**Pain and Health-related Quality of Life – Pain in Patients 1 Year Or More After TKA**

**Interview guide**

General introduction to the interview, with history. Be open, with detailed follow-up questions; can you say more about it, what do you think about it, etc. The bullet points below may help the interviewer with questions as needed.

**Topics:**

* History of pain prior to the operation
* The first period at home
* Pain experienced now
* Events in your life
* Meeting the health service

**History of Pain Prior to the Operation**

* How long did you suffer knee pain before you had the operation?
* How severe was your pain?
* Did you use any medication, and if so, what?

**Initial Period at Home**

* It has now been a good while since your operation. How was the initial period at home after your discharge from hospital? Can you say something about it?
* How did you find being responsible for your own pain management after your discharge from hospital?
* What were you given/what did you take for pain relief during that initial period?
* What sort of pain relief did you use at home after your discharge?
* How was it to use pain relief after your discharge from hospital?
* Was there anyone to help you at home?

**Pain Experienced Now**

* Can you say something about the pain you experience and how it influences your everyday life?
* Where is your pain located/description?
* What intensifies the pain?
  + Loneliness?
* What relieves your pain?
  + Is there anything that causes you to “forget” the pain?
* Does the pain dominate your life/how much is it in focus?
* What does having chronic pain do to you?
* Do you have any thoughts about how the pain is placing restrictions on your life?

(for example, social life, living with a partner, activity)

* Do you feel that the pain leads to any sort of catastrophic thinking?
  + Catastrophic thinking with regard to the development of chronic pain
  + What are your thoughts about the pain?
* Do you use any pain mastery strategies for dealing with the pain? – Can you say something about which strategies?
* What helps you to master it?
* Do you use any pain relief now, and in the event, what? How much pain relief are you using now?

**Events in Your Life**

* Do you have any thoughts about whether there may be things/events in your life that influence how you are experiencing pain now? Anything you have experienced previously in your life?
* Have you any thoughts about whether your pain gets more intense when you think about previous events in your life?

**Dealings with the Health Service**

* How do you feel you have been treated by the health service?
  + With regard to your pain
  + Do you feel you are believed?
* What is your experience of being included in making decisions about the management of your pain?
  + Influence decisions?
  + Wish to be involved in making decisions?
* What do you think about the information you have received about your pain management?
  + Training/courses?
  + Use of tools/checklists etc.?
  + What source of or access to reliable information/knowledge has been important?

**Conclusion**

Other things that have a bearing on the pain/thoughts about what influences your experience of pain?

Given the experience you have now, would you have chosen to go through the operation again?