	Item No	Recommendation	Page
Title and abstract	1	(a) Indicate the study's design with a commonly used term in	Title page
		the title or the abstract	
		(b) Provide in the abstract an informative and balanced	Abstract (page 5)
		summary of what was done and what was found	
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the	6
		investigation being reported	
Objectives	3	State specific objectives, including any prespecified	7
		hypotheses	
Methods			
Study design	4	Present key elements of study design early in the paper	7
Setting	5	Describe the setting, locations, and relevant dates, including	7
Setting		periods of recruitment, exposure, follow-up, and data	
		collection	
Participants	6	(a) Cohort study—Give the eligibility criteria, and the	7
		sources and methods of selection of participants. Describe	
		methods of follow-up	
		Case-control study—Give the eligibility criteria, and the	
		sources and methods of case ascertainment and control	
		selection. Give the rationale for the choice of cases and	
		controls	
		Cross-sectional study—Give the eligibility criteria, and the	
		sources and methods of selection of participants	
		(b) Cohort study—For matched studies, give matching	
		criteria and number of exposed and unexposed	
		Case-control study—For matched studies, give matching	
		criteria and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	7-8
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details	7-8
measurement		of methods of assessment (measurement). Describe	
		comparability of assessment methods if there is more than	
		one group	
Bias	9	Describe any efforts to address potential sources of bias	15
Study size	10	Explain how the study size was arrived at	N/A
Quantitative	11	Explain how quantitative variables were handled in the	9
variables		analyses. If applicable, describe which groupings were	
		chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to	9
		control for confounding	
		(b) Describe any methods used to examine subgroups and	9
		interactions	

(c) Explain how missing data were addressed	9
(d) Cohort study—If applicable, explain how loss to follow-	
up was addressed	
Case-control study—If applicable, explain how matching of	
cases and controls was addressed	
Cross-sectional study—If applicable, describe analytical	
methods taking account of sampling strategy	
(e) Describe any sensitivity analyses	

Results			Page
Participants	13*	(a) Report numbers of individuals at each stage of study-eg	9-10
		numbers potentially eligible, examined for eligibility, confirmed	
		eligible, included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive	14*	(a) Give characteristics of study participants (eg demographic,	9; Table 1
data		clinical, social) and information on exposures and potential	
		confounders	
		(b) Indicate number of participants with missing data for each	
		variable of interest	
		(c) Cohort study—Summarise follow-up time (eg, average and total	Table 1
		amount)	
Outcome data	15*	Cohort study—Report numbers of outcome events or summary	9-12
		measures over time	
		Case-control study-Report numbers in each exposure category, or	
		summary measures of exposure	
		Cross-sectional study-Report numbers of outcome events or	
		summary measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-	9-12
		adjusted estimates and their precision (eg, 95% confidence interval).	
		Make clear which confounders were adjusted for and why they were	
		included	
		(b) Report category boundaries when continuous variables were	
		categorized	
		(c) If relevant, consider translating estimates of relative risk into	
		absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done-eg analyses of subgroups and	9-12
		interactions, and sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	12-15
Limitations	19	Discuss limitations of the study, taking into account sources of	15-16
		potential bias or imprecision. Discuss both direction and magnitude	
		of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering	16
		objectives, limitations, multiplicity of analyses, results from similar	
		studies, and other relevant evidence	
	21	Discuss the generalisability (external validity) of the study results	16

Other information

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Funding

Give the source of funding and the role of the funders for the present Title page study and, if applicable, for the original study on which the present article is based

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.