**Table S2. Stability of alcohol consumption during follow-up**

|  |  |
| --- | --- |
| At baseline | At the end of follow-up |
| Nondrinkers | Light drinkers | Moderate drinkers | Excessive drinkers |
| Nondrinkers (*n* = 4,885) | 4,815 (98.6%) | 50 (1.0%) | 12 (0.2%) | 8 (0.2%) |
| Light drinkers (*n* = 830) | 0 (0%) | 806 (97.1%) | 8 (0.9%) | 16 (2.0%) |
| Moderate drinkers (*n* = 863) | 4 (0.5%) | 11 (1.3%) | 827 (95.8%) | 21 (2.4%) |

Nondrinker refers to no alcohol consumption in the past 12 months; light drinker refers to <70 g/week; moderate drinker refers to 70–210 g/week; excessive drinker refers to >210 g/week.