**Supplementary Digital Content Table 3.** Quality Assessment Based on Expand Critical Appraisal Skills Programme (CASP)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  **Criteria**  | **Mazzotta 2020**  | **Faramarzi 2020**  | **Aydin 2021**  | **Sun** **2018**  | **Matthys 2020**  | **Kamiya 2020**  |
| **1**  | 1  | 1  | 1  | 1  | 1  | 1  |
| **2**  | 1  | 1  | 1  | 1  | 1  | 1  |
| **3**  | 1  | 1  | 1  | 1  | 1  | 0  |
| **4**  | 0  | 0  | 0  | 0  | 0  | 0  |
| **5**  | 1  | 1  | 1  | 0  | 0  | 0  |
| **6**  | 0  | 1  | 1  | 1  | 1  | 1  |
| **7**  | 0  | 1  | 1  | 1  | 1  | 1  |
| **8**  | 1  | 1  | 1  | 0  | 1  | 1  |
| **9**  | 1  | 1  | 1  | 1  | 1  | 1  |
| **10**  | 1  | 1  | 1  | 1  | 1  | 0  |
| **11**  | 1  | 1  | 1  | 1  | 1  | 1  |
| **12**  | NA  | NA  | NA  | 1  | 1  | 1  |
| **Total score**  | 8  | 10  | 10  | 9  | 10  | 8  |