**Supplementary table 2:** Risk of bias in non-randomized studies of interventions (ROBINS-I)

|  |  |
| --- | --- |
| **Study ID** | **Bias domain** |
| Bias due toconfounding | Bias in selection ofparticipants into the study | Bias in classification of interventions | Bias due to deviationsfrom intendedinterventions | Bias due to missing data | Bias in measurement ofoutcomes | Bias in selection ofthe reported result | Overall |
| **Moon 2016** | **Moderate** | Low | Low | Low | Low | Low | Low | **Low** |
| **Zhu 2020** | **Moderate** | Low | Low | Low | Low | Low | Low | **Low** |

Studies found to have a moderate or greater risk of bias in one or more domains are highlighted in bold