Supplementary Table 3. Pooled stratified estimates of the change in standardized z-scores of activities of daily living per increase of systolic blood pressure with 10 mmHg, with every six months since baseline.

Outcome ADL		β	95% C.I.		P value of difference	
Non-stratified						
Initial Model		n/a: l ² = 67	7%			
Stratified by cardiovaso	cular status					
BP-lowering drugs						
	Yes	n/a: $I^2 = 71$	n/a: I ² = 71%			
	No	0.01	0.00	0.01	n/a	
History of CVD						
	Yes	0.00	0.00	0.01	0.99	
	No	0.00	0.00	0.01		
Stratified by cognitive a	and physical fit	ness				
Baseline MMSE						
	Low	$n/a: 1^2 = 72\%$			n /n	
	High	0.01	0.00	0.01	n/a	
Grip Strength						
	Low	n/a: $I^2 = 76$	5%		2/2	
	High	0.00	0.00	0.01	n/a	
Body Mass Index						
	Low	0.00*	-0.01	0.00	0.04	
	High	0.01*	0.00	0.01		

Repeated measures linear mixed model estimation of the change in standardized z-scores of activities of daily living (ADL) per increase of systolic blood pressure with 10 mmHg, with every six months since baseline. Models were corrected for sex (all) and age (only the Māori and TOOTH cohort). Both initial and stratified analyses after pooling using random-effects models with inverse-variance weighting are presented, including subgroup differences per analysis.

C.I.: confidence interval. BP: blood pressure. CVD: cardiovascular diseases. MMSE: Mini-Mental State Examination. n/a: not available. *: $l^2 = 40-60\%$. When not shown or not otherwise labeled: $l^2 < 40\%$.