

Supplemental Digital Content 1

Supplement to:

Impact of the COVID-19 Pandemic on Moral Distress among Nurses and Physicians in Spanish ICUs.

Rodríguez-Ruiz E, Campelo-Izquierdo M, Boga Veiras P, Mansilla Rodríguez M, Estany-Gestal A, Blanco Hortas A, Rodríguez-Calvo MS, Rodríguez-Núñez A.

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Corresponding author: Emilio Rodríguez-Ruiz, M.D.; Intensive Care Medicine Department, Complejo Hospitalario Universitario de Santiago (CHUS). C/Choupana s/n, 15706 Santiago de Compostela, A Coruña, Spain. Tel: 0034-660451143, Fax: 0034-981950694. E-mail: r.ruizemilio@gmail.com

SUPPLEMENT DIGITAL CONTENT 1. Measure of Moral Distress – Healthcare Professionals (MMD-HP) questionnaire. MMD-HP questionnaire to measure moral distress levels among healthcare professionals

Measure of Moral Distress – Healthcare Professionals (MMD-HP)

Moral distress occurs when professionals cannot carry out what they believe to be ethically appropriate actions because of constraints or barriers. This survey lists situations that occur in clinical practice. If you have experienced these situations they may or may not have been morally distressing to you. Please indicate how frequently you have experienced each item. Also, rank how distressing these situations are for you. If you have never experienced a particular situation, select “0” (never) for frequency. Even if you have not experienced a situation, please indicate how distressed you would be if it occurred in your practice. Note that you will respond to each item by checking the appropriate column for two dimensions: Frequency and Level of Distress.

[illegible]

	Frequency					Level of Distress				
	Never		Very frequently			None		Very distressing		
	0	1	2	3	4	0	1	2	3	4
13. Be required to work with other healthcare team members who are not as competent as patient care requires.										
14. Witness low quality of patient care due to poor team communication.										
15. Feel pressured to ignore situations in which patients have not been given adequate information to ensure informed consent.										
16. Be required to care for more patients than I can safely care for.										
17. Experience compromised patient care due to lack of resources/equipment/bed capacity.										
18. Experience lack of administrative action or support for a problem that is compromising patient care.										
19. Have excessive documentation requirements that compromise patient care.										
20. Fear retribution if I speak up.										
21. Feel unsafe/bullied amongst my own colleagues.										
22. Be required to work with abusive patients/family members who are compromising quality of care.										
23. Feel required to overemphasize tasks and productivity or quality measures at the expense of patient care.										
24. Be required to care for patients who have unclear or inconsistent treatment plans or who lack goals of care.										
25. Work within power hierarchies in teams, units, and my institution that compromise patient care.										
26. Participate on a team that gives inconsistent messages to a patient/family.										
27. Work with team members who do not treat vulnerable or stigmatized patients with dignity and respect.										
If there are other situations in which you have felt moral distress, please write and score them here:										



Have you ever left or considered leaving a clinical position due to moral distress?

- No, I have never considered leaving or left a position.
- Yes, I considered leaving but did not leave.
- Yes, I left a position.

Are you considering leaving your position now due to moral distress?

- Yes
- No