**Appendix 1. Search example on OVID MEDLINE**

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|  | Searches | Results |
| 1 | exp Music/ | 13746 |
| 2 | music.tw. | 12304 |
| 3 | music listening.mp. | 405 |
| 4 | distractive auditory stimuli.mp. | 9 |
| 5 | exp Cardiac Rehabilitation/ | 2182 |
| 6 | cardiac rehabilitation.tw. | 5085 |
| 7 | pulmonary rehabilitation.mp. | 2952 |
| 8 | 1 or 2 or 3 or 4 | 19520 |
| 9 | 5 or 6 or 7 | 8874 |
| 10 | 8 and 9 | 21 |