Supplementary Table 1: Further secondary outcomes of linear mixed models for child-related outcomes.

| **Outcome variable** | **CBT** | | | **AC** | | | **Group differences** | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Adj. *M*** | **95% CI** | ***p*** | **Adj. *M*** | **95% CI** | ***p*** | **Adj. *M*** | **95% CI** | ***p*** |
| *Self-efficacy* |  |  |  |  |  |  |  |  |  |
| Baseline |  |  |  |  |  |  |  |  |  |
| T2 | -0.36 | (-0.71 to -0.00) | .049 | -0.11 | (-0.47 to 0.24) | .514 | 0.24 | (-0.11 to 0.59) | .174 |
| T3 | -0.49 | (-0.84 to -0.13) | .010 | -0.24 | (-0.60 to 0.11) | .171 |  |  |  |
| T4 | -0.62 | (-0.98 to -0.26) | .002 | -0.38 | (-0.74 to -0.02) | .038 |  |  |  |
| *Self-esteem* |  |  |  |  |  |  |  |  |  |
| Baseline |  |  |  |  |  |  |  |  |  |
| T2 | -0.15 | (-0.36 to 0.07) | .169 | -0.15 | (-0.37 to 0.07) | .178 | 0.00 | (-0.23 to 0.23) | .990 |
| T3 | -0.17 | (-0.39 to 0.05) | .126 | -0.17 | (-0.39 to 0.05) | .134 |  |  |  |
| T4 | -0.13 | (-0.35 to 0.08) | .220 | -0.14 | (-0.36 to 0.09) | .231 |  |  |  |
| *Self-esteem (P)* |  |  |  |  |  |  |  |  |  |
| Baseline |  |  |  |  |  |  |  |  |  |
| T2 | -0.05 | (-0.28 to 0.18) | .650 | -0.05 | (-0.29 to 0.18) | .646 | 0.00 | (-0.24 to 0.24) | .987 |
| T3 | 0.02 | (-0.22 to 0.25) | .889 | 0.01 | (-0.22 to 0.25) | .906 |  |  |  |
| *Stress experience* |  |  |  |  |  |  |  |  |  |
| Baseline |  |  |  |  |  |  |  |  |  |
| T2 | -0.07 | (-0.25 to 0.10) | .406 | 0.02 | (-0.16 to 0.19) | .858 | 0.09 | (-0.10 to 0.28) | .355 |
| T3 | -0.01 | (-0.19 to 0.16) | .864 | 0.07 | (-0.11 to 0.25) | .420 |  |  |  |
| T4 | -0.21 | (-0.38 to -0.03) | .022 | -0.12 | (-0.30 to 0.06) | .184 |  |  |  |

*Notes*. P = Parent report; CBT = Cognitive-behavioral therapy; AC = Attention control; Adj. M = Adjusted mean; CI = Confidence Interval; p = p-value.