

Supplementary Table 2. Cardiovascular risk factors with regards to the age-groups.

	Age 25-29		Age 30-34		Age 35-39		Age 40-44		Age 45-49		Age 50-54		Age 55-59		Age 60-64		Age 65-69		Age 70-74		Age 75-79		Age 80+	
	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
BMI, kg/m2	24.72	25.04	25.41	26.41	26.11	27.71	26.41	28.86	26.55	29.30	26.46	29.59	26.55	29.37	26.30	29.20	25.98	28.68	25.85	28.09	24.95	26.85	24.06	25.75
Systolic blood pressure (mmHg)	119.90±0.30	113.99±0.29	120.81±0.29	115.16±0.29	121.93±0.35	118.84±0.37	123.26±0.41	123.45±0.45	126.35±0.48	127.14±0.47	129.21±0.57	132.78±0.57	133.09±0.60	135.50±0.62	134.90±0.68	137.98±0.68	136.88±0.83	142.84±0.90	136.98±1.03	143.98±1.12	137.39±1.16	144.05±1.34	139.98±1.25	146.86±1.47
Diastolic blood pressure (mmHg)	74.14±0.24	71.72±0.23	76.36±0.24	73.19±0.23	77.72±0.26	75.54±0.27	79.11±0.30	78.21±0.30	80.20±0.32	78.90±0.29	80.95±0.33	81.11±0.34	81.71±0.36	80.63±0.36	80.92±0.41	80.06±0.37	80.83±0.51	80.42±0.52	80.03±0.59	79.52±0.56	77.95±0.61	78.59±0.72	77.41±0.66	77.65±0.76
Diabetes mellitus, n (%)	1.34	1.49	1.65	1.16	3.67	2.74	3.95	6.75	8.38	10.23	16.31	18.69	19.06	22.43	19.84	26.44	22.89	26.45	24.93	26.34	18.20	29.23	14.45	22.26
Hypertension (%)	8.5%	4.9%	10.9%	6.8%	13.5%	12.9%	18.9%	23.5%	26.5%	29.6%	33.2%	43.6%	41.8%	50.9%	45.5%	55.9%	56.8%	65.7%	57.3%	71.5%	54.5%	71.9%	58.7%	75.7%
Smoker, n (%)	29.94	5.71	34.60	6.09	37.01	5.69	38.72	6.59	43.51	7.49	44.97	7.35	45.20	7.24	44.01	8.58	38.26	9.41	31.78	12.37	39.40	10.98	34.68	13.31
LDL, mg/dl	88.12	87.52	91.78	92.30	96.94	95.27	97.71	98.78	98.88	103.21	102.86	106.45	99.34	107.31	94.33	106.00	106.70	95.88	93.27	102.15	95.42	101.57	98.93	105.54
Cholesterol, mg/dl	150.60	151.79	156.49	157.70	163.17	160.88	164.85	165.62	165.58	173.20	169.48	178.95	164.17	180.50	158.44	178.61	160.03	179.37	155.08	173.55	157.54	170.28	160.57	174.02

Data are presented as mean ± SD or number (percent).

BMI: body mass index, LDL: low-density lipoprotein.

