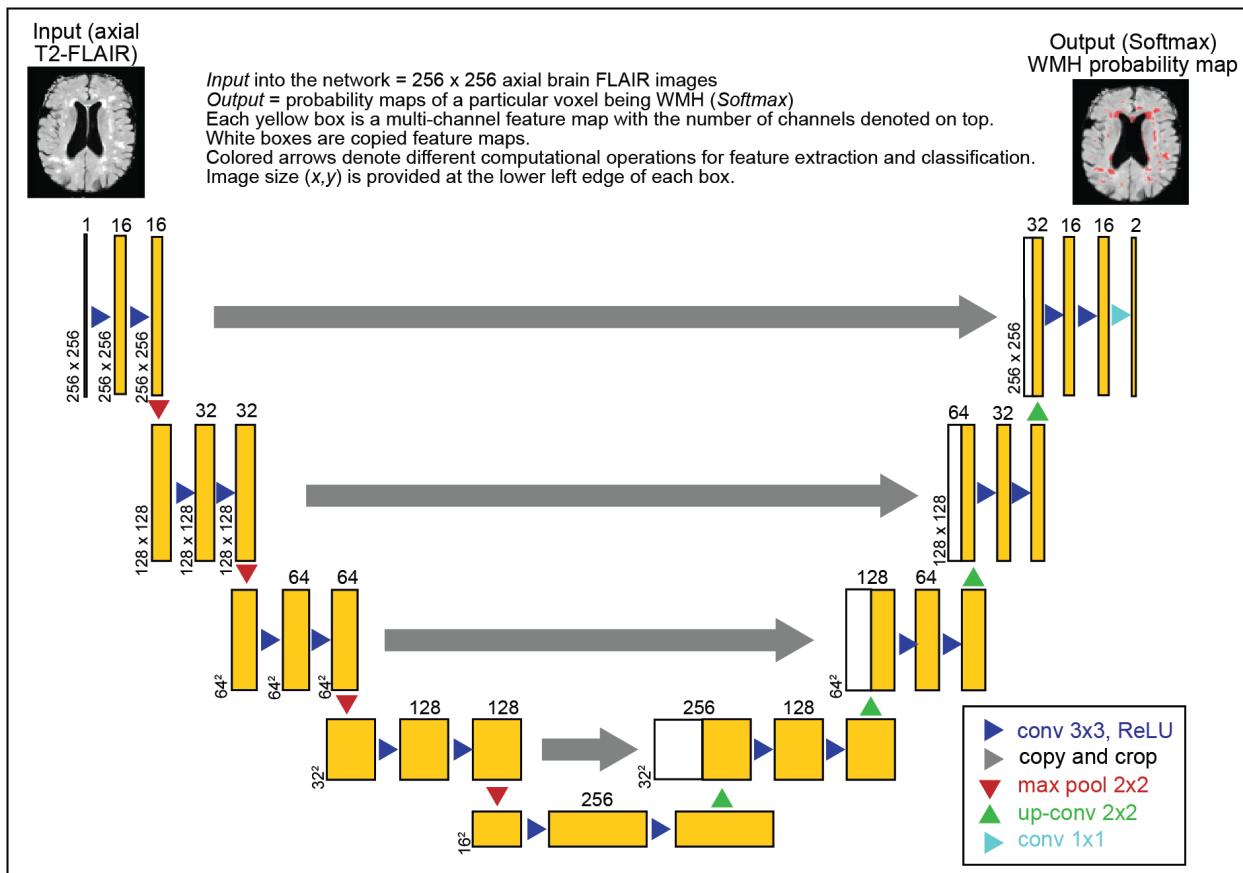
We created location masks of strictly lobar cerebral microbleeds (SL-CMBs) for each participant by manual segmentation of SL-CMBs from T2*-weighted gradient-recalled echo (T2*-GRE) MRIs, defined according to consensus criteria¹⁰ as hypointense lesions within gray or white matter in lobar brain regions that are distinct from iron or calcium deposits and vessel flow voids. A composite density map of SL-CMBs across participants was constructed by: (i) registering the SL-CMBs location masks to their corresponding T1-weighted image space using the *epi_reg* function within the FLIRT toolbox in FSL,³ (ii) performing high-dimensional warping of the co-registered SL-CMBs location masks to a common ICBM-152 brain template using nonlinear registration in ANTs,⁶ and (iii) averaging the spatially normalized SL-CMBs location masks to create a SL-CMBs frequency map across participants.

References

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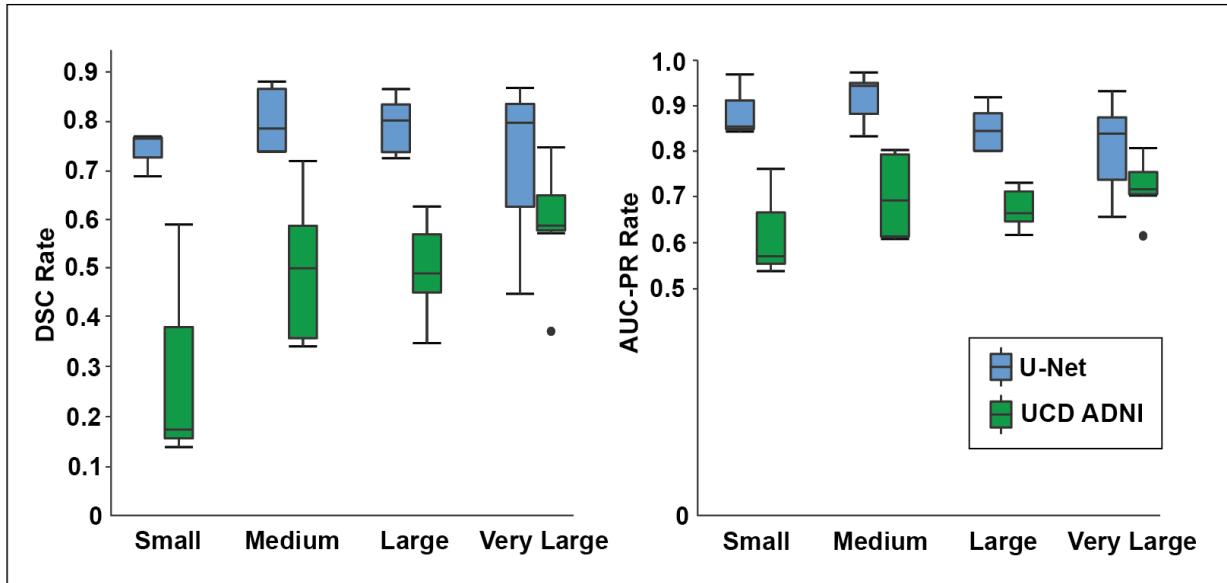
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eFigure 1. CNN architecture for automated WMH segmentation



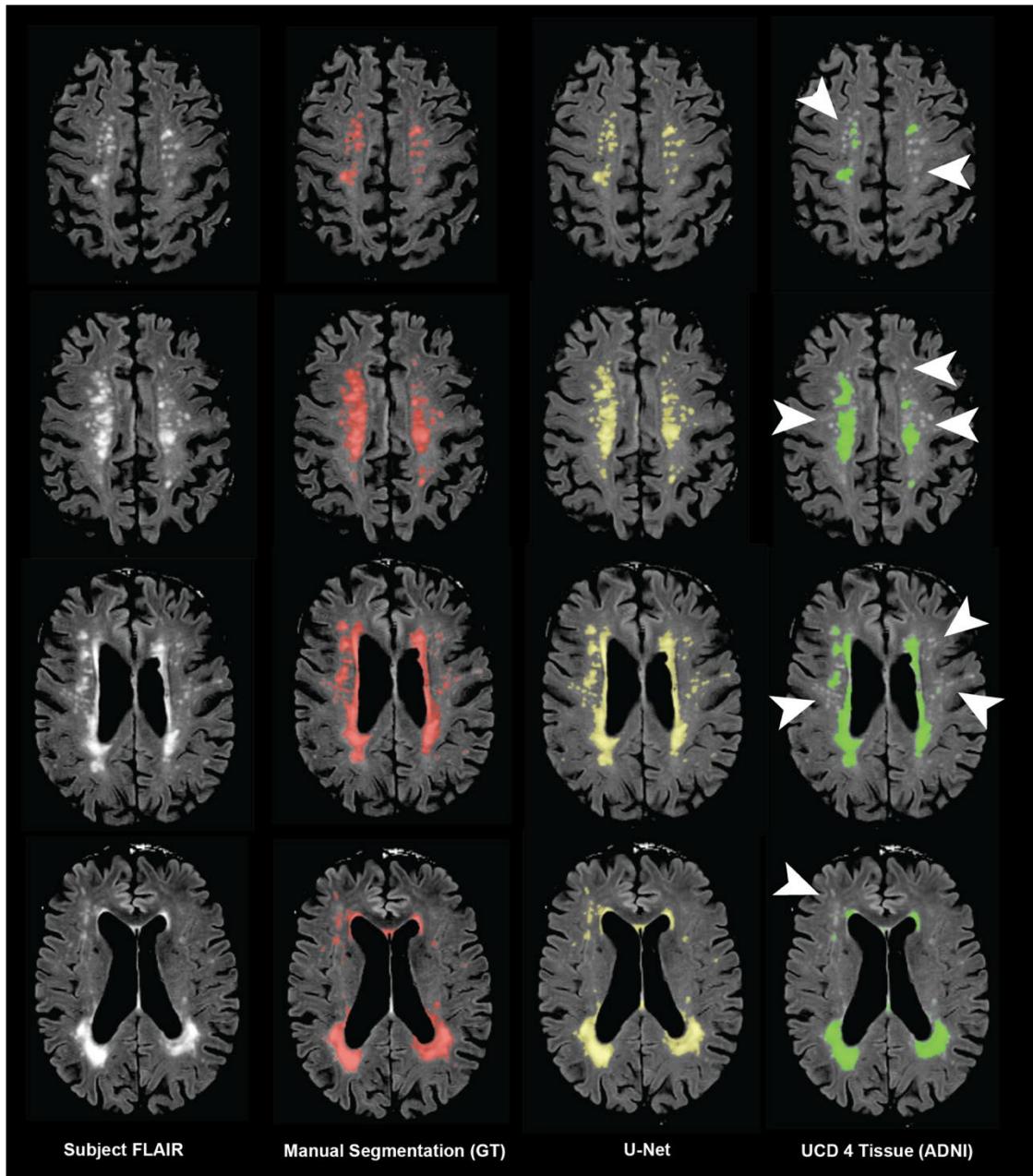
The U-Net architecture of the deep learning network for automated WMH segmentation is composed of a contracting path and an expansive path. The contracting path consist of repeated applications of two 3x3 padded convolutions, each followed by a rectified linear unit (ReLU) and a 2x2 max pooling operation with a stride of 2 for downsampling. Each step in the expanding path involve an upsampling of the feature map, a 2x2 convolution that halved the number of feature channels, concatenation of the feature map and two 3x3 convolutions, each followed by a ReLU. For the final layer, a 1x1 convolution maps each 64-component feature vector to two classes (WMH and non-WMH).

eFigure 2. Comparison of WMH segmentation accuracy measured by DSC and AUC-PR between U-Net and UCD Four Tissue automated segmentation schemes across different WMH burden.



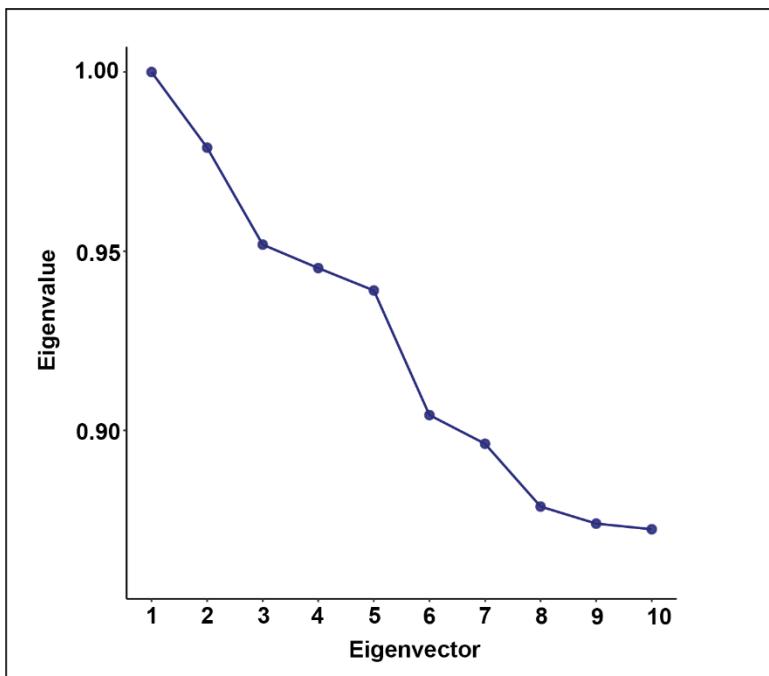
ADNI test dataset grouped by WMH burden (in cc, number of MRI data): Small (≤ 4.5 ; n= 3), Medium ($>4.5 - \leq 13$; n= 5), Large ($>13 - \leq 24$; n= 5), Very Large (>24 , n= 7). The central line, top and bottom edges of each box plot represent the median, 25th and 75th percentiles, respectively; error bars extend to the most extreme non-outlier data points; outliers are indicated by the symbol • .

eFigure 3. Visualization of the automated WMH segmentation results from the U-Net and UCD Four Tissue segmentation schemes.



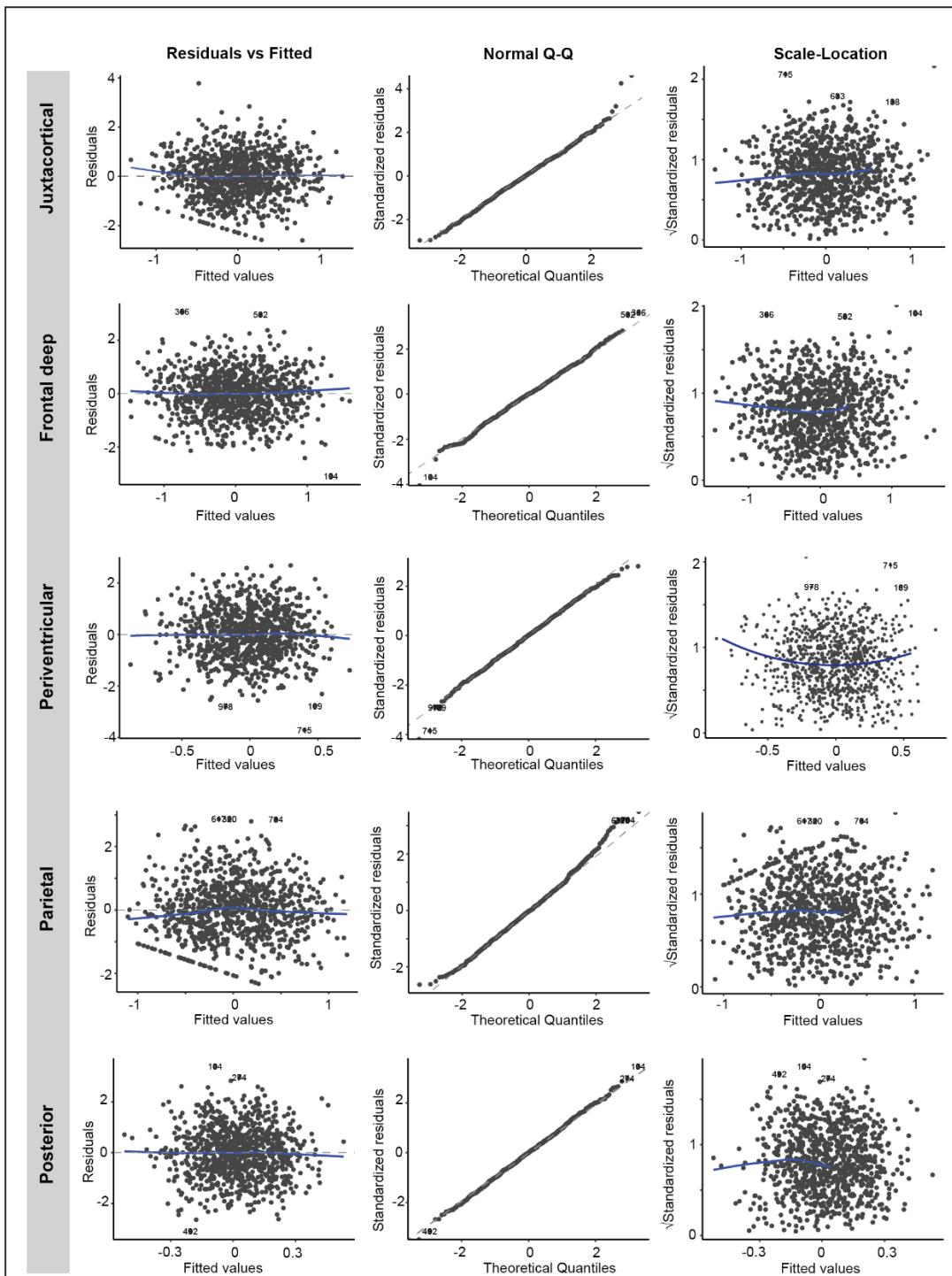
Regions in **red** are WMH labelled manually by experts (GT), regions in **yellow** are labelled by the deep learning-based (U-Net) algorithm, and regions in **green** are labelled by the UCD Four Tissue segmentation method. White arrows indicate WMH that were not identified by the UCD Four Tissue segmentation scheme (false negatives).

eFigure 4. Plot of eigenvalues of the normalized graph Laplacian



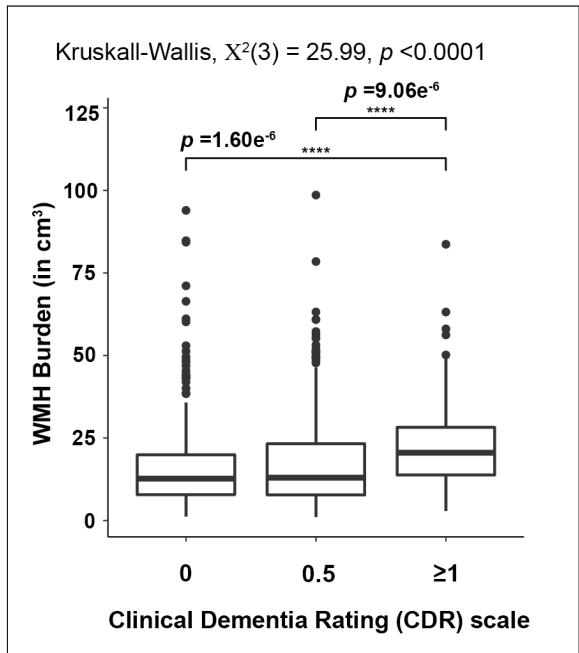
The eigenvalues of the eigenvectors from the graph Laplacian of the WMH probability maps of the study cohort, with the greatest eigengap between the fifth and sixth eigenvectors corresponding to the optimal number of clusters, $k = 5$.

eFigure 5. Regression diagnostic plots for each data-driven WMH spatial pattern.



Assumptions of linear models including mean residuals =0, absence of correlation between residuals and dependent variables, normality of residuals, and homoscedascity of residual variance were fulfilled.

eFigure 6. Boxplot of global WMH burden as a function of cognitive status assessed by CDR.



Higher global WMH burden is associated with greater risk of cognitive impairment. The central line, top and bottom edges of each box plot represent the median, 25th and 75th percentiles, respectively; error bars extend to the most extreme non-outlier data points; outliers are indicated by the symbol • .

eTable 1. MRI acquisition protocol parameters

Parameter	T1-weighted	FLAIR
In-plane matrix (pixels)	256 x 256	256 x 256
Slices, n	256	35
Thickness (mm)	1.2	5
In-plane resolution (mm)	1.0 x 1.0	0.8594 x 0.8594
Repetition time, TR (ms)	2300	9000
Echo time, TE (ms)	2.98	90 or 91
Flip angle	9.0	90 or 150
Pulse sequence	GR/IR	SE/IR

eTable 2. Comparison of the WMH segmentation performance between U-Net and UCD Four Tissue segmentation method on the ADNI test dataset (n=20).

	DL (U-Net)		UCD ADNI	
	mean	95% CI	mean	95% CI
Dice similarity coefficient	0.76	0.72 – 0.80	0.50	0.43 – 0.58
Volume difference	-0.13	-0.26 – -0.01	-0.51	-0.61 – -0.42
AUC-PR	0.86	0.82 – 0.89	0.69	0.66 – 0.73
H95 (mm)	11.2	5.97 – 16.35	18.95	16.11 – 21.78
AVD	25.27	17.33 – 33.21	51.51	42.53 – 60.50
Recall	0.54	0.47 – 0.61	0.22	0.18 – 0.27
F1	0.60	0.56 – 0.65	0.31	0.27 – 0.35

Mean and 95% confidence intervals for each individual performance metric. Metrics include: (1) Dice similarity coefficient (DSC), (2) volume difference (VD) between the automated schemes and manual segmentations, (3) area under the curve of precision-recall (AUC-PR), (4) modified Hausdorff distance (95th percentile; H95), (5) absolute of the percentage volume difference (AVD), (6) sensitivity for detecting individual lesions (Recall), (7) F1-score for individual lesions (F1).

eTable 3. Mean values of the Dice Similarity Coefficient (DSC) and area under the curve of precision-recall (AUC-PR) for U-Net and UCD Four Tissue automated segmentation schemes for the test dataset grouped by WMH burden.

	DSC				AUC-PR			
	S	M	L	VL	S	M	L	VL
U-Net	0.74	0.80	0.79	0.72	0.89	0.92	0.85	0.81
UCD ADNI	0.30	0.50	0.50	0.60	0.62	0.70	0.68	0.72

S, Small; M, Medium; L, Large; VL, Very Large

DSC and AUC-PR values closer to 1 indicate higher segmentation accuracy.

Bolded values indicate the best scores.

eTable 4. Framingham Risk Score-based scoring scheme for hypertension combining average systolic blood pressure and antihypertensive medication use.

HTN-S	Untreated SBP (mmHg)	Treated SBP (mmHg)	n, (%)
0	97-105	97-105	13 (1.2)
1	106-115	106-112	49 (4.7)
2	116-125	113-117	154 (14.7)
3	126-135	118-123	219 (20.9)
4	136-145	124-129	188 (17.9)
5	146-155	130-135	142 (13.6)
6	156-165	136-142	121 (11.6)
7	166-175	143-150	97 (9.3)
8	176-185	151-161	44 (4.2)
9	186-195	162-176	17 (1.6)
10	196-205	177-205	2 (0.2)

Abbreviations: **HTN-S**, composite hypertension score; **SBP**, average systolic blood pressure

eTable 5. ADNI image IDs (baseline 2D-FLAIR MRI) of the study participants (n=1,046).

180309	296364	284416	294214	372414	242275	376931	255390	206878	290876	274159	401255	287884	281968	377861	342520
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259656	401704	225060	273248	208976	284314	189821	193310	312261	321226	340184	360656	487985	320435	378459	280370
259735	401925	241660	273563	229150	260585	404527	278363	307150	234920	264500	422062	300055	372713	255280	266128
259795	401998	261165	287526	228871	261330	411281	296780	331253	235231	415226	296868	361894	249145	266820	266211
260521	403657	264415	297536	229504	262286										

eTable 6. Overlap between the data-driven WMH spatial patterns calculated from repeated clustering experiments with bootstrap resampling of the full dataset (n=1,046)

WMH Spatial Patterns	Juxtacortical		Deep Frontal		Periventricular		Parietal		Posterior	
	mean	SD	mean	SD	mean	SD	mean	SD	mean	SD
Dice similarity coefficient	0.904	0.047	0.956	0.016	0.872	0.063	0.831	0.146	0.850	0.168

Mean and SD of the Dice similarity coefficient, DSC were calculated over ten repeated clustering experiments. DSC values closer to 1 indicate higher similarity.

eTable 7. Multiple regression models for WMH spatial patterns associations with CVSD and AD risk factors, adjusted for CDR at time of imaging (n=930)

	Juxtacortical		Deep Frontal		Periventricular		Parietal		Posterior	
	β	p	β	p	β	p	β	p	β	p
age	0.04	2.0e-16*	0.06	2.0e-16*	-0.02	6.9e-5*	0.05	2.0e-16*	0.01	3.2e-3*
sex (male)	-0.48	3.6e-15*	-0.28	8.7e-7*	-0.17	8.7e-3*	-0.06	0.32	-0.08	0.23
race (White)	-0.09	0.63	-0.06	0.76	0.02	0.93	-0.29	0.16	-0.07	0.76
race (Black)	-0.37	0.15	-0.11	0.63	-0.01	0.96	0.01	0.97	-0.01	0.98
hypertension ^α	0.05	0.03	0.06	2.1e-5*	-0.04	0.02	-1.2e-3	0.94	-0.04	0.03
diabetes mellitus	0.18	0.06	0.23	0.01	-0.01	0.92	0.14	0.14	0.07	0.52
smoking	7.3e-3	0.90	1.1e-3	0.98	-0.07	0.27	0.07	0.28	0.07	0.28
alcohol use	-0.05	0.73	0.05	0.73	-0.02	0.93	-0.11	0.45	-0.11	0.52
cardiovascular disease	-0.06	0.49	-0.03	0.75	0.06	0.53	-0.05	0.59	-0.11	0.35
atrial fibrillation	-0.01	0.96	-0.03	0.85	1.8e-3	0.92	0.04	0.79	0.10	0.56
hyperlipidemia	0.04	0.55	0.11	0.05	-0.06	0.39	-0.03	0.63	0.03	0.68
probable CAA	0.37	5.6e-4*	0.11	0.27	-0.24	0.04	0.28	0.01	-0.07	0.55
APOE ε4 allele	0.10	0.38	-0.23	0.04	0.27	0.03	0.03	0.79	0.15	0.24
APOE ε2 allele	0.19	0.83	-0.63	0.47	0.49	0.62	-0.65	0.48	-0.03	0.96
amyloid SUVR	0.34	0.03	0.15	0.30	-0.15	0.37	0.49	1.5e-3*	-0.03	0.85
CDR 0.5	0.10	0.15	0.21	8.2e-4*	-0.09	0.21	-0.02	0.75	-0.10	0.19
CDR ≥1	0.32	6.4e-3*	0.59	1.2e-7*	-0.28	0.03	0.35	3.0e-3*	0.14	0.28

Linear regression models were used independently for each WMH spatial pattern, using all risk factors jointly as predictors and relative WMH burden for each WMH spatial pattern as outcome.

*significance (**bold**) at Bonferroni-corrected level $p<0.01$.

α composite hypertension score

Abbreviations: **CAA**, cerebral amyloid angiopathy; **SUVR**, standardized uptake value ratio; **CDR**, clinical dementia rating scale; **CSVD**, cerebral small vessel disease; **WMH**, white matter hyperintensities; β , beta-coefficient.

eTable 8. Associations between individually-modelled CSVD and AD risk factor interactions, on WMH spatial patterns.

CSVD and AD risk factors	Juxtacortical		Deep Frontal		Periventricular		Parietal		Posterior	
	β	p	β	p	β	p	β	p	β	p
HTN-S * probable CAA	-0.06	0.25	-0.06	0.19	-3.5e ⁻³	0.95	-0.01	0.77	-0.04	0.44
HTN-S * diabetes mellitus	-0.02	0.73	-0.05	0.33	-0.03	0.58	-0.02	0.65	0.11	0.04
HTN-S * amyloid SUVR	0.03	0.66	-0.08	0.21	0.13	0.07	-0.14	0.04	-0.04	0.54

Standardized betas (β) and p values are reported from regression models where each pair of CSVD and AD risk factor interaction are individually regressed onto WMH spatial pattern measures, covarying for age, sex, race, vascular risk factors (HTN-S, diabetes mellitus, smoking, alcohol use, cardiovascular disease, atrial fibrillation, hyperlipidemia), and amyloid-related risk factors (probable CAA, *APOE* genotype, amyloid SUVR).

Abbreviations: **CSVD**, cerebral small vessel disease; **HTN-S**, composite hypertension score; **CAA**, cerebral amyloid angiopathy; **SUVR**, standardized uptake value ratio.

eTable 9. Associations between the data-driven WMH spatial patterns and cognitive status assessment scores, adjusted for years of education.

	Juxtacortical		Deep Frontal		Periventricular		Parietal		Posterior	
	β	p	β	p	β	p	β	p	β	p
age	0.04	1.1e-15*	0.06	2.0e-16*	-0.02	1.7e-4*	0.05	2.0e-16*	0.01	8.3e-3*
sex (male)	-0.45	9.0e-13*	-0.29	1.0e-6*	-0.20	3.1e-3*	-0.02	0.71	-0.04	0.58
race (White)	-0.11	0.61	-0.06	0.77	0.03	0.90	-0.30	0.15	-0.08	0.72
race (Black)	-0.39	0.12	-0.11	0.64	0.01	0.98	-0.02	0.94	-0.04	0.89
hypertension ^a	0.05	0.04	0.06	1.9e-5*	-0.04	0.02	-2.5e-3	0.87	-0.04	0.03
diabetes mellitus	0.17	0.07	0.23	0.01	-1.5e-3	0.99	0.13	0.17	0.06	0.60
smoking	-1.1e-3	0.99	3.1e-3	0.96	-0.07	0.32	0.06	0.36	0.06	0.35
alcohol use	-0.05	0.74	0.05	0.74	-0.02	0.92	-0.11	0.46	-0.11	0.54
cardiovascular disease	-0.07	0.42	-0.02	0.77	0.07	0.48	-0.06	0.50	-0.13	0.19
atrial fibrillation	0.02	0.92	-0.03	0.82	-0.04	0.82	0.07	0.66	0.14	0.45
hyperlipidemia	0.03	0.62	0.11	0.05	-0.05	0.43	-0.04	0.54	0.02	0.78
probable CAA	0.36	9.4e-4*	0.11	0.25	-0.23	0.05	0.26	0.02	-0.09	0.45
APOE ε4 allele	0.10	0.40	-0.23	0.04	0.27	0.03	0.03	0.82	0.15	0.25
APOE ε2 allele	0.21	0.82	-0.63	0.47	0.49	0.62	-0.64	0.49	-0.02	0.99
amyloid SUVR	0.34	0.03	0.15	0.30	-0.15	0.37	0.49	1.5e-3*	-0.03	0.85
CDR 0.5	0.09	0.20	0.22	7.3e-4*	-0.08	0.27	-0.03	0.61	-0.11	0.13
CDR ≥1	0.29	0.01	0.60	1.0e-7*	-0.26	0.05	0.31	8.2e-3*	0.10	0.46
education	-0.02	0.04	5.5e-3	0.61	0.02	0.10	-0.03	0.02	-0.03	0.01

Linear regression models were used independently for each WMH spatial pattern, using CDR group categories jointly as predictors (CDR =0.5, CDR ≥1) versus normal cognition (CDR =0) and relative WMH burden as outcome. Models were adjusted for age, sex, race, amyloid-related and vascular risk factors. Years of education was included as additional confounder and marker of brain resilience. The pattern of associations between regional relative WMH burden and cognitive impairment was unchanged except for nominal significance ($\beta=0.29$, $p=0.01$) for the juxtacortical region.

*significance (**bold**) at Bonferroni-corrected level $p<0.01$.

α composite hypertension score

Abbreviations: **CAA**, cerebral amyloid angiopathy; **SUVR**, standardized uptake value ratio; **CDR**, clinical dementia rating scale; **CSVD**, cerebral small vessel disease; **WMH**, white matter hyperintensities; β , beta-coefficient