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| **Stage** | **Process** |
| One | **Preliminary Sweeps of data****Development of initial coding** Preliminary sweeps of the data were undertaken by two researchers and discussed at length with the analysis team. Initial broad themes and categories were created. No qualitative software was used.  |
| Two | **Two coding frameworks created**One of the coding frameworks was related to those who had and had not been to THRIVE programmes. Themes were developed in relation to these groups and synthesized from the initial sweeps of the data and coding. These coding frameworks were developed through the number of times participants discussed a central theme and to what extent they stated it had impacted recovery.  |
| Three | **Initial coding built under key themes****Iterative checking of codes across the interview transcripts** Undertaken by the entire analysis team and discussed with other members of the authorship team and participants.  |
| Four | **Definition and classification of key themes****Creation of conceptual frameworks** Three conference calls took place with the analysis team to define the final themes and create initial conceptual frameworks related to the findings.  |
| Five  | **Extraction of quotes****Review of conceptual models** Member checking and peer review were undertaken at this stage. Extraction of quotes were undertaken by two researchers. Conceptual models were iteratively checked, initially by the primary analysis team, then by the wider authorship team.  |

**Supplemental File 2. Five Stage of the Data Analysis Process**