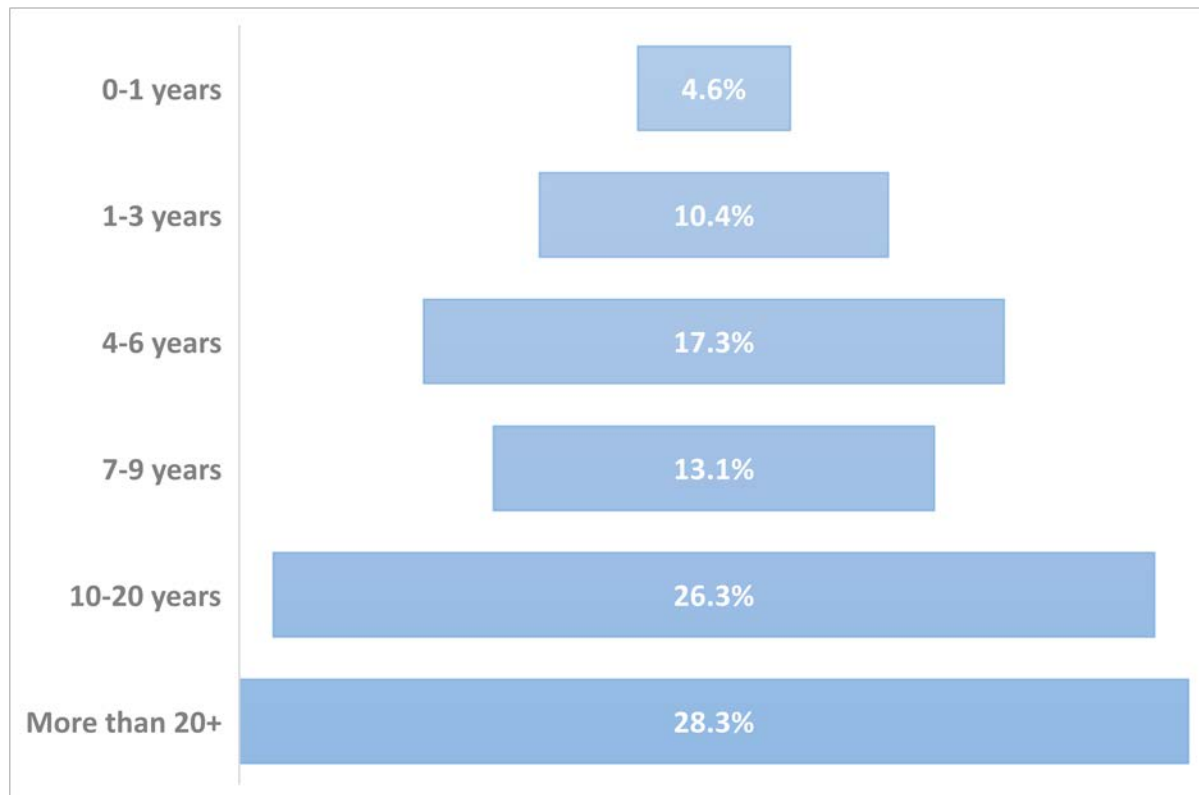
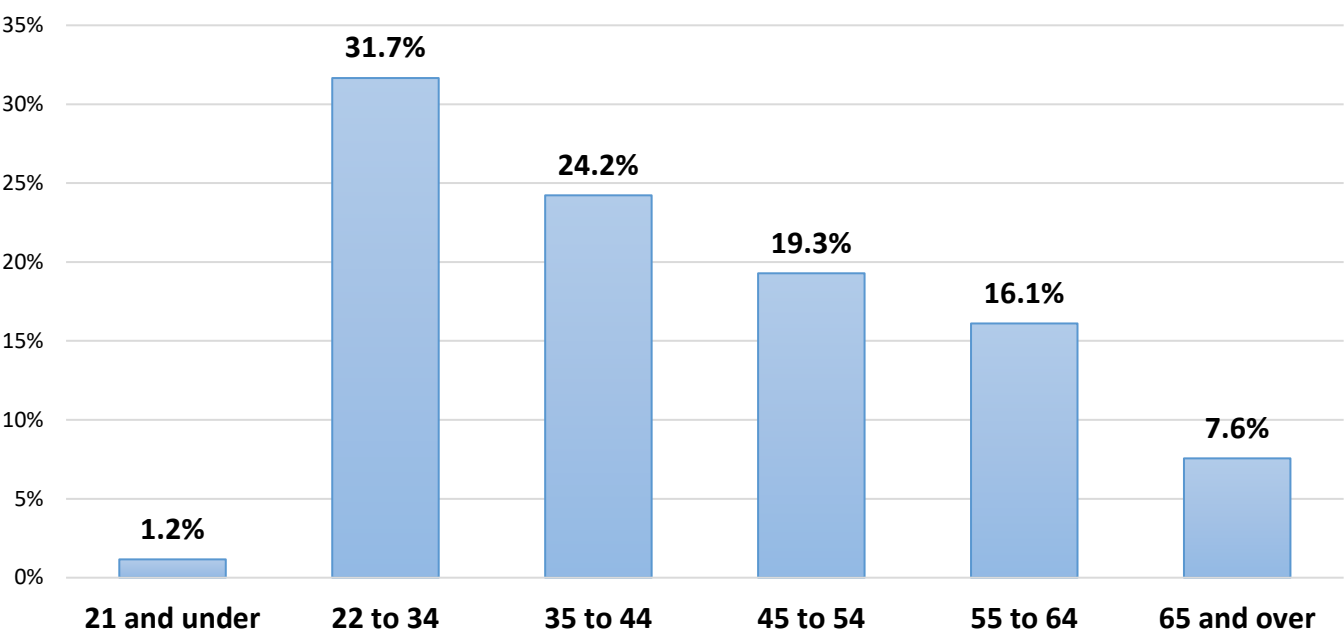


## FITNESS TRENDS FOR 2023 IN THE UNITED STATES

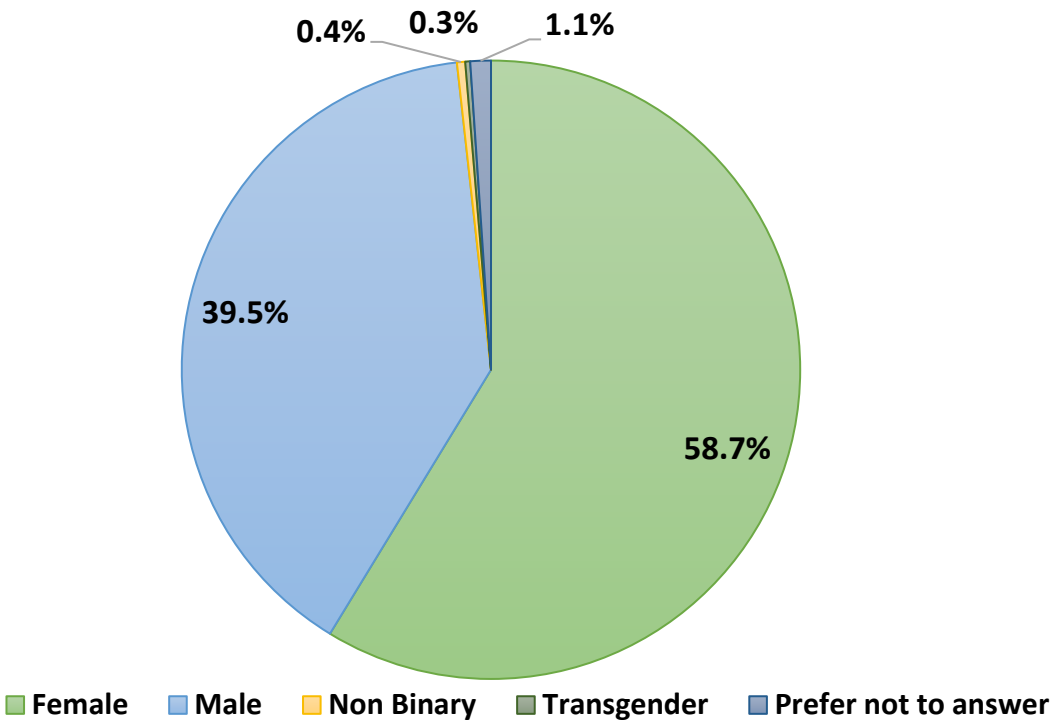
**Figure 1.** Participant's years of experience within the health and fitness profession.



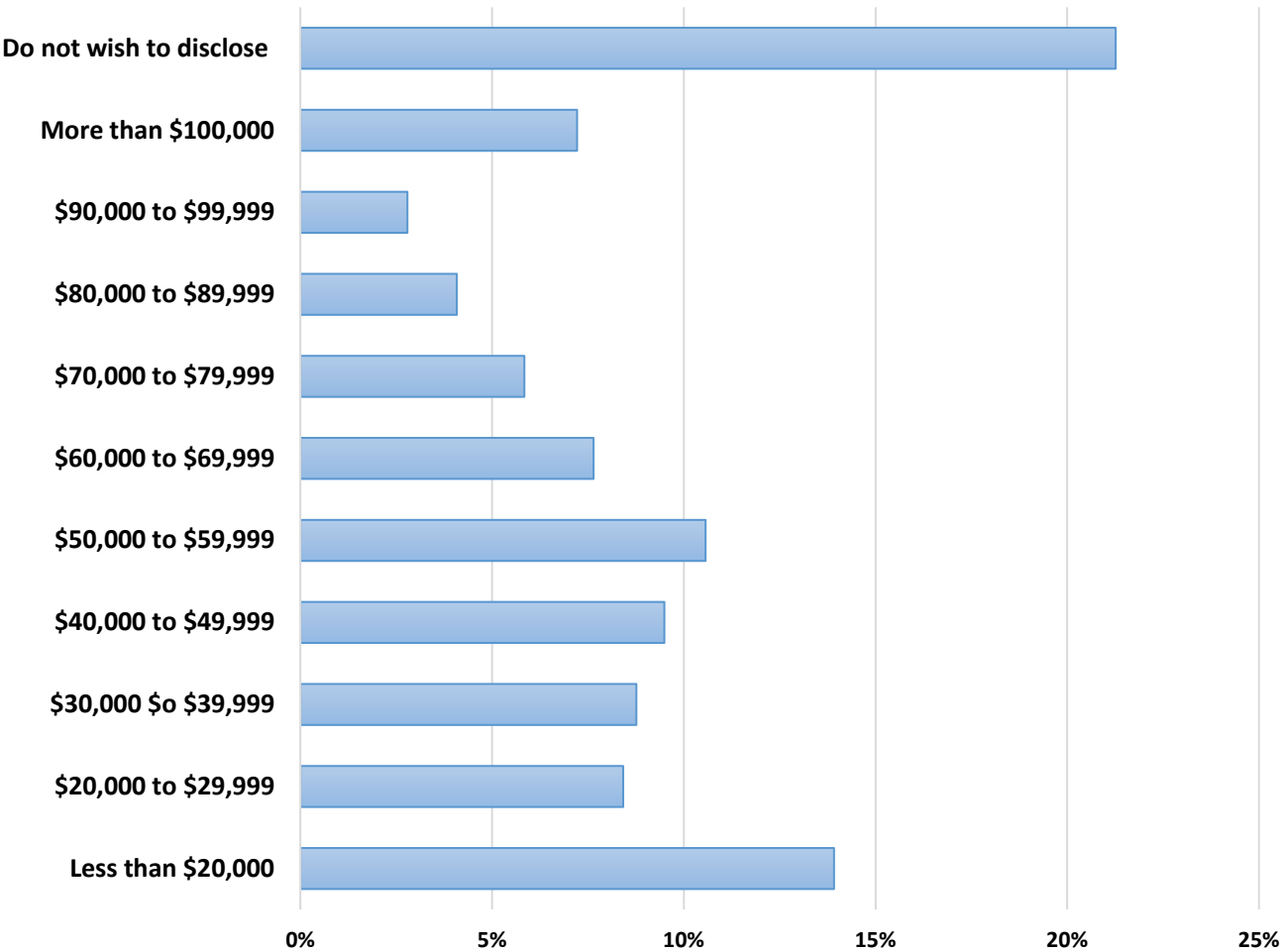
**Figure 2.** Participant’s age in years.



**Figure 3.** Participants self-reported gender.



**Figure 4.** Participant’s self-reported annual full-time salary.



**Figure 5.** Participant's years of experience in the health and fitness profession.

