Supplementary table S2

Estimated difference (B) and 95% confidence intervals (C.I.) in secondary outcome variables for the comparison of PPI versus ICBT at follow-up. All models were adjusted for age, sex and educational level.

B (SE) 95% C.I. p effect size 95% C.I.

Anxiety (HADS-A) PPI vs iCBT 0.90 (.59) -0.25 to 2.06 .125 0.241 -0.067 to 0.552

Pain intensity PPI vs iCBT -0.11 (0.42) -0.95 to 0.73 .792 -0.055 -0.471 to 0.362

Self-compassion (SCS-SF) PPI vs iCBT 2.18 (2.08) -1.93 to 6.30 .295 0.162 -0.143 to 0.469

Positive affect (PANAS) PPI vs iCBT -0.60 (0.98) -2.54 to 1.33 .538 -0.118 -0.502 to 0.263

Negative affect (PANAS) PPI vs iCBT -0.79 (1.07) -2.91 to 1.34 .465 -0.139 -0.511 to 0.235

Optimism (LOT-R) PPI vs iCBT 0.22 (0.55) -0.86 to 1.30 .684 0.054 -0.212 to 0.321

Flexible goal adjustment (FGA) PPI vs iCBT -0.48 (1.19) -2.82 to 1.87 .689 -0.058 -0.343 to 0.228

Pain catastrophizing (PCS) PPI vs iCBT -0.06 (1.42) -2.87 to 2.75 .968 -0.007 -0.333 to 0.319

Preservative thinking (PTQ) PPI vs iCBT -1.65 (1.84) -5.30 to 2.00 .372 0.149 -0.479 to 0.181

Helplessness (ICQ-H) PPI vs iCBT -0.65 (0.56) -1.76 to 0.46 .251 -0.167 -0.452 to 0.118

Acceptance (ICQ-A) PPI vs iCBT 0.54 (0.62) -0.69 to 1.77 .387 0.142 -0.182 to 0.467

Disease Benefit (ICQ-B) PPI vs iCBT 0.25 (0.73) -1.19 to 1.68 .736 0.052 -0.248 to 0.350