**SDC 6:** **Study CONSORT Table**

CONSORT diagram for PRODUCE based on the CONSORT extension for reporting N-of-1 trials **(CENT) 2015 Statement. BMJ. 2015;350:h1738. doi:** [**https://doi.org/10.1136/bmj.h1736**](https://doi.org/10.1136/bmj.h1736)



Abbreviations: MSCD – Modified Specific Carbohydrate Diet, SCD – Specific Carbohydrate Diet

aSites did not conduct universal population screening

bMore than one reason to decline could be provided by each participant

cTwo participants were determined to be ineligible after completion of the study. Data from these participants were analyzed.

dOne participant randomized to the SCD (shown here) followed the diet sequency as if randomized to the MSCD