|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Supplemental Table 4:** | |  |  |  |  |  |  |
|  | **Univariate and Multivariable Linear Regression Analysis of Depersonalization as Continuous Outcome** | | | |  |  |  |
|  |  | **Univariate Analysis** | | | **Multivariable Analysis** | | |
|  | **Variable** | **Coefficient** | **95% CI** | **P value** | **Adjusted Coefficient** | **95% CI** | **P value** |
|  | **Practice Environment** |  |  |  |  |  |  |
| 1 | **Private Practice - Hospital Based** | 2.0 | (1.2, 2.8) | **<0.001\*** | 0.9 | (0.1, 1.6) | **0.025\*** |
| 2 | **Private Practice - Outpatient Based** | Reference | . | . | Reference | . | . |
| 3 | **Community Hospital** | 1.6 | (0.8, 2.4) | **<0.001\*** | 0.5 | (-0.3, 1.2) | 0.202 |
| 4 | **University Hospital/Academic Appointment** | 1.1 | (0.3, 1.9) | **0.007\*** | -0.1 | (-0.8, 0.7) | 0.893 |
| 5 | **Other** | 1.1 | (-0.2, 2.4) | 0.104 | 0.6 | (-0.6, 1.8) | 0.36 |
|  | **Not having a professional mentor** | 0.6 | (0.1, 1.1) | **0.02\*** | 0.2 | (-0.3, 0.7) | 0.427 |
|  | **Time since training complete (years)** | -0.1 | (-0.1, -0.1) | **<0.001\*** | -0.1 | (-0.1, -0.0) | **<0.001\*** |
|  | **Working 40+ hours per week** | 2.4 | (1.8, 3.0) | **<0.001\*** | 1.2 | (0.7, 1.8) | **<0.001\*** |
|  | **Staffing shortages** | 2.1 | (1.7, 2.6) | **<0.001\*** | 1.2 | (0.8, 1.6) | **<0.001\*** |
|  | **Feeling supported in work-life** |  |  |  |  |  |  |
|  | **Little to no support at work** | 5.6 | (5.1, 6.1) | **<0.001\*** | 4.1 | (3.5, 4.7) | **<0.001\*** |
|  | **Moderate support at work** | 2.8 | (2.3, 3.4) | **<0.001\*** | 1.9 | (1.3, 2.5) | **<0.001\*** |
|  | **A lot of support at work** | Reference | . | . | Reference | . | . |
|  | **Feeling supported at home** |  |  |  |  |  |  |
|  | **Little to no support at home** | 3.5 | (3.0, 4.0) | **<0.001\*** | 2.0 | (1.5, 2.5) | **<0.001\*** |
|  | **Moderate support at home** | 1.5 | (1.1, 2.0) | **<0.001\*** | 0.8 | (0.4, 1.3) | **<0.001\*** |
|  | **A lot of support at home** | Reference | . | . | Reference | . | . |
|  | **Not having someone available to safely talk about concerns at work** | 2.9 | (2.5, 3.3) | **<0.001\*** | 0.8 | (0.4, 1.3) | **<0.001\*** |
|  | **Caregiving responsibilities** |  |  |  |  |  |  |
| 0 | **None** | Reference | . | . | Reference | . | . |
| 1 | **1-2 people** | 0.8 | (0.2, 1.5) | **0.01\*** | 0.3 | (-0.3, 0.9) | 0.315 |
| 2 | **>2 people** | 0.4 | (-0.2, 1.0) | 0.198 | 0.3 | (-0.3, 0.8) | 0.383 |
|  | **Gender Identity** |  |  |  |  |  |  |
| 0 | **Female** | -0.4 | (-0.9, 0.0) | 0.064 |  |  |  |
| 1 | **Male** | Reference | . | . |  |  |  |
|  | **Age < 50 years** | 2.1 | (1.7, 2.5) | **<0.001\*** | 1.4 | (0.8, 2.0) | **<0.001\*** |
|  | **Feel under-represented, Race** | -0.7 | (-1.4, -0.0) | **0.042\*** | -1.2 | (-1.8, -0.5) | **<0.001\*** |
|  | **Feel under-represented, Religion** | 0.0 | (-0.9, 1.0) | 0.938 |  |  |  |
|  | **Feel under-represented as under-represented based on lesbian, gay, bisexual, transgender/transsexual, queer/questioning, intersex, and asexual status** | 2.0 | (0.7, 3.2) | **0.002\*** | 1.9 | (0.7, 3.0) | **0.002\*** |
|  | **Feel under-represented, English as a Second Language** | -1.8 | (-2.7, -1.0) | **<0.001\*** | -1.6 | (-2.4, -0.8) | **<0.001\*** |
|  | Variables with P<0.05 on univariate analysis were included in the multivariable model. | | |  |  |  |  |
|  | Depersonalization is measured as a continuous variable ranging from 0 to 30 points. Regression coefficients > 0 indicate increased depersonalization. | | | | | |  |
|  | \*Statistically significant. |  |  |  |  |  |  |