**Supplemental Digital Content 2. Reasons for exclusion**

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| Subjects (n) | Reason |
| 9 | Consent |
| 1 | Body weight change >5% in past 6 months |
| 221 | (119) AST, (52) CAP and kPa, (19) kPa, (16) liver fat score, (9) CAP, (4) AST and Liver Fat Score, (1) FibroScan unattainable, (1) Not provided |
| 5 | T2D medication |
| 1 | New multivitamin regimen |
| 55 | cT1/PDFF |
| 2 | Recent history of significant alcohol consumption |
| 1 | Other acute liver disease |
| 12 | Cirrhosis on historical biopsy or liver decompensation |
| 6 | ALT > 4× ULN  |
| 7 | Uncontrolled diabetes |
| 5 | T2D medication |
| 5 | Uncontrolled hypertension |
| 4 | Uncontrolled lipids |
| 7 | Impaired renal function |
| 1 | Lactose intolerance |
| 4 | Medication |
| 2 | Hepatotoxin use |
| 1 | Excluded medication |
| 2 | Protein or CBD consumption |
| 2 | Active substance use within past 3 months |
| 1 | History of cancer within past 3 years |
| 8 | Contraindication to MRI |
| 14 | Other condition meriting exclusion per PI discretion |
| ALT, alanine aminotransferase; AST, aspartate aminotransferase; CAP, controlled attenuation parameter; CBD, cannabidiol; cT1, corrected T1; kPa, kilopascals; MRI, magnetic resonance imaging; PDFF, proton density fat fraction; PI, principal investigator; T2D, type 2 diabetes; ULN, upper limit of normal. |