**Qualitative Results: Quotes and Descriptions**

**Persistent Limitations After TKA**

Most participants (n = 21) experienced a degree of limitations in everyday life after TKA. Such limitations included pain with certain movements and pain after or with physical activities. Patient 2 described it as: “That is the worst, it’s the pressure, like it pushes against something.”

Some patients stated that pain occurred with certain knee positions.

Patient 22 said: “Often, when I sit with a 90° angle in the knee, the pain strikes like a sharp, I don’t know…. knife just underneath my knee. The pain passes as soon as I straighten the leg or put it up or something.”

One participant felt helpless, vulnerable, and very “visible” during religious ceremonies when their knee did not allow them to kneel in church.

**Regaining Wellness Over Time**

Patient 1 said: “There are pains inside the joint. But the pain is minimal now, and I can take a pill for it. Sometimes I take one every day, but now, I haven’t taken one in 3 to 4 weeks or something … Everyday life now, compared to the pains I had before surgery, it’s two different worlds.”

**Complexity in Physical Challenges**

For example, Patient 18 expressed how trouble with the other knee affected their perception of healing in the operated knee: “Not very long after my operation, the other knee started to be painful and difficult. So, then it becomes a little like, what is the cause of what … it is hard to know sometimes.”