**Supplementary table 2:** Risk of bias in non-randomized studies of interventions (ROBINS-I)

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Study ID** | **Bias domain** | | | | | | | |
| Bias due to  confounding | Bias in selection of  participants into the study | Bias in classification of interventions | Bias due to deviations  from intended  interventions | Bias due to missing data | Bias in measurement of  outcomes | Bias in selection of  the reported result | Overall |
| **Moon 2016** | **Moderate** | Low | Low | Low | Low | Low | Low | **Low** |
| **Zhu 2020** | **Moderate** | Low | Low | Low | Low | Low | Low | **Low** |

Studies found to have a moderate or greater risk of bias in one or more domains are highlighted in bold