## 2022 FITNESS TRENDS IN THE UNITED STATES

## Participants from the U.S. age in years.

Age (in years)


## Participants from the U.S. current work status.

$\square$ Full-time $\square$ Other $\square$ Part-time


## Participants from the U.S. current work status

| Workplace |  |
| :--- | :--- |
| Private Practice/Own Business | $\mathbf{2 8 \%}$ |
| Medical Fitness Center | $5.7 \%$ |
| Commercial Fitness Center | $9.7 \%$ |
| Community-Based Facility or Program (like a YMCA or JCC) | $\mathbf{7 . 3 \%}$ |
| University Recreation Center or Student Wellness Center | $10.7 \%$ |
| Community Recreation Center | $\mathbf{3 . 1 \%}$ |
| Hospital/Medical Center Program/Department | $15.4 \%$ |
| Corporate Fitness Facility | $\mathbf{6 . 8 \%}$ |
| Other | $19.1 \%$ |

Full-time participants from the U.S. income

Full-Time Income


## U.S. Participants' years of experience in the health industry

Years of Experience in Health Industry


## U.S. Participant primary profession



