**APPENDIX 5. DELPHI results**

**Table 1.** Summary of final recommendations, suggestions and statements with results from Delphi rounds if applicable. ND, not discussed in Delphi rounds

|  |  |  |  |
| --- | --- | --- | --- |
| **Recommendation** | **2nd Delphi round** | **3rd Delphi round** | **GRADE** |
| **R1** | 16/22 | 17/17 | **1C** |
| **R2** | 21/22 | 18/18 | **1C** |
| **S3** | ND | ND | **2C** |
| **S4** | ND | ND | **2C** |
| **S5** | ND | ND | **2B** |
| **S6** | ND | ND | **2B** |
| **R7** | ND | ND | **1B** |
| **R8** | 18/22 | 18/18 | **1C** |
| **R9** | 18/22 | 17/18 | **1B** |
| **S10** | 19/22 | 17/18 | **2B** |
| **R11** | 14/22 | 19/19 | **1C** |
| **S12** | 9/22 | 16/19 | **2C** |
| **S13** | 13/22 | 19/19 | **2B** |
| **S14** | ND | ND | **2C** |
| **S15** | 20/22 | 19/19 | **2C** |
| **S16** | 11/22 | 19/19 | **2B** |
| **S17** | ND | ND | **2C** |
| **S18** | 11/22 | 19/19 | **2C** |
| **S19** | 13/22 | 19/19 | **2C** |
| **S20** | 13/22 | 18/18 to issue statement, give details in discussion |  |
| **S21** | ND | ND | **2B** |
| **S22** | 16/22 | 18/18 | **2C** |
| **S23** | 20/22 | 18/18 | **2C** |
| **S24** | 19/22 | 18/18 | **2B** |
| **S25** | 18/22 | 18/18 | **2B** |
| **R26** | 21/22 | 18/18 | **1B** |

**Table 2.** Statements that were not included as separate recommendations after Delphi.

|  |  |  |
| --- | --- | --- |
| **Statement** | **2nd Delphi round** | **3rd Delphi round** |
| The panel defines clear fluids as water with/without sugar, pulp-free juice and milk-free tea or coffee | 21/22 | 18/18 to incorporate into R2 |
| Fasting regimens allowing clear fluids less than one hour before anaesthesia induction are acceptable as local institutionally approved protocols | 14/22 | 18/18 to move statement to discussion |
| Solid food in large quantities or containing a large proportion of fats should be prohibited for 8 hours before anaesthesia | 12/22 | 19/19 to move statement in discussion |