$E\langle S\rangle AIC$

Direct Emission

- · Choose TIVA or Regional Anaesthesia when possible
- Choose the inhaled agent with the lowest Global Warming Potential available (sevoflurane < isoflurane < desflurane)
- **Desflurane should be avoided** and only used when strictly clinically indicated, and when there is not a valid alternative available
- Nitrous oxide should only be used when other alternatives are not available
- All halogenated drugs should be used at the lowest possible fresh gas flow (FGF) during induction and steady phase of anaesthesia
- Aim at **minimal FGF (< 0.5 lpm)**, whenever safe and technically feasible during steady phase
- Although still under-studied, the use of Vapor Capture Technology together with minimal FGF in an Air-Oxygen mix might have a significant positive impact in your carbon footprint
- Anaesthetic drug requirements should be tailored according to depth of anaesthesia (pEEG) monitoring to avoid unnecessary gas or propofol consumption

Executive bundle to reduce your carbon footprint