**Supplementary table 2** Preoperative hunger, thirst, and anxiety scores in visual analog scale. Data are presented as mean ± standard deviation.

|  |  |  |  |
| --- | --- | --- | --- |
|  | NPO (n=32) | NO-NPO (n=32) | Standardized Mean Difference a |
| Hunger score | 2.8 ± 2.4 | 1.7 ± 2.4 | 0.458 |
| Thirst score | 4.7 ± 3.2 | 3.4 ± 2.2 | 0.473 |
| Anxiety score | 4.8 ± 2.7 | 4.4 ± 2.9 | 0.143 |

a Imbalance defined as absolute standardized mean difference larger than ± 0.2