Author(s): KAB/JP/AT Date: 2015-04-29

Question: Should false suggestion vs no treatment/control be used for reducing vaccine injection pain in individuals of all ages?^{1,2}

Settings: clinics

Bibliography: Eland 1981 (1,2), Fowler-Kerry 1987 (1,3)

Quality assessment							No of patients		Effect		Quality	/ Importance
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	False suggestion	No treatment/control	Relative (95% CI)	Absolute		
Pain (mea	asured with: v	alidated	tool (Adapted Ela	and Color Asse	ssment Tool	0-3, Visual Analo	g Scale 0-3);	Better indicated by	lower va	alues)		
	randomised trials		no serious inconsistency	no serious indirectness	serious ⁴	none	100	140 ⁵	-	SMD 0.21 lower (0.47 lower to 0.05 higher) ⁵	⊕⊕OO LOW	CRITICAL
Distress I	Pre-procedure	e (measui	l red with: validate	ed tool (3-point	scale 1-3) by	immunizer; Bette	er indicated b	by lower values)				
	randomised trials		no serious inconsistency	no serious indirectness	serious ⁴	none	20	20	-	SMD 0.28 lower (0.91 lower to 0.34 higher)	⊕⊕OO LOW	IMPORTANT
Fear (ass	essed with: n	o data we	ere identified for	this critically in	nportant out	come)						
_	No evidence available					none	-	-	-	-		CRITICAL
								0%		-		
Procedur	e Outcomes,	Parent Fe	ear, Vaccine Com	pliance, Memo	ry, Preferenc	e, Satisfaction (a	ssessed with	: no data were iden	tified for	these important	outcom	es)
_	No evidence available					none	-	-	-	-		IMPORTANT
								0%				

In study by Eland (1981), analysis (1) compared suggestion and placebo vapocoolant to no treatment and placebo vapocoolant and analysis (2) compared suggestion and vapocoolant to no treatment and vapocoolant

² In study by Fowler-Kerry 1987, analysis (1) compared suggestion and no treatment, and analysis (3) compared suggestion and distraction and no treatment and distraction

³ Immunizer and outcome assessor not consistently blinded; selective outcome reporting

⁴ Confidence interval crosses line of nonsignificance and sample size was below the recommended optimum information size (OIS) of 400 for an effect size of 0.2

⁵ Removal of the data from Eland 1981 (2) and Fowler-Kerry 1987 (3) does not alter the meta-analytic results: SMD = -0.24 (95% CI -0.59 to 0.11) ⁶ Immunizer not blinded; outcome assessor not blinded; selective outcome reporting