Supplemental Table 1: Association between individual components of MeDi and incident eGFR $<60~mL/min/1.73m^2$

	Odds ratio (95% Confidence Interval)	p-value
High fruit intake	0.86 (0.54-1.38)	0.54
High cereal intake	0.74 (0.46-1.20)	0.22
High vegetable intake	0.59 (0.37-0.94)	0.03
High legume intake	0.74 (0.46-1.19)	0.21
High fish intake	1.00 (0.63-1.58)	0.99
Low meat intake	0.82 (0.52-1.29)	0.39
Low dairy intake	0.76 (0.48-1.21)	0.25
High monounsaturated:saturated fat ratio	0.98 (0.61-1.55)	0.92
Moderate alcohol consumption	0.94 (0.55-1.62)	0.83

Adjusted for age (years), sex, race-ethnicity (black, white, Hispanic, other), education (high school completion vs not), insurance status (Medicare/private insurance vs Medicaid/no insurance), physical activity (any exercise vs not), body mass index (kg/m²), diabetes (yes/no), smoking status (never/past/current), hypertension (yes/no), low-density lipoprotein (mg/dL), high-density lipoprotein (mg/dL), baseline estimated glomerular filtration rate (mL/min/1.73m²), angiotensin converting enzyme inhibitor/angiotensin receptor blocker usage (yes/no)