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| **Sidebar 2. Overview of Fibromyalgia****Prevalence of FM*** Categorical diagnosis of FM affects 1.2% to 9.5% of the population worldwide, depending on the criteria used33-35
* Other chronic overlapping conditions affect up to 65% of FM patients36-38
* As many as 15% to 30% of individuals with rheumatic disorders, such as rheumatoid arthritis or osteoarthritis, or classic autoimmune disorders, such as systemic lupus erythematosus, have comorbid FM18,44
* Centralized pain occurs in at least 20% of individuals with any chronic pain state39,40

**Factors that may predispose an individual to FM*** Female gender: FM is approximately 3 times more common in women than men33,41
* Genetics: FM has strong familial underpinnings39,42,43
* Environmental factors: FM is triggered or exacerbated by stressors including physical/sexual abuse, psychological stress (eg, war), physical trauma (eg, automobile accidents), and infections (eg, hepatitis C virus)42
* A subset of adult patients with FM report a history of chronic pain in childhood or adolescence39
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