**Supplementary Digital Content Table 3.** Quality Assessment Based on Expand Critical Appraisal Skills Programme (CASP)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Criteria** | **Mazzotta 2020** | **Faramarzi 2020** | **Aydin 2021** | **Sun**  **2018** | **Matthys 2020** | **Kamiya 2020** |
| **1** | 1 | 1 | 1 | 1 | 1 | 1 |
| **2** | 1 | 1 | 1 | 1 | 1 | 1 |
| **3** | 1 | 1 | 1 | 1 | 1 | 0 |
| **4** | 0 | 0 | 0 | 0 | 0 | 0 |
| **5** | 1 | 1 | 1 | 0 | 0 | 0 |
| **6** | 0 | 1 | 1 | 1 | 1 | 1 |
| **7** | 0 | 1 | 1 | 1 | 1 | 1 |
| **8** | 1 | 1 | 1 | 0 | 1 | 1 |
| **9** | 1 | 1 | 1 | 1 | 1 | 1 |
| **10** | 1 | 1 | 1 | 1 | 1 | 0 |
| **11** | 1 | 1 | 1 | 1 | 1 | 1 |
| **12** | NA | NA | NA | 1 | 1 | 1 |
| **Total score** | 8 | 10 | 10 | 9 | 10 | 8 |