

## Supplemental Table 7: Summary risks of bias in included studies (n=14)

For each quality item: 'Low risk' means that sufficient data were reported in the study to allow the assessment of quality and fulfilled the criteria for the quality item; 'High risk' means that sufficient data were reported in the study to asses' quality but did not fulfil the criteria for the quality item; and 'Unclear risk' means that incomplete data for the quality item were reported.